

Statistics (Totals/Locations)

Miles: about 1932.5 miles

Days: about 23 days

Countries: Germany, Austria, Switzerland, Italy, England, Ireland and Scotland

Flight information

Total Expenses: ~= \$1413.04 US + a lot of unknown

Days 0, Monday- Tuesday, May 15-16, 1989

Daily Miles: 0 miles

Location: Albuquerque, New Mexico, London, England to Parseburg, Germany

Points of interest:

1. Flight to England with seat mate stories
2. Getting help to figure out telephone.
3. Loading train with my bike to Parseburg, Germany.

Expenses: Unknown

Accommodations: Plane and Shawna's house in Parseburg, Germany.

Altitude profile: NA

Day 1, Wednesday, May 17, 1989

Daily Miles: 48.1 miles

Location: From Parseburg, Germany to south of Regensburg, Germany

Points of interest:

1. Cycled over Germany's oldest cobble stone bridges.
2. Great cycling trails

Expenses: Unknown

Accommodations: Camped near road south of Regensburg, Germany

Altitude profile: Unknown

Day 2, Thursday, May 18, 1989

Daily Miles: 110.9 miles

Location: South of Regensburg, Germany to South of Geiselboring, Germany

Points of interest:

1. lots of people working on farms.
2. Trouble with the Language.
3. Bought Groceries.

Expenses: Unknown

Accommodations: camped south of Geiselboring, Germany

Altitude profile: Unknown

Day 3, Friday, May 19, 1989

Daily Miles: 81.7 miles

Location: South of Geiselboring, Germany to Austria not far from Berchtesgarden, Germany.

Points of interest:

1. Fortified city of Salzburg, Austria.
2. People were not that friendly at Berchtesgarden, Germany.
3. Cliff hike with cables near Eagle Nest.

Expenses: Unknown

Accommodations: Camped near stream in Austria.

Altitude profile: Hilly - Start of Alps

Day 4, Saturday, May 20, 1989

Daily Miles: 75.5 miles

Location: Austria not far from Berchtesgarden, Germany to lake in Germany near Austria boarder

Points of interest:

1. Ski area and pub on top of alps near Bayrischzell
2. I found out that grocery stores have limited hours on weekends.
3. Had to buy expensive bread at a restaurant.
4. Met first English speaking people since leaving Shawna's place in Germany

Expenses: Mostly unknown and \$3.00 for a 1/2 loaf of bread

Accommodations: camped near lake in Germany

Altitude profile: Mountains

Day 5, Sunday, May 21, 1989

Daily Miles: 74.5 miles

Location: Lake in Germany near Austria boarder to near trail on the Germany/Austria border.

Points of interest:

1. German National Park, Garmisch-Parktenkirchen
2. Linderhof castle in Germany
3. Newschwainstein, castle inn Germany

Expenses: Unknown

Accommodations: I slept near a lake off a rough, bike trail on the Germany/Austria border

Altitude profile: Mountains

Day 6, Monday, May 22, 1989

Daily Miles: 94.8 miles

Location: Near trail on the Germany/Austria border to near St. Gallen, Switzerland.

Points of interest:

1. Left Germany for the last time on this trip.
2. Went for a swim in Bodensee Lake (This lake has shores on Germany, Austria, and Switzerland)
3. I asked about getting water from a cow trough. The farmer shook his head no and pointed to his neighbor's water spigot

Expenses: Unknown

Accommodations: I think I camped near St. Gallen, Switzerland.

Altitude profile: Mountains

Day 7, Tuesday, May 23, 1989

Daily Miles: 88.8 miles

Location: Near St. Gallen, Switzerland to 4 miles south of Lucerne, Switzerland

Points of interest:

1. St. Gallen and Herisau, large cities with architecture similar to Boston, Massachusetts
2. The ride to Lucerne had a nice bike trail along Zugersee Lake.
3. Fortified town of Lucerne

Expenses: Unknown

Accommodations: I slept near a rest area 4 miles south of Lucerne, Switzerland

Altitude profile: Mountains

Day 8, Wednesday, May 24, 1989

Daily Miles: 91.6 miles

Location: 4 miles south of Lucerne, Switzerland to a few miles before the town of Fribourg, Switzerland

Points of interest:

1. Bern, Switzerland had a pit with bear that people could feed.
2. The fortified town of Murten.
3. Was drinking unfiltered fountain water in Europe.

Expenses: Unknown

Accommodations: I camped near the highway a few miles before the town of Fribourg, Switzerland.

Altitude profile: Mountains

Day 9, Thursday, May 25, 1989

Daily Miles: 83.9 miles

Location: A few miles before the town of Fribourg, Switzerland to Gampel, Switzerland.

Points of interest:

1. Juan-Pass with a 12% grade for the last 4 miles.
2. Train through mountain to get out of Juan-Pass.

Expenses: Unknown and four franks (approximately \$3.00) for train through mountain.

Accommodations: I slept under a bridge in Gampel.

Altitude profile: Steep uphill.

Day 10, Friday, May 26, 1989

Daily Miles: 73.8 miles

Location: Gampel, Switzerland to Italy just the other side of the border from Brigs, Switzerland,

Points of interest:

1. Zermatt with the Matterhorn (14,500 Ft Top elevation) in the background.
2. Town of Brigs, Switzerland required taking an auto-transporter through a mountain to get to Italy.

Expenses: Unknown

Accommodations: I slept under a bridge in Italy, near Switzerland border

Altitude profile: Steep uphill

Day 11, Saturday, May 27, 1989

Daily Miles: 130.7 miles

Location: Italy just the other side of the border from Brigs, Switzerland to about 35 miles north of Genova, Italy

Points of interest:

1. Cycled through two-mile tunnel (longest tunnel ride to date for me)
2. A bus full of children tried to talk to me.
3. Hard to find a place to sleep.

Expenses: Unknown

Accommodations: I sleep in the bushes on some rocks next to the highway

Altitude profile: Flat and downhill

Day 12, Sunday, May 28, 1989

Daily Miles: 69.5 miles

Location: About 35 miles north of Genova, Italy to London, England

Points of interest:

1. A topless lady sunbathing on Mediterranean beach in Genova.
2. Tried taking train to Rome, no luck so I flew to London.

Expenses: Unknown and \$344.00 Flight to London.

Accommodations: Slept in school yard near London, England.

Altitude profile: Flat

Day 13, Monday, May 29, 1989

Daily Miles: 52.9 miles

Location: London, England to west of Oxford, England

Points of interest:

1. First country with right hand drive roads.
2. Walked around Oxford campus.

Expenses: Unknown

Accommodations: I slept at a nice spot near a farm road that night.

Altitude profile: Flat

Day 14, Tuesday, May 30, 1989

Daily Miles: 101.2 miles

Location: West of Oxford, England to near Abergavenny, England

Points of interest:

1. Large cathedral in Gloucester
2. Old buildings in Ross-on-Rye and neat castle ruins nearby.

Expenses: Unknown

Accommodations: I slept in a roadside bus stop near Abergavenny

Altitude profile: Flat

Day 15, Wednesday, May 31, 1989

Daily Miles: 107 miles

Location: Near Abergavenny, England to Fishgaurd, England

Points of interest:

1. Great cemeteries and castles.

Expenses: Unknown - took a ferry from Fishgaurd, England to Rosslore Harbor, Ireland

Accommodations: On ferry from Fishgaurd, England to Rosslore Harbor, Ireland

Altitude profile: Flat

Day 16, Thursday, June 1, 1989

Daily Miles: 88.4 miles

Location: Fishgaurd, England on ferry to Rosslore Harbor, Ireland.to south of Timabe, Ireland

Points of interest:

1. Not as many people and neat un crowded ruins in Ireland.

Expenses: Unknown

Accommodations: Slept in plain site next to the highway

Altitude profile: Flat

Day 17, Friday, June 2, 1989

Daily Miles: 97.9 miles

Location: South of Timabe, Ireland to between Delvin and Clones, Ireland

Points of interest:

1. Neat castles with no other tourist.
2. Rained hard and I became soaked.
3. Stayed in bed and breakfast, first night that I paid for sleeping on this trip.

Expenses: \$18.00 (for bed and breakfast) and unknown

Accommodations: Staying in a bed and breakfast between Delvin and Clones, Ireland

Altitude profile: Flat

Day 18, Saturday, June 3, 1989

Daily Miles: 118 miles

Location: Between Delvin and Clones, Ireland to Larne, Northern Ireland.

Points of interest:

1. The remains of a bishop that lived from 500 to 548 AD.
2. Entered Northern Ireland.

Expenses: Unknown

Accommodations: I went to slept at a park near Larne

Altitude profile: Flat

Day 19, Sunday, June 4, 1989

Daily Miles: 43.8 miles

Location: Larne, Northern Ireland to beach near Ardrassan, Scotland.

Points of interest:

1. Cycled the beautiful winding coastal highway of Northern Ireland
2. Visited people I met from near Tumberry golf course and they gave me lunch.
3. Check out garden at Culzean castle.
4. Helped a young boy fix a flat bicycle tire.

Expenses: \$2.00 to check out garden at Culzean castle

Accommodations: I spent a cold night on a beautiful sandy beach near Ardrassan, Scotland.

Altitude profile: Mostly flat.

Day 20, Monday, June 5, 1989

Daily Miles: 102.1 miles

Location: Beach near Ardrassan, Scotland.to near Fort Williams, Scotland.

Points of interest:

1. I took a ferry from Gourock, Scotland. to Dunoon, Scotland.
- 2..I had trouble figuring out how to pay for the train.

3. Stayed in first real campgrounds of trip, could not figure out how to pay.

Expenses: Unknown - Gourock to Dunoon Ferry + train from Tarbet, Scotland. to near Fort Williams, Scotland.

Accommodations: Slept at a campground near Fort Williams, Scotland.

Altitude profile: Hilly

Day 21, Tuesday, June 6, 1989

Daily Miles: 76.6 miles

Location: Near Fort Williams, Scotland. to near Perth, Scotland.

Points of interest:

1. Saw Loch Ness monster.
2. I paid to go into my first castle, Umquhart Castle

Expenses: Unknown - entry to Umquhart Castle and train to Perth

Accommodations: Slept under the Bridge of Earn near Perth, Scotland.

Altitude profile: Hilly

Day 22, Wednesday, June 7, 1989

Daily Miles: 94 miles

Location: Near Perth, Scotland. to London, England

Points of interest:

1. Aberneth - cemetery with a round tower
2. Checked out the town of Saint Andrew and its golf course.
3. Cycled over longest bridge to date.

Expenses: Unknown and Train from Edinburgh, Scotland. to London, England (50.00 lbs)

Accommodations: Slept on the train to London

Altitude profile: mostly flat

Day 23, Thursday, June 8, 1989

Daily Miles: 20.5 miles

Location: London, England

Points of interest:

- 1 Cycled from Kings Crossing station to Victoria station and stored my gear.
2. Arrived at Buckingham Palace during the changing of the guards.
3. Visited Saint James Palace, Saint James Park, Big Ben, House of Parliament, Saint Paul's cathedral, Lloyd's of London and London Tower Bridge.
4. Shopped at Harrods Department store.
5. Stayed at my first hostel of the trip that night.

Expenses: Unknown - Unknown - Gear storage at Victoria station (2.5lbs), souvenir at Harrods Department store and Youth hostel in London (8.5lbs) and chips (0.46 lbs.).

Accommodations: stayed at a Youth hostel in London, England

Altitude profile: flat

Day 24, Friday, June 9, 1989

Daily Miles: 6.3 miles

Location: London, England to Albuquerque, New Mexico

Points of interest:

1. I cycled all the way around the three-lane roundabout in front of Buckingham Palace

Expenses: Unknown - train to the airport and \$10.00 for bike box at the airport from American Airline.

Accommodations: Slept on plane back to Albuquerque, New Mexico

Altitude profile: Flat

[Flight information](#)

Flight Information

Monday, May 15, 1989

Flight: American Flight 914(nonstop)

Depart: Albuquerque, NM (ABQ); Mon, May 15 1:59 PM

Arrive: Dallas, Tx ; Mon, May 15 4:42 PM

Flight: American Flight 50 (nonstop)

Depart: Dallas, Tx ; Mon, May 15 5:25 PM

Arrive: London, Gatwick ; Tuesday, May 16 8:49 AM (next day)

Friday, June 9, 1989

Flight: American Flight 79 (nonstop)

Depart: London, Gatwick ; Friday, June 9 1:20 PM

Arrive: Dallas, Tx ; Friday, June 9 5:25 PM

Flight: American Flight 63 (nonstop)

Depart: Dallas, Tx ; Friday, June 9 6:40 PM

Arrive: Albuquerque, NM (ABQ); Friday, June 9 7:33 PM

Flight cost summary

Airfare, TED STAGNUT (Adult)\$663.00

Tuesday, May 16, 1989

Flight: Lufthansa 1659 (nonstop)

Depart: London, Heathrow; Tuesday, May 16 2:00 PM

Arrive: Munich, Germany; Tuesday, May 16 4:45 PM

Thursday, June 1, 1989

Flight: Lufthansa 1656 (nonstop)

Depart: Munich, Germany; Thursday, June 1 9:45 AM

Arrive: London, Heathrow; Thursday, June 1 10:45 AM

Flight cost summary

Airfare, TED STAGNUT (Adult)\$227.89

Sunday, May 28, 1989

Depart: Genoa, Italy

Arrive: Frankfurt, Germany

Depart: Frankfurt, Germany

Arrive: London, England

Flight cost summary

Airfare, TED STAGNUT (Adult)\$344.00

Expenses

Prices

$\$1254.89 + \$3.00 (5/20/89) + \$3.00 (5/25/89) + \$18 (6/2/89) + \$2.00 (6/4/89) + \$10.00 (6/9/89) = \$1290.89 \text{ US}$

$6.4\text{lbs} (7/6/89) + 50\text{lbs} (7/7/89) + 11.46 \text{ lbs.} (7/8/89) = 67.86\text{lbs} * 1.8 \text{ \$US/lbs.} = \$122.15 \text{ US}$

Total US \$ = \$ 122.15 US + \$1290.89 US = \$1413.04

Air Fare:

Albuquerque to London and back to Albuquerque: \$633.00

London to Munich and then back to London: \$277.89

Geneva, Italy to Frankfurt, Germany to London England: \$344.00

Airfare total: \$1254.89

Days 0, Monday - Tuesday, May 15-16, 1989

Did not track expenses - Mostly unknown

2 phone calls
Bus and train to get to Shawna's.

Day 1, Wednesday, May 17, 1989

Did not track expenses - probably none.

Day 2, Thursday, May 18, 1989

Did not track expenses - Mostly unknown
Groceries

Day 3, Friday, May 19, 1989

Did not track expenses - probably none.

Day 4, Saturday, May 20, 1989

Did not track all expenses - Mostly unknown
\$3.00 - half a loaf of bread.

Day 5, Sunday, May 21, 1989

Did not track expenses - probably none.

Day 6, Monday, May 22, 1989

Did not track expenses - probably none.

Day 7, Tuesday, May 23, 1989

Did not track expenses - probably none.

Day 8, Wednesday, May 24, 1989

Did not track expenses - probably none.

Day 9, Thursday, May 25, 1989

Did not track expenses - Mostly unknown
4 franks (approximately \$3.00) - Train through mountain

Day 10, Friday, May 26, 1989

Did not track expenses - Mostly unknown
\$344.00 (included in air fare expenses) - Flight to London and unknown

Day 11, Saturday, May 27, 1989

Did not track expenses - probably none.

Day 12, Sunday, May 28, 1989

Did not track expenses - probably none.

Day 13, Monday, May 29, 1989

Did not track expenses - probably none.

Day 14, Tuesday, May 30, 1989

Did not track expenses - probably none.

Day 15, Wednesday, May 31, 1989

Did not track expenses - Mostly unknown

Ferry from Fishgaurd, England to Rosslore Harbor, Ireland

Day 16, Thursday, June 1, 1989

Did not track expenses - probably none.

Day 17, Friday, June 2, 1989

Did not track expenses - Mostly unknown

\$18.00 - Bed and breakfast.

Day 18, Saturday, June 3, 1989

Did not track expenses - probably none.

Day 19, Sunday, June 4, 1989

Did not track expenses - Mostly unknown

Ferry from Larne, Northern Ireland to Stranraer, Scotland

\$2.00 - Check out garden at Culzean castle

Day 20, Monday, June 5, 1989

Did not track expenses - Mostly unknown

Ferry from Gourock to Dunoon Ferry

T rain from Tarbet, Scotland to near Fort Williams, Scotland

Day 21, Tuesday, June 6, 1989

Did not track expenses - Mostly unknown

Entry to Umquhart Castle

6.4 lbs. - T rain from Inverness, Scotland to Perth, Scotland

Day 22, Wednesday, June 7, 1989

Did not track expenses - Mostly unknown

50 lbs. - Train from Edinburgh, Scotland to London, England

Day 23, Thursday, June 8, 1989

Did not track expenses - Mostly unknown

2.5 lbs. - Gear storage at Victoria station (2.5lbs),

Souvenir at Harrods Department store.

8.5 lbs. - Youth hostel in London - Kensington Park House

0.46 lbs. - Potato Chips (Mexican Chips)

Known Total part - 11.46 lbs.

Day 24, Friday, June 9, 1989

Did not track expenses - Mostly unknown

Train to the airport

\$10.00 - Bike box at the airport from American Airline