Prices Total US Dollars US\$\$2097.92 – including El Salvador (they use US dollars

Total Guatemalan Quetzal 749.9 GTQ \$1 US ~= 7.8435 GTQ 749.9 GTQ * (1 US\$/7.8435 GTQ) ~= US\$95.61

Total Honduras lempira 766 HNL \$1 US ~= 20.3039 HNL 766 HNL * (1 US\$/20.3039 HNL) ~= US\$37.73

Total Nicaragua4535.2 NIO \$1 US ~= 25.1150 NIO 4535.2 NIO * (1 US\$/25.1150 NIO) ~= US\$180.58

Total spent in US dollars: US\$2097.92 + US\$95.61 + US\$37.73 + US\$180.58

Total spent in US dollars: US\$2411.84

Days before trip

October 29, 2013

\$734.90 - Air Fare = PDX to GUA (Guatemala City) / (MGA) Managua to PDX- This reservation was made on Tue, Oct 29, 2013 1:39 AM CDT

October 30, 2013 - This reservation was made on Wed, Oct 30, 2013 2:50 AM CDT \$71.08 - Hotel reservation - Barcelo Guatemala City - \$71.08 US - 7 Ave 15-45 Zona 9, Guatemala, GT - Phone: 502-2320-4030 Fax: +502 (23) 784001 - Check-in: SAT, Nov 23, 2013/ Check-out: Sun, Nov 24, 2013/ Check-in/out: 1500 1200 - Reservation Rooms: 1 Guests: 1 Nights: Double Room with Balcony - 2 double beds or 1 king bed - 344 Sq. Ft

November 07, 2013

\$249.98 – Traveler's clinic (consultation fee, MMR (Measles, Mumps, Rubella) and Tetanus)

\$17.98 – Mesquite repellent for me and cloths

November 8, 2013

\$20.00 - Fred Meyer's malaria pills and traveler diarrhea pills (approximate – could not find the receipt)

November 12, 2013

\$ 204.90 -> Central America GPS Maps

Pre-trip total = \$1298.84

Day 1, Friday, November 22, 2013

\$2.50US – Max from Rosa Park/ Interstate to PDX \$40.00US – Extra bag on Airlines Daily Total \$42.50US

Day 2, Saturday, November 23, 2013

1.00US – to guy that let me use his cell phone to try to call hotel.

73.50 GTQ – 2 cans of tuna. Loaf of bread and corn flakes

\$1.00US – tip to shuttle driver from airport to motel.

18.70 GTQ – 1-liter sparkling water (Could not find regular water) and 1 liter orange soda.

43 GTQ – McDonalds – Chicken, fries and soda.

Daily Total \$2.00US + 135.20 GTQ

Day 3, Sunday, November 24, 2013

\$25.00US – Motel in Antigua

25 GTQ – Souvenir wooden mask

10 GTQ – ear rings

120 GTQ – Volcano Pacaya hiking tour.

50 GTQ – Volcano Pacaya Park entrance fee

\$1.00 US – Tip to Volcano Pacaya Guide

Daily Total \$26.00US + 205 GTQ

Day 4, Monday, November 25, 2013

190 GTQ - Motel in San Carlos

100 GTQ - dinner at restaurant next to motel - chicken, rice, tortillas and a beer.

17 GTQ – tip at dinner.

18 GTQ – 2 2 Liter waters and 20 oz. cola

Daily Total 325 GTQ

Day 5, Tuesday, November 26, 2013

26.70- GTQ – Small soda, small revive drink, ice cream and 1 gallon of water.

 $58 \, \mathrm{GTQ}$ – at gas station – 1 liter water, medium bag of cookies, small chocolate bar and chocolate Twinkie.

\$42.00 US – To cross the border from Guatemala to El Salvador

\$10.00 US – Poor exchange of 220 GTQ

\$59.00 US - Motel

Daily Total \$111.00 US + 84.70 GTQ

Day 6, Wednesday, November 27, 2013

\$3.50 US – water, ice Cream and bag of Doritos.

\$3.10 US – Revive drink, Hostess Cupcakes and peanuts

\$30.00 US – Motel

\$12.50 US – Dinner and beer at motel

Daily Total \$49.10 US

Day 7, Thursday, November 28, 2013

\$17.32 US - Unknown - Research - extra Motel changes 10 Chull, 2.5 braer, 1 water; ? ? - I think this was dinner

\$12.46 US – 3 cans of tuna (5.91), PowerAde (0.54), 3.78 Liter water (0.63), Small bag of cereal (1.00), 2 liter water (0.75), Sardines (1.64), Peanuts (1.50) and Gansito (0.49)

\$5.70 US – 2 pieces of chicken, rice, bag of 8 Hersey kisses and a soda

\$21.00 US – Hotel Campo Real in Usulutan, El Salvador

\$3.20 US - Texaco store in Usulutan - 1.25 Liter code (0.85). 2-liter water (0.80), Gansitos (0.60) and peanuts (0.95)

Daily Total \$59.68 US

Day 8, Friday, November 29, 2013

2.50 US - 1 gallon of water and a small Gatorade.

2.05 US - 1 gallon of water, small juice and ice cream bar.

\$25.00 US – Royal Palace Auto Hotel - Santa Rosa de Lima, El Salvador.

Daily Total \$29.55 US

Day 9, Saturday, November 30, 2013

\$6.00 US – Honduras boarder – help and tourist pass.

57 HNL – 1 liter water, small Gatorade and ice cream bar.

49 HNL – 1.5-liter water, small Gatorade and ice cream bar.

500 HNL - Motel -Paradise Hotel in Choluteca, Honduras

95 HNL – Loaf of bread, can of tuna, 1.5 L soda and 1.5 L water.

Daily Total \$6.00 US + 701 HNL

Day 10, Sunday, December 1, 2013

65 HNL – 1 gallon of water, small Gatorade and Gansito

\$12.00 US – cross border into Nicaragua

\$46.80 - Hotel - Los volcanos in Chinandega, Nicaragua

\$63.86 – Reserved motel for Leon - BEST WESTERN Las Mercedes - 50 Metros Norte Cathedral, Leon - This reservation was made on Sun, Dec 1, 2013 8:25 PM CST

\$93.31 - Reserved motel for Hotel near Managua airport - Hotel Camino Real Managua - This reservation was made on Sun, Dec 1, 2013 9:06 PM CST Daily Total \$215.97 US + 65 HNL

Day 11, Monday, December 2, 2013

50 NIO - gas station near Leon -1.5-liter water and small juice.

309.6 NIO – Leon groceries – Crackers, small bag of cereal, loaf of bread, 1 gallon of water, 1 beer, 4 cans of tuna, orange soda and small bag of peanuts. 83.80 NIO – Leon – Medium bag of Doritos, small bag of cereal, 1 beer, small pack of cookies and a

grape soda.

Daily Total \$443.40NIO

Day 12, Tuesday, December 3, 2013

84.25 NIO - 1 gallon of water, small power aid drink, ice cream bar and medium sized bag of Doritos

562 NIO - Motel

Daily Total 646.25NIO

Day 13, Wednesday, December 4, 2013

50 NIO – 1.5 liter water, small revive drink and chocolate Twinkies

67 NIO - 1.5 liter water, small soda and bag of rolls

178 NIO – 2 cans of tuna, 2 medium bags of Doritos, small revive drink, Tona Beer and chocolate balls

37 NIO – 2 liters water and can of orange Fanta

\$7.00 – Tax to take bike to Ometepe Island

45 NIO – Boat from San Jorge to Ometepe Island, Moyogalpa, Nicaragua

\$35.00 US – Motel in Moyogalpa – Yogis Hostel

30.00 US – Hired guide to take me for the hike to the top of Volcano Concepcion Daily Total 72 US + 377 NIO

Day 14, Thursday, December 5, 2013

10 NIO – Bus to hike Volcano Concepcion from Moyogalpa

10 NIO – Bus from hike Volcano Concepcion back to Moyogalpa

\$2.00 US – Tip to my guide for taking me on the climb

108 NIO - 2 liter water, Large Toni Beer, Small Revive drink, Loaf of bread and a pack of cookies.

70 NIO – 2 cans of beer and 2 small revive drinks

\$20.00 US – rent motorcycle for 2 hours

100 NIO – Gas for Motorcycle

\$35.00 US - Motel in Moyogalpa, Nicaragua - Yogis Hostel

Daily Total \$57.00 US + 298 NIO

Day 15, Friday, December 6, 2013

97 NIO – Boat from Ometepe Island to San Jorge with bike

50 NIO – Bus from San Jorge to Guanacosta (Turn off to Granada).

100 NIO – 2 liters of water and small Gatorade

300 NIO – 2 nice sets of earrings

441 NIO - 2 lobster tails with vegetables and a Toni beer.

40 NIO – Tip with dinner

\$34.50 US – Motel – Granada, Nicaragua – Jerico SA

Daily Total \$34.50 US + 1028 NIO

Day 16, Saturday, December 7, 2013

20 NIO – Tip for hotel included breakfast. The lady that served me was very nice and seemed very appreciative of the unexpected tip

300 NIO – Boat trip in Granada

20 NIO – To have guy watch my locked up bike while I took the boat trip

20 NIO – To have the boat stop at a tourist island on trip.

10 NIO – tip for boat ride

93.35 NIO - 2 beers, small power air drink, small pack of Oreo cookies and 1.75 Liter Grape soda

\$15.00 US – Dinner at motel – Chicken and ham wrap and a free drink (rum and coke) and a tip.

Daily Total \$15 US + 463.35 NIO

Day 17, Sunday, December 8, 2013

\$46.00 US – Extra baggage for bike in suitcase.

500 NIO – Souvenir fish instrument and small hand carved wooden mask.

600 NIO – Red necklace and earrings for Michele

179.20 NIO – wooden sugar bowl with Nicaragua imbedded in front.

\$16.90 US – San Francisco airport lunch at Panda Express – Chow main, orange chicken, very small piece of salmon and a coke

\$1.69 US – San Francisco airport - M & Ms

\$10.00 US - San Francisco airport – An IPA beer

\$1.69 US - San Francisco airport – Mounds bar

\$2.50 US – Max from PDX to my house in Portland

Daily Total \$78.78 US + 1279.20 NIO