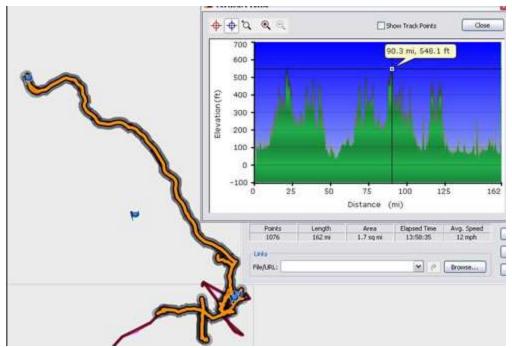
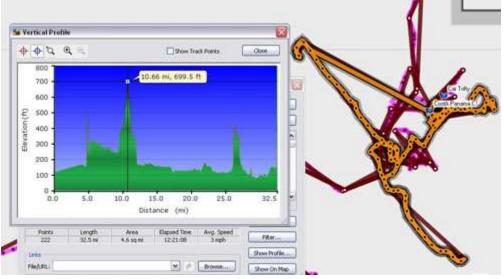


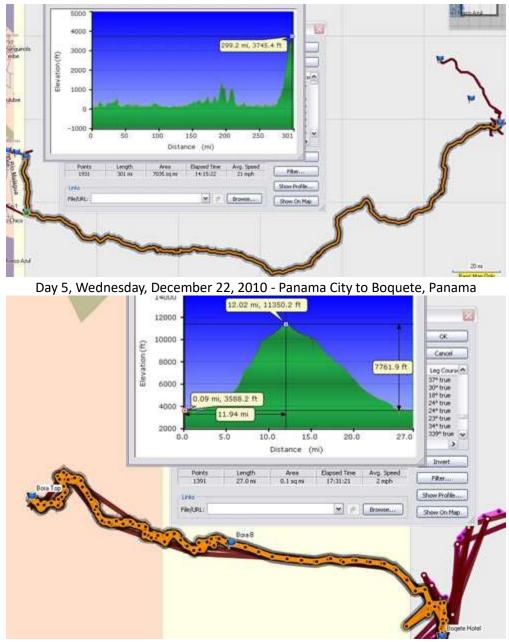
Day 2, Sunday, December 19, 2010 - Panama City



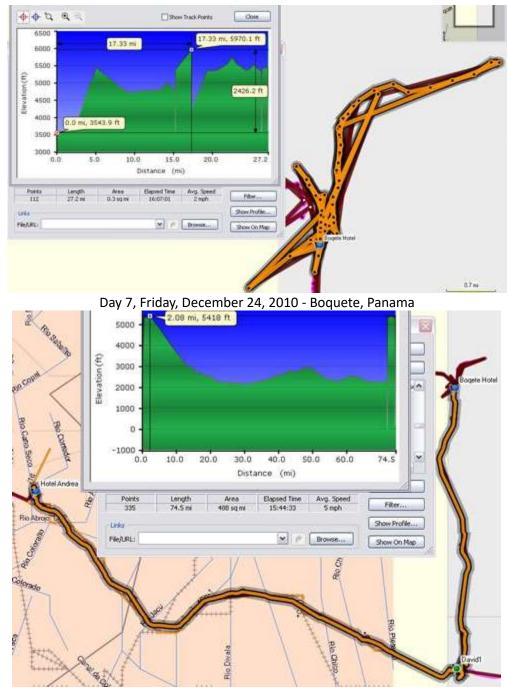
Day 3, Monday, December 20, 2010 - Panama City to/from Colon, Panama



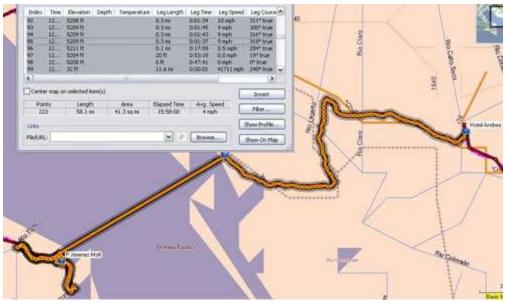
Day 4, Tuesday, December 21, 2010 - Panama City, Panama Canal



Day 6, Thursday, December 23, 2010 -Boquete, Panama - Climb Volcano Baru



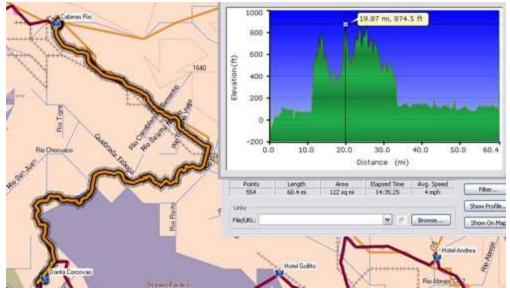
Day 8, Saturday, December 25, 2010 - Boquete, Panama to Neily, Costa Rica



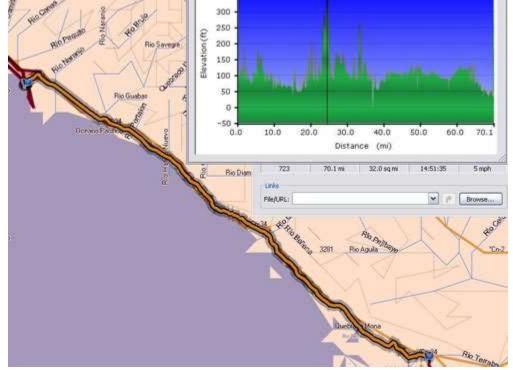
Day 9, Sunday, December 26, 2010 - Neily to Puerto Jimenez, Costa Rica

	3 16 18 X 10 Cr Nete: 2010;12;27;Cottafice	Color: Magarita 💌	OK Cancel
Anter	Jodes Time Elevation Depth Temperature 53 12 5430 ft 54 16 54 12 5432 ft 55 12 5432 ft 56 12 5430 ft 56 12 5430 ft 56 12 5430 ft 56 12 5430 ft 59 12 5402 ft 60 12 5427 ft 60 12 5427 ft 60 12 5427 ft	Leglangth LegTme LegSpeet 0.3mi 0.01125 10 kph 0.2mi 0.01128 10 kph 0.2mi 0.01128 10 kph 0.2mi 0.01128 10 kph 0.3mi 0.0129 6 kph 0.3mi 0.0119 12 kph 0.3mi 0.00123 5 kph 0.2mi 0.00224 4 kph	Leg Course A 334° true 334° true 24° true 15° true 15° true 15° true 15° true 317° true 217° true 217° true 3
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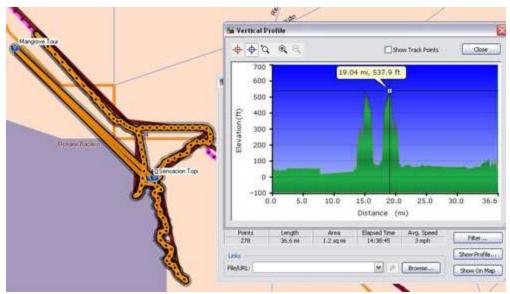
Day 10, Monday, December 27, 2010 - Puerto Jimenez to Dante Corcovode Lodge, Costa Rica

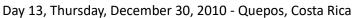


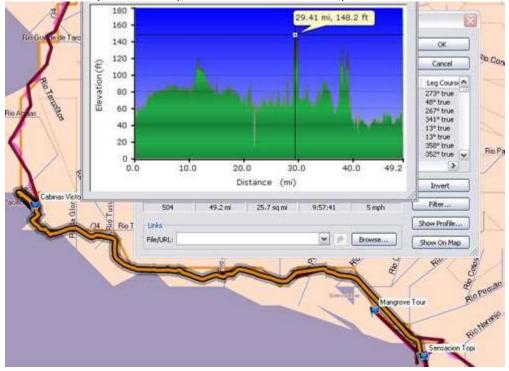
Day 11, Tuesday, December 28, 2010 - Dante Corcovode Lodge to Palma Norte, Costa Rica



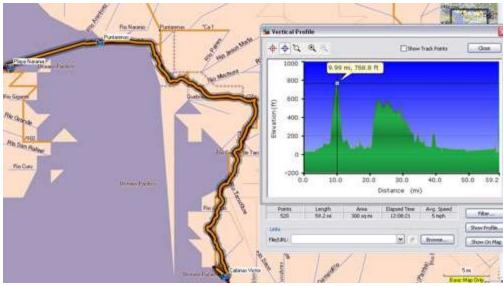
Day 12, Wednesday, December 29, 2010 - Palma Norte to Quepos, Costa Rica



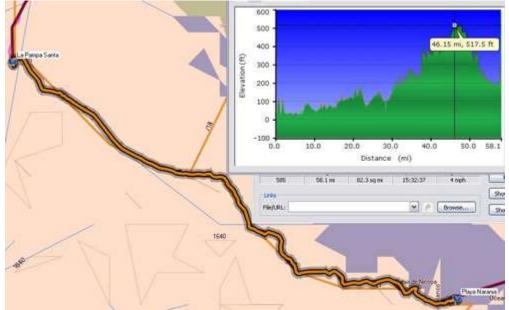




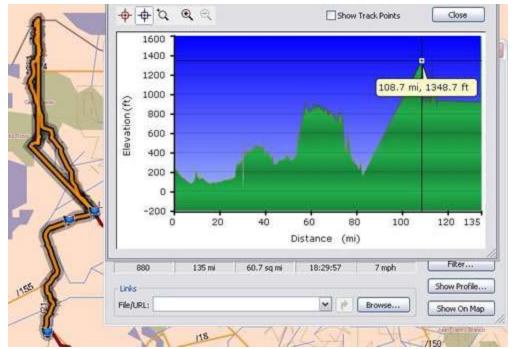
Day 14, Friday, December 31, 2010 - Quepos to Jaco, Costa Rica



Day 15, Saturday, January 1, 2011 - Jaco to Playa Naranjo, Costa Rica



Day 16, Sunday, January 2, 2011 - Playa Naranjo to Santa Cruise, Costa Rica



Day 17, Monday, January 3, 2011 - Santa Cruise to/ from Liberia, Costa Rica + Nicaragua Border



Day 18, Tuesday, January 4, 2011 - Liberia to La Fortuna, Costa Rica GPS memory full, no more data for the rest of the trip Day 19-23, Wednesday, January 5-9, 2011