

Miles Biked: Total bike miles about 860.77 miles (includes walking bike)

Days of biking: 19 days

Location: Paraguay, Argentina and Uruguay

Total Expenses: ~\$3580.68 USD

Day 0, November 14, to November 15, 2015

Daily Bike Miles: 0 miles

Daily elevation gain: 0 feet

Location: Portland, Oregon, USA to Phoenix, Arizona, USA, boarded flight to 3580.68 3580.68 JFK international airport near New York City, USA

Points of interest:

1. Powell's book store in Portland, Oregon.
2. Flight from Portland, Oregon to Phoenix, Arizona.
3. Boarded flight from Phoenix, Arizona to JFK Airport in New York City.

Expenses: None

Accommodations: Slept on Airplane from Phoenix, Arizona to JFK Airport in New York City.

Day 0, Sunday, November 15, 2015

Daily Bike Miles: 0 miles

Daily elevation gain: 0 feet

Location: Flight to New York City, USA to New York City, USA to flight to San Paulo, Brazil

Points of interest:

1. Took Public Transportation to/from JFK Airport to Manhattan, New York City.
2. Walked around empire state building.
3. I walked to the world trade center to check out ground zero.

Expenses: \$68.95 US— Transportation and money exchange fees.

Accommodations: Slept on Airplane

Day 1, Monday, November 16, 2015

Daily Bike Miles: 0 miles

Daily elevation gain: 0 feet

Location: Flight to San Paulo, Brazil to Asuncion, Paraguay

Points of interest:

1. Long process to get Paraguay Visa at Airport. Most people had their Visa before arriving in Paraguay
2. In Asuncion it was pouring rain and the roads were getting flooded.
3. I had trouble using my ATM card in Asuncion.
4. I assembled my bike and trailer at Hotel in Asuncion.

Expenses: \$270.09 US and 111,800 PYG – Hotel, Paraguay Visa, Transpiration and

food.

Accommodations: Slept at Hotel in Asuncion, Paraguay

Day 2, Tuesday, November 17, 2015

Daily Bike Miles: 58.65 miles

Daily elevation gain: 1342 feet

Location: Asuncion, Paraguay to Virgen Del Rosario, Paraguay

Points of interest:

1. Start of day with rain with head winds.
2. A bus tapped my trailer, so I put flag on trailer.
3. I almost lost my ATM and credit card.
4. A dog tried to bite my foot.

Expenses: 179,500 PYG – Hotel and food.

Accommodations: Slept at hotel Aguilera in Virgen Del Rosario, Paraguay

Day 3, Wednesday, November 18, 2015

Daily Bike Miles: 58.5 miles

Daily elevation gain: 918 feet

Location: Virgen Del Rosario, Paraguay to Caaguazú, Paraguay

Points of interest:

1. Neat birds and butterflies.
2. A man tried to tow me with his motorcycle

Expenses: 104,000 PYG – Hotel and Food.

Accommodations: Slept at Tajy Hotel in Caaguazú, Paraguay

Day 4, Thursday, November 19, 2015

Daily Bike Miles: 14.95 miles

Daily elevation gain: 540 feet

Location: Caaguazú, Paraguay to Puerto Iguazu, Argentina

Points of interest:

1. Took bus to Ciudad Del Este.
2. The police stopped the bus and checked my passport.
3. I had to find ferry terminal with GPS wave point, no signs and unsure it existed
4. I was chased by young children.
5. I hiked to the overlook of Garganta Del Diablo at Iguazu Falls.
6. I got very wet in downpour at Iguazu Falls.

Expenses: 50,000 PYG + 170.49 USD + 50 ARS - Transportation, Hotel and entry fee to Iguazu Falls.

Accommodations: Slept at Hotel Tropical in Puerto Iguazu, Argentina

Day 5, Friday, November 20, 2015

Daily Bike Miles: 21.06 miles

Daily elevation gain: 2030 feet

Location: Puerto Iguazu, Argentina to Iguazu Falls

Points of interest:

1. Got bed bug bites.
2. I was the first one to the end of upper fall trail at Iguazu falls
3. I did the Grand Adventure tour at Iguazu Falls.
4. A couple of birds were diving at me in a parking lot at Iguazu Falls.

Expenses: 47.50 USD and 855 ARS - Transportation, food and entry/ activity/ video fee at Iguazu Falls.

Accommodations: Slept at Hotel Tropical in Puerto Iguazu, Argentina

Day 6, Saturday, November 21, 2015

Daily Bike Miles: 60.63 miles

Daily elevation gain: 1428 feet

Location: Puerto Iguazu, Argentina to Eldorado, Argentina

Points of interest:

1. Took my first Videos of the trip.

Expenses: 320 ARS - Hotel and food.

Accommodations: Slept at hotel Altantida in Eldorado, Argentina

Day 7, Sunday, November 22, 2015

Daily Bike Miles: 66.8 miles

Daily elevation gain: 2452 feet

Location: Eldorado, Argentina to Jardin America, Argentina

Points of interest:

1. Lots of Hills.
2. People in a truck stopped to talk to me

Expenses: 390 ARS – Food and Hotel.

Accommodations: Slept at hotel America in Jardin America, Argentina

Day 8, Monday, November 23, 2015

Daily Bike Miles: 46.01 miles

Daily elevation gain: 1601 feet

Location: Jardin America, Argentina to near Posada, Argentina.

Points of interest:

1. Jesuit ruins at San Ignacio, Argentina.
2. I was given a ride to Posada, Argentina.
3. I stayed in a nice cabin near Posada, Argentina.

Expenses: 30 USD and 195 ARS – Food, admission to Jesuitical Ruins Park and Cabin.

Accommodations: Slept at cabin at Los Troncos near Posada, Argentina

Day 9, Tuesday, November 24, 2015

Daily Bike Miles: 56.05 miles

Daily elevation gain: 924 feet

Location: Near Posada, Argentina to Concordia, Argentina

Points of interest:

1. Went back to Posada to bus terminal, it was too long of a wait for bus.
2. Almost ran out of water and could not explain what I needed in small restaurants.
3. Not enough money for bus, but found an ATM to get more money.

Expenses: 831 ARS + 2.5 USD – Transportation, Food, Bank fees and Hotel.

Accommodations: Slept at Hotel Comedor in Concordia, Argentina

Day 10, Wednesday, November 25, 2015

Daily Bike Miles: 22.69 miles

Daily elevation gain: 6712 feet

Location: Concordia, Argentina to Dayman, Uruguay

Points of interest:

1. I assembled my bike outside the hotel, it was still in the suit case from the bus trip.
2. I tried to find the ferry to Salto, Uruguay and asked direction. I ended up getting direction to the Dam north of town.
3. After I went through custom to get out of Argentina, they would not let me bike across the Dam to Uruguay.
4. I went to the hot springs in Dayman, Uruguay.
5. I saw Monk Parrots in the trees at Dayman.

Expenses: 39.5 USD and 83.50 ARS and 654 UYU –Food, souvenir, entry to hot springs, ATM fees and Hotel.

Accommodations: Slept at Hotel Aguascalientes Calienta in Dayman, Uruguay

Day 11, Thursday, November 26, 2015

Daily Bike Miles: 71.87 miles

Daily elevation gain: 850 feet

Location: Dayman, Uruguay to Paysandú, Uruguay

Points of interest:

1. It got very rainy and I hung out with people during the rain at a bus stop.
2. Walked to cathedral in town and saw a fight.
3. Prepared and ate an international feast for Thanksgiving.

Expenses: 50 USD and 128 UYU –Food, and Hotel.

Accommodations: Slept at hotel Mykonos in Paysandú, Uruguay

Day 12, Friday, November 27, 2015

Daily Bike Miles: 44.97 miles

Daily elevation gain: 419 feet

Location: Paysandú, Uruguay to Puerto Viejo, Uruguay

Points of interest:

1. Very wet day, the most rain of any day on this trip.
2. Got the last room in the hotel
3. Lots of neat birds, including a couple of owls.

Expenses: 32.5 USD and 450 UYU - Food, ATM fees and Hotel.

Accommodations: Slept at Hotel in Puerto Viejo, Uruguay

Day 13, Saturday, November 28, 2015

Daily Bike Miles: 66.63 miles

Daily elevation gain: 1142 feet

Location: Puerto Viejo, Uruguay to Mercedes, Uruguay

Points of interest:

1. Windy day, but dry.
2. Nice water front and cathedral in Mercedes.

Expenses: 76 USD and 320 UYU – Hotel and food.

Accommodations: Slept at Grand Hotel, Brisas Del Hum in Mercedes, Uruguay

Day 14, Sunday, November 29, 2015

Daily Bike Miles: 47.35 miles

Daily elevation gain: 611 feet

Location: Mercedes, Uruguay to Colonia, Uruguay

Points of interest:

1. My trailer attachment nearly broke.
2. I took a bus from Dolores to Colonia.
3. Cycled all around the town of Colonia.

Expenses: 77 USD and 548 UYU – Transportation, food and Hotel.

Accommodations: Slept at real Colonia in Colonia, Uruguay

Day 15, Monday, November 30, 2015

Daily Bike Miles: 32.01 miles

Daily elevation gain: 857 feet

Location: Colonia, Uruguay to Dolores, Uruguay

Points of interest:

1. Cycled Colonial area some more
2. I took a bus back to Dolores.
3. I used the bus Wi-Fi to find a Hotel in Dolores.

Expenses: 87.5 USD and 552 UYU – Transportation, food, ATM fee and Hotel.

Accommodations: Slept at hotel Dolores in Dolores, Uruguay

Day 16, Tuesday, December 1, 2015

Daily Bike Miles: 65.65 miles

Daily elevation gain: 854 feet

Location: Dolores, Uruguay to Carmelo, Uruguay

Points of interest:

1. It was an easy short ride to Carmelo.
2. I went through wine country.
3. Lots of wheat farms.

Expenses: 45 USD and 375 UYU – Food and Hotel.

Accommodations: Slept at hotel Timabe in Carmelo, Uruguay

Day 17, Wednesday, December 2, 2015

Daily Bike Miles: 51.75 miles

Daily elevation gain: 1120 feet

Location: Carmelo, Uruguay to Punta del Este, Uruguay

Points of interest:

1. Lost luggage ticket, my suitcase was stored at the bus station. I showed them a picture of the suitcase and that was good enough.
2. My rental car had a standard transmission and roll up windows.
3. I stayed in a nice location in Punta Del Este.

Expenses: 411.36 USD and 852 UYU –Hotel, rental car, Luggage storage fee, Food and Hotel.

Accommodations: Slept at hotel Concorde in Punta del Este, Uruguay

Day 18, Thursday, December 3, 2015

Daily Bike Miles: 42.67 miles

Daily elevation gain: 1997 feet

Location: Punta del Este, Uruguay and San Ignacio, Uruguay.

Points of interest:

1. Entering into la Barra required cross a strange wavy bridge.
2. Lots of sail boarders at Laguna Garzon near San Ignacio

Expenses: 1953 UYU – Gas, Food and ear rings.

Accommodations: Slept at hotel Concorde in Punta del Este, Uruguay

Day 19, Friday, December 4, 2015

Daily Bike Miles: 28.87 miles

Daily elevation gain: 213 feet

Location: Punta Del Este, Uruguay to Montevideo, Uruguay

Points of interest:

1. Visited Palacio Legislativo building.
2. Bought lots of souvenirs near the cruise line parking area.

Expenses: 82 USD + 1810 UYU – Road tolls, food, souvenirs, T-shirt and Hotel.

Accommodations: Slept at Ibis hotel in Montevideo, Uruguay

Day 20, Saturday, December 5, 2015

Daily Bike Miles: 26.27 miles

Daily elevation gain: 675 feet

Location: Montevideo, Uruguay then flew to San Paulo, Brazil, Uruguay then flight to New York City, USA.

Points of interest:

1. Found concert near light house at Faro Punta Brava.
2. Cycled to east end of ocean front bike trail sidewalk of Montevideo.

Expenses: 784 UYU – Ban-aids and gas for rental car.

Accommodations: Slept on flight to New York City, USA

Day 21, Sunday, December 6, 2015

Daily Bike Miles: 0 miles

Location: Flight to New York City, USA to New York City, USA to Portland, Oregon, USA

Points of interest:

1. I visited the Statue of Liberty and Ellis Island.
2. I walked half way across the Brooklyn Bridge and then back.
3. I took the wrong Subway back to Penn Station in New York City.

Expenses: 57.24 USD –Entry fee to the Statue of Liberty and Ellis Island,

Transportation in New York City, Food and Portland airport parking

Accommodations: Slept on flights and at home in Portland, Oregon.