**Prices** Total US Dollars US\$3770.47

Total Costa Rica Colon CR 228951.2

\$1 US ~= \$505 (CRC)

CR 228951.2 \* (1 US/ 505) ~= \$US 453.37

Total spent in US dollars:

US\$3770.47 + US\$453.37 = US\$4223.84

Day 1, Saturday, December 18, 2010 (And bills paid prior to trip)

\$34.95 US - GPS Map for Panama

\$34.95 US - GPS Map for Costa Rica

\$1113.95 US Air Fare

\$30.00 US Bike on Continental Airlines

\$77.72 - Travelers insurance

\$9.95 - Houston airport - Service charge to exchange money for US to CR

Daily total = US\$1301.52

Day 2, Sunday, December 19, 2010

\$5.75 = Panama City - 2 beers and a ham and cheese sandwich

\$5.00 = Panama City - tip to man that gave me a ride to the motel from the airport (free service provided by the motel = Costa Inn)

\$7.25 = Panama City - Bag of chips, 1.5-liter water, soda pop and 6 cookies

\$2.00 = Panama City - one hour of internet at hotel

\$55.00 - Panama City - Motel

Daily total = US\$75.00

Day 3, Monday, December 20, 2010

\$83.48 = Panama City - Thrifty Rental car

\$20.00 = Panama City - gas on other side of bridge from Panama City

\$3.00 = - Colon - 2 small waters and 2 sodas

\$3.95 = Colon - bike lock

 $99.95\ 0$  – Panama City – 2, 1.5% liter waters, 2 sodas and can of nuts.

\$14,00 - Panama City motel - Chicken, 2 beers and a \$1.75 tip

Free Breakfast at motel

\$55.00 - Panama City - Motel

Daily total = US\$189.38

Day 4, Tuesday, December 21, 2010

\$42.00 (\$40.00 for tour and \$2.00 tip) - Panama City - Canal Tour

\$5.00 - Extra fee for Canal tour - wrong tour, had to get new tour.

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$11.70 ($10.70 and $1.00 tip) – Panama City - Dinner at motel
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\$1.00 – Panama City - half hour internet

Free Breakfast at motel

\$35.00 - Panama City - Motel

\$90.00 - Panama City - Unknown Motel Charge, just noticed this when going over my expenses 6 months after trip

Daily total = US\$184.70

Day 5, Wednesday, December 22, 2010

\$10.00 – Panama City - cab to bus station

\$12.60 - Panama City - Bus to David

\$3.00 - Necklace on bus to David

\$25.00 – David - taxi to Boquete

\$2.85-2 small bags of cereal

\$16.75 – Boquete - loaf of bread. a beer, 1.5 L water, cereal, cookies, 3 cans of tuna and a candy bar

\$1.00 – Boquete - one hour internet

Free Breakfast at motel

\$42.00 - Boquete - Motel

Daily total = US\$113.20

Day 6, Thursday, December 23, 2010

\$8.00 - Boquete - Taxi to the volcano Barú Park entrance

\$5.00 = Boquete - Park entrance fee

\$2.00 - Boquete - return Taxi from the volcano Barú park entrance

\$2.82 - Boquete - liter of water, coke and a beer

\$17.75 (\$15.75 \* \$2.00 tip) – Boquete - Trout dinner with 2 beers

\$42.00 - Boquete - Motel

Daily total = US\$77.57

Day 7, Friday, December 24, 2010

\$64.00 - Boquete - Zip-line tour

\$1.25 – Boquete – Cup of coffee at zip-line tour

\$10.00 - Boquete - CD of zip-line tour

\$15.20 - Boquete - T-shirt of zip-line tour

\$1.84 - Boquete - Sales tax of zip-line tour

\$3.95 – Boquete - Spaghetti dinner with French fries and a ginger ale

\$0.25 – Boquete – wire to fix my bike

6.45 – Boquete – 2 beers, soda, small pack of 6 cookies, 1 gallon of water and 2 cans of tuna

\$2.00 - Boquete - Charm bracelet from native lady at coffee tour

\$3.75 - Boquete - Earrings

\$29.50 - Boquete - Coffee tour

\$42.00 - Boquete - Motel

Daily total = US\$180.19

Day 8, Saturday, December 25, 2010

\$1.25 – Boquete – Diet coke and chips

\$0.59 - David - Note pad

\$1.60 – David – Chips, candy bar and orange soda

\$1.00 – Panama / Costa Rica boarder – exit tax for Panama

3268 CR\$ - Costa Rica – 2L water, 2 beers, chips (6 oz) and bag of Roditas cereal

14,900 CR - Hotel Andrea - Neily = \$32.00 - Neily - Motel

4556 CR\$ - Neily – Spaghetti and 2 beers for dinner

Daily total = US\$4.44 + CR 19,456

Day 9, Sunday, December 26, 2010

5000 CR – Golfito - boat trip to Puerto Jimenez

4710 CR – Puerto Jimenez - 2 16oz beers, can of Ginger ale, small bag of Oreos and bag of corn flacks.

14,760 – Puerto Jimenez - 2 16oz beers, Sun chips medium, bread, can of diet Pepsi, sun screen (very expensive).

\$29.50 US – Puerto Jimenez - motel, La Choza Del Manglar

6820 (6720 + 500 tip) – Puerto Jimenez - Dinner - Shrimp stuffed fish with fries (4200), salad and a beer.

1000 CR - Puerto Jimenez - internet for 1 hour

Daily total = US\$29.50 + CR 32290

Day 10, Monday, December 27, 2010

200 CR - Puerto Jimenez - Tip for maid

200 CR - Puerto Jimenez - Tip for free motel breakfast

1251 CR – La Palma – Can of diet Pepsi and bag of Cereal

\$25 US – Near La Palma – Motel – Dante Corcovado Lodge

\$15 US - Dante Corcovado Lodge - Dinner

\$4.00 - Dante Corcovado Lodge - 2 beers with dinner

\$1 US - Dante Corcovado Lodge - Tip with dinner

Daily total = US\$45.00 + CR 1651

Day 11, Tuesday, December 28, 2010

125 CR - Dante Corcovado Lodge – tip for breakfast

\$8 US - Dante Corcovado Lodge — Breakfast

1872 CR - Palmer Norte - Small water, coke and bag of cereal

4320 CR – Palmer Norte – Sun Chips, Gansitos, 175 ml Water, Diet Pepsi

\$17 US – Palmer Norte – Motel room

6000 CR – Palmer Norte – Dinner – Fist and chips (4000 CR), 2 beers (1600 CR) and a tip (200 CR)

Daily total = US\$25 + CR12317

Day 12, Wednesday, December 29, 2010

4425 CR – Uvita - orange Fanta, diet coke, Chex mix and Gansitos

\$85 US – Quepos - Motel

7675.60 – Quepos - 2 beers (473 ml, sun chips (6.5 oz), box of cereal and can of diet coke

11,963.10 - Quepos - Sun Glasses (4995), 6 pack of beer (5558), Chocolate bar (750) and tax (630)

650 CR – Quepos – one hour internet

Daily total = US\$85.00 + CR 24713.70

Day 13, Thursday, December 30, 2010

\$65 US – Quepos – Mangrove tour

1500 CR – Quepos – 2L Water and milk way candy bar

3000 CR – Quepos – Hamburgers, fries and an ice tea

\$85 US – Quepos - Motel

650 CR – Quepos – Internet

7341.5 CR – Quepos – Loaf of bread, Sun Chips, Box of Cereal

Daily total = US\$150.00 + CR 12491.5

Day 14, Friday, December 31, 2010

500 CR - Quepos – Tip for our Manuel Antonio National Park guide.

\$60US - 10,000 CR (About \$40 US) - Jaco - Motel

\$21.50 US – Jaco – Box of cereal, orange soda, Pilsen Beer (1 Liter), Sun Chips and Cashews

\$22.00 US - Jaco \_ dinner with \$2.00 tip - Seafood Burrito and Margarita

Daily total = US\$103.50 + 500 CR

Day 15, Saturday, January 1, 2011

1400 CR – To get on highway.

100 CR – Jaco – Orange Fanta (600ml)

1000 CR – 6 Cookies and diet Pepsi (600ml)

700 CR - Gravado

3100 CR – Puntarenas – Ferry to Paquera (wrong boat)

\$20 US – 3000 CR – Puntarenas – Ferry to Playa Naranjo (right boat)

860 CR - Bike - Puntarenas - Ferry to Paquera (wrong boat)

1500 CR - Bike - Puntarenas - Ferry to Playa Naranjo

2500 CR – Ferry – 2 Heineken beers

\$40.00 US – Playa Naranjo - Motel

Daily total = US\$60 + CR11160

Day 16, Sunday, January 2, 2011

1465 CR – 2 Sodas and chocolate stick cookies (package of 3)

\$30 US – Santa Cruise – Motel

6910 CR – Santa Cruise – Bag of Cereal, Bag of chips, diet Pepsi, 3 cans of tuna, loaf of bread and package of 4 AA batteries

 $4667\ CR-Santa\ Cruise-Box$  of Jacks Breakfast bars, Cashews, Gansito, Power Orange drink (600 ml)

2700 CR – Santa Cruise – 2 pieces of chicken, fries and orange Fanta

Daily total = US\$30.00 + CR 15742

Day 17, Monday, January 3, 2011

1500 CR – Diet Coke (600 ml) and small candy bar (like a kit-kat)

\$551.70 US – Liberia - Rental car (part of the absorbent fee was a fee for them to get the car back from San Jose

\$10.00 – Entrance fee for Santa Rosa National Park

\$60.00 US – Liberia - Motel

2950 CR - Liberia - Arroyo Con Pollo (Spanish rice with chicken), corn on the cob and a diet Pepsi

Daily total = US\$621.70 + CR 4450

Day 18, Tuesday, January 4, 2011

1950 CR – Liberia – McDonalds – Sausage Mc-muffin, hash browns and very small coffee.

1650 CR – Ice cream and diet Pepsi (2L)

\$38.00 US - Volcano Arenal - for sky tram

\$10.00 US - Volcano Arenal - photo and map of my zip-line trip

\$25.00 US - La Fortuna - Motel - Sierra Arenal

\$6.00 US – La Fortuna - Flute

\$6.00 US – La Fortuna - Mask

\$10.50 US - La Fortuna - wood white faced coati

\$11.00 US – La Fortuna – Earrings

8550 CR – La Fortuna – dinner – Fish (Tilapia), Potatoes (rubbery) and 2 beers (Corona)

Daily total = US\$106.50 + CR 12150

Day 19, Wednesday, January 5, 2011

\$13.49 US – La Fortuna – Fortuna Falls eco park entrance fee.

200 CR - La Fortuna - guide tip at Maleku village

\$33 US – La Fortuna – Baldi hot spring entrance with buffet dinner.

9309 CR – La Fortuna – Diet Pepsi (2L), Pilsen beer (1L), ice cream bar, Gansito

Twinkie, 3 cans of tuna, Can of Cashews, box of Jack's breakfast bars (6 bars)

\$25 US – La Fortuna – Motel

Daily total = US\$71.49 + CR 9509

Day 20, Thursday, January 6, 2011

150 CR – Toll Road

250 CR - Toll Road

19,000 CR - 33 Liters of gas

\$40 US – Puerto Viejo – Motel

4375 CR – Puerto Viejo – Diet Coke (2 L), Box of chocolate Cheerios, AA Batteries

(2 Panasonic batteries), and ice cream

1000 CR – Puerto Viejo – Chicken Shish Kabob

1000 CR – Puerto Viejo – half hour of internet

Daily total = US\$40.00 + CR 24775

Day 21, Friday, January 7, 2011

6345 CR - Puerto Viejo - 2 cans of tuna, ice cream bar, load of bread, diet coke and sun chips.

1969 CR – Guapiles – Diet Pepsi (2 L), Gansito, diet coke

5000 CR - Volcano Poás - Gas at base of mountain

34450 - Poás lodge – ½ hour of very slow Internet (room \$50; 2 Beers 3000 CR;

Dinner 5200; 1/2 hour internet 750 CR)

1) \$50 US – Volcano Poás – Poás lodge

2) 5200 – Poás lodge – Casado with Fish dinner at motel

3) 3000 CR - Poás lodge – 2 beers with dinner at motel.

4) 750 CR - Poás Lodge - 1/2 hour internet

Daily total = CR 47764

Day 22, Saturday, Saturday, January 8, 2011

\$10 US - Volcano Poás - Entrance fee

\$16 US - Volcano Poás - 3 miniature liquor bottles with package of coffee (set)

\$2 US - Volcano Poás - 2 AA batteries

\$35 US - Entrance fee to La Paz Waterfall Garden

\$87 US - Alajuela – motel, New Day Mango

Daily total = US\$150.00

Day 23, Sunday, Sunday, January 9, 2011

\$30.00 - Bike on Plane

\$14.50 - San Jose Airport - Jayero (have receipt, not sure what this is)

\$18.98 - San Jose Airport - Macadamias, Cashews, Coconut Pyramid and Plato De Liuvia

\$7.00 - San Jose Airport - Miniatures inquire bottles \$26.00 - San Jose Airport - Exit tax \$11.56 - Unknown Bill found on Master card Ohare Phone \$5.73 - Houston Airport - Sliced beef sandwich Daily total = US\$113.77

Foreign Transaction charges by Master card 12/20 12/20 5543610PJ1WHYYRD5 FOREIGN TRAN CHG \$1.10 12/21 12/21 5543610PL1N32LT5Q FOREIGN TRAN CHG \$0.90 12/29 12/29 751400604S756QREH FOREIGN TRAN CHG \$0.65 12/29 12/29 8518043PVAJL176RB FOREIGN TRAN CHG \$1.70 01/04 01/04 8518043040411JX7H FOREIGN TRAN CHG \$0.38 01/05 01/05 751400606S75SZ27L FOREIGN TRAN CHG \$0.13 01/05 01/05 851804305054SELXV FOREIGN TRAN CHG \$0.33 01/05 01/05 8518043050662G1FX FOREIGN TRAN CHG \$0.18 TOTAL FEES FOR THIS PERIOD \$5.37 01/08 01/08 75140060AS76SGGZ2 FOREIGN TRAN CHG \$0.68 01/06 01/08 751400607S765D8HQ FOREIGN TRAN CHG \$0.38 01/08 01/08 8518043080AMPJYX9 FOREIGN TRAN CHG \$0.87 01/09 01/09 7518043090AETW7LH FOREIGN TRAN CHG \$5.52 01/09 01/09 7518043090BR7B79S FOREIGN TRAN CHG \$0.19 TOTAL FEES FOR THIS PERIOD \$7.64 \$13.01 US - Total Foreign Transaction charges