Statistics (Totals/Locations)

Miles Biked: about 1124.92 miles

Days: 15 days

Country: United States (San Diego) and Mexico (Baja California and Baja California

sur)

Total Expenses: ~= \$1542.52 US

Day 1, December 16, 2005

Daily Bike Miles: 0 miles

Location: Portland, Oregon to San Jose, California

Points of interest:

1. None

Expenses: \$523.14 (Airfare, Shipping bike on Alaska Airlines and food)

Accommodations: Slept in Plane/ Airport

Day 2, December 17, 2005

Daily Bike Miles: 60.72 miles

Location: San Diego, California airport to south of Rosarito, Mexico

Points of interest:

1. San Diego Harbor

2. Paradasta Maria

2. Boarder to Mexico

Expenses: \$56.00 US (Motel; Tourist papers)

Accommodations: Motel

Altitude profile: slight uphill, big uphill, flat to downhill.

Day 3, December 18, 2005

Daily Bike Miles: 72.93 miles

Location: South of Rosarito, Mexico to south of Ensenada, Mexico

Points of interest: Ensenada, Mexico

Expenses: 38.00 Pesos (Food) Accommodations: Camping Altitude profile: Hilly

Day 4, December 19, 2005

Daily Bike Miles: 94.69 miles

Location: South of Ensenada, Mexico to farm in San Quintin, Mexico

Points of interest: Neat desert plants

Expenses: 72.50 Pesos (Food) Accommodations: Camping

Altitude profile: lot of downhill and some hilly

Day 5, December 20, 2005

Daily Bike Miles: 70.43 miles

Location: Farm at San Quintin, Mexico to north of Catavina, Mexico

Points of interest:1. Neat desert plants

2. Dead owl

Expenses: 49.00 Pesos (Food)
Accommodations: Camping
Altitude profile: Hilly tough day

Day 6, December 21, 2005

Daily Bike Miles: 72.43 miles

Location: North of Catavina, Mexico to north of LA Bay Junction, Mexico.

Points of interest:1. Neat desert plants

2. Man at Catavina store

Expenses: 39.00 Pesos (Food) Accommodations: Camping

Altitude profile: Hilly and tough day - not quite as bad as previous day.

Day 7, December 22, 2005

Daily Bike Miles: 113.62 miles

Location: North of LA Bay Junction, Mexico to Guerrero Negro, Mexico.

Points of interest:

1. Neat desert plants

2. Whale scull at boarder

3. Meeting doctor in Guerrero Negro

Expenses: 41.00 Pesos (Food)

Accommodations: Stayed at Doctor/ Biker's house. Altitude profile: Lot of downhill - easy biking day

Day 8, December 23, 2005

Daily Bike Miles: 37.52 miles

Location: Guerrero Negro, Mexico to about 30 miles south of Guerrero Negro,

Mexico.

Points of interest:

1. Whales, Sea lion, pelicans and salt mines at Guerrero Negro

Expenses:

1. \$45.00 US (Boat Ride)

2. 75.00 Pesos (Food in Guerrero Negro)

Accommodations: Camping

Altitude profile: Mostly flat to a slight uphill

Day 9, December 24, 2005

Daily Bike Miles: 77.1 miles

Location: 30 miles south of Guerrero Negro, Mexico to South of San Ignacio,

Mexico.

Points of interest:

1. Oasis in San Ignacio

2. Remote desert.

Expenses: 101.00 Pesos (Food) Accommodations: Camping

Altitude profile: Some hills but close to flat.

Day 10, December 25, 2005

Daily Bike Miles: 84.49 miles

Location: South of San Ignacio, Mexico to Playa Santispac, Mexico.

Points of interest:

- 1. Big downhill with totaled vehicles at the bottom of the canyons.
- 2. Town of Santa Rosalia with caves in hillside.
- 3. Beaches of Bahia Concepcion

Expenses: 111.90 Pesos (Food, camping)

Accommodations: Camping

Altitude profile: Lot of downhill and some hilly

Day 11, December 26, 2005

Daily Bike Miles: 72.33 miles

Location: Playa Santispac, Mexico to Loreto, Mexico.

Points of interest:

- 1. Nice beaches of Bahia Concepcion Sea of Cortez
- 2. People that gave me water
- 3. Town of Loreto

Expenses: 469.00 Pesos (Food and motel)

Accommodations: Motel Altitude profile: Slightly hilly

Day 12, December 27, 2005

Daily Bike Miles: 92.76 miles

Location: Loreto, Mexico to Ciudad Constitución, Mexico.

Points of interest:

1. Biggest uphill of the trip

2. Nice man from Los Angeles, California *Expenses:* 178.00 Pesos (Food and camping)

Accommodations: Camping

Altitude profile: Big uphill then gradual downhill.

Day 13, December 28, 2005

Daily Bike Miles: 79.00 miles

Location: Ciudad Constitución, Mexico to North of La Paz, Mexico

Points of interest:

1. Roadrunner and rabbits

2. Outskirts of La Paz

Expenses: 84.00 Pesos (Food) Accommodations: Camping

Altitude profile: Hilly, then flat to downhill and uphill towards the end of the day.

Day 14, December 29, 2005

Daily Bike Miles: 82.65 miles

Location: North of La Paz, Mexico to North of El Triunfo, Mexico

Points of interest:

1. La Paz outskirts.

2. Dog attach

3. Scorpion in tent

Expenses: 153.50 Pesos (Food) Accommodations: Camping

Altitude profile: Hilly, followed by nice downhill to La Paz and then gradual uphill to

camp

Day 15, December 30, 2005

Daily Bike Miles: 43.14 miles

Location: North of El Triunfo, Mexico to Buena Vista, Mexico

Points of interest:

1. Town of El Triunfo

2. Beaches at Buena Vista

3. Monument at Buena Vista

Expenses: 365.20 Pesos and \$1.00 US (Food)

Accommodations: Condominium

Altitude profile: Hilly, followed by nice downhill to Buena Vista

Day 16, December 31, 2005

Daily Bike Miles: 0 miles Location: Buena Vista, Mexico

Points of interest:

1. Punta Pascadero hotel and Quad ride to motel

2. Beaches at Buena Vista

3. New Years Party

Expenses: 251.00 Pesos and \$18.00 US (Food)

Accommodations: Condominium Altitude profile: No biking

Day 17, January 1, 2006

Daily Bike Miles: 0 miles

Location: Buena Vista, Mexico

Points of interest:

1. Large schools of Dolphin

2. Road to lighthouse and beach at lighthouse.

3. Punta Colorada hotel.

Expenses: \$110.00 US (Dinner) Accommodations: Condominium

Altitude profile: No biking

Day 18, January 2, 2006

Daily Bike Miles: 0 miles

Location: Buena Vista, Mexico

Points of interest:

1. Low flying plane in Los Barriles

2. Hot Springs in Santiago

3. Country style dinner at Rancho De Buena Vista

Expenses: 500.00 Pesos and \$50.00 US (Food, sun screen, post cards)

Accommodations: Condominium

Altitude profile: No biking

Day 19, January 3, 2006

Daily Bike Miles: 0 miles

Location: Buena Vista, Mexico

Points of interest:

1. Snorkeling beach near Punta Pascadero motel.

Expenses: Nothing recorded

Accommodations: Condominium Altitude profile: No biking

Day 20, January 4, 2006

Daily Bike Miles: 0 miles

Location: Buena Vista, Mexico to La Paz, Mexico

*Points of interest:*1. City of La Paz

2. Home and football game/ party.

Expenses: 339.00 Pesos (T-shirt and lunch)

Accommodations: Condominium

Altitude profile: No biking

Day 21, January 5, 2006

Daily Bike Miles: 70.99 miles

Location: Buena Vista, Mexico to Cabo San Lucas, Mexico.

Points of interest:

1. Stores in downtown San Jose Del Cabo

2. Water front and town of Cabo San Lucas

Expenses: 654.50 Pesos (Dinner, Liquor and food)

Accommodations: Hotel Santa Fe, Cabo San Lucas, Mexico

Altitude profile: Small hills all day, but nothing bad.

Day 22, January 6, 2006

Daily Bike Miles: 0 miles

Location: Cabo San Lucas, Mexico to Todos Santos, Mexico

Points of interest:

- 1. Arch and Lover's beach at Cabo San Lucas
- 2. Jelly fish stings at Lover's beach
- 3. Photo with iguana at Cabo San Lucas
- 4. Town of Todos Santos

Expenses: \$231.00 US (motel, boat, Food)

Accommodations: Hacienda Todos Los Santos Guest House Inn/ Hotel

Altitude profile: No biking

Day 23, January 7, 2006

Daily Bike Miles: 0 miles

Location: Todos Santos, Mexico to Buena Vista, Mexico

Points of interest:

1. Town of Todos Santos

2. Big waves on the Pacific

Expenses: 641.55 Pesos and \$54.37 US (Food, stamps and souvenirs)

Accommodations: Condominium

Altitude profile: No biking

Day 24, January 8, 2006

Daily Bike Miles: 0 miles

Location: Buena Vista, Mexico to Portland, Oregon

Points of interest:

1. Beach in Buena Vista

Expenses: \$56.00 US (Food, souvenirs, over weight luggage)

Accommodations: Back home in Hillsboro, Oregon

Altitude profile: No biking