Statistics (Totals/Locations) Miles: about 707.79 miles Days: 16 days Country: England (UK), South Africa (SA) and Swaziland - Flight information Total Expenses: ~= \$3979.65 US

Day 1, December 25, 2004
Daily Bike Miles: 0 miles
Location: London, England
Points of interest:
1. Buckingham Palace and Big Ben.
2. Changing of the guards at St. James Palace.
Expenses: \$20.00 UK Lbs. (Bus - Airport to/from London)
Accommodations: Slept in Plane.

Day 2, December 26, 2004 Daily Bike Miles: 72 miles Location: Cape Town, South Africa (SA) airport to a little east of Vredenda, SA Points of interest: 1. View of Table Mountain in Cape Town 2. View from rest area at top of hill at Somerset West Expenses: \$21.50 RAN (Food) Accommodations: Free camping in ditch near road, SA Altitude profile: Flat to Somerset West, big uphill, then hilly

Day 3, December 27, 2004 Daily Bike Miles: 99.9 miles Location: East of Vredenda, SA to George, SA Points of interest: 1. People at store at Heidelberg Expenses: \$323.70 RAN (Food and camping) Accommodations: Campground in George, SA Altitude profile: Flat and a few small hills

Day 4, December 28, 2004 Daily Bike Miles: 76.22 miles Location: George, SA to turn off to Nature's Valley, SA. Points of interest: 1. Crags elephant farm 2. Lush Garden Route highway. Expenses: \$75.20 RAN (Food) Accommodations: Free Camping in Grass near road, SA Altitude profile: Tough riding - two big hills

Day 5, December 29, 2004 Daily Bike Miles: 102.27 miles Location: Near turn off to Nature's Valley, SA to Port Elizabeth, SA Points of interest: 1. The highest bridge in the Southern Hemisphere - saw people jump off with parachutes - has the highest bungee jump in the world.

2. Hike at Big Tree

3. Port Elizabeth Water front

Expenses: \$318.95 RAN (Food and postcards)

Accommodations: Thabo and Annalise's house in Port Elizabeth, SA Altitude profile: Mostly Flat with tailwinds and little hills

Day 6, December 30, 2004 Daily Bike Miles: 27.78 miles Location: Port Elizabeth, SA to Addo Elephant Park, SA Points of interest: 1. Addo Elephant Park Expenses: \$268.35 RAN (Food, Game Drive and camping) Accommodations: Camping at Addo National Park, SA Altitude profile: Flat

Day 7, December 31, 2004 Daily Bike Miles: 65.14 miles Location: Addo Elephant Park, SA to Grahamstown, SA Points of interest: 1. Large centipedes on the road.

Abandon train between Addo and Paterson.
 Buildings in Grahamstown
 Expenses: \$128.50 RAN (Food and camping)
 Accommodations: Camping at Grahamstown, SA
 Altitude profile: Flat to hilly and rainy.

Day 8, January 1, 2005 Daily Bike Miles: 90.13 miles Location: Grahamstown, SA to East London, SA Points of interest: 1. Big ant hills 2. Poor town with lots of people that seemed to want to take my bike. Expenses: \$192.50 RAN (Food, and hotel) Accommodations: Orange Grove hotel in East London, SA Altitude profile: Hilly, rainy, windy and wet

Day 9, January 2, 2005 Daily Bike Miles: 9.38 miles Location: East London, SA to Port Shepstone, SA Points of interest: 1. Lots of broken glass on roads in East London 2. Bus hit a sheep Expenses: \$327.95 RAN (Food, Beer and bus) Accommodations: Adrian's place in Port Shepstone, South Africa Altitude profile: Mostly on a hilly bus ride. Day 10, January 3, 2005
Daily Bike Miles: 74.66 miles
Location: Shepstone, SA to Port Edwards, SA and back to Shepstone, SA
Points of interest:

Riverbend Crocodile farm in Southbroom, SA
Beach front homes in Port Edwards with barb wire fences blocking their access to the beach.
Big River South of Port Edwards

Expenses: \$92.25 RAN (Food and Crocodile farm entrance fee)
Accommodations: Adrian's place in Port Shepstone, SA
Altitude profile: Mostly Flat and rainy afternoon

Day 11, January 4, 2005 Daily Bike Miles: 71.31 miles Location: Shepstone, SA to Durban, SA Points of interest: 1. Monkey and three-foot lizard near road. Expenses: \$302.75 RAN (Food, Beer and hotel) Accommodations: Island Hotel near Durban, SA airport Altitude profile: Mostly Flat

Day 12, January 5, 2005
Daily Bike Miles: 15 miles
Location: Durban, SA to Richards Bay, SA
Points of interest:

Lots of small crabs on rocks near beach.
Monkeys outside an apartment.
Crocodile farm, Crocodile Valley
Expenses: \$520.27 RAN + \$321.90 US (Souvenirs, Food, rental car, Crocodile farm, road tolls and camping)

Accommodations: Campground at Richards Bay, South Africa
Altitude profile: Slightly hilly - mostly driving rental car

Day 13, January 6, 2005 Daily Bike Miles: 4 miles Location: Richards Bay, SA to Ezulwini, Swaziland Points of interest: 1. Craft markets near the road 2. Casino in Swaziland 3. Ezulwini Hot Springs Expenses: \$400.23 RAN (Food, Souvenirs and camping) Accommodations: Campground in Ezulwini, Swaziland Altitude profile: Slightly hilly - mostly driving rental car

Day 14, January 7, 2005
Daily Bike Miles: 0 miles
Location: Ezulwini, Swaziland to Kruger National Park, Letaba rest camp, SA
Points of interest:
1. Wildlife at Kruger National Park - Rhino, Impala, giraffes, elephants, warthogs, zebra, etc.

Expenses: \$1285.20 RAN (Food, Souvenirs, Entrance fees, gas, misc. and camping) Accommodations: Letaba rest camp in Kruger National Park, South Africa

Day 15, January 8, 2005
Daily Bike Miles: 0 miles
Location: Kruger National Park, Letaba to Punda Maria then back to Letaba rest camp, SA
Points of interest:

Kruger National Park - elephants, giraffe, lions, hypos, Buffalo, etc.
Night Game drive at Kruger National Park

Expenses: \$1095.35 RAN (Food, Souvenirs, Entrance fees, night drive, gas and camping)
Accommodations: Letaba rest camp in Kruger National Park, South Africa

Day 16, January 9, 2005
Daily Bike Miles: 0 miles
Location: Letaba to Skukuza rest camp -Kruger National Park, SA
Points of interest:

Morning Game walk at Letaba rest camp.
Elephant near campsite at Letaba rest camp.
Kruger National Park - elephants, giraffes' monkey, Hypos, impala, etc.

Expenses: \$1409.73 RAN (Food, Souvenirs, Entrance fees, morning walk, gas and camping)
Accommodations: Skukuza rest camp in Kruger National Park, South Africa

Day 17, January 10, 2005
Daily Bike Miles: 0 miles
Location: Skukuza rest camp in Kruger National Park, SA to Johannesburg International Airport, SA
Points of interest:
1. Morning Game drive at Skukuza rest camp
2. Kruger National Park - lions, hypos, leopard, etc.
Expenses: \$676.16 RAN (Food, Souvenirs, Morning drive, gas, and road tolls)
Accommodations: Plane

Day 18, January 11, 2005 Daily Bike Miles: 0 miles Location: Amsterdam to Portland, Oregon Points of interest: 1. None - unpleasant experience with changing from KLM to United air lines with bike Expenses: \$90.80 US (Bike on plane) Accommodations: Home