

Prices Total US Dollars USD 1891.68

Total Colombian Pesos (COP)

1 USD = 2,853.27 COP (6/03/17)

874,630 COP * (1 USD / 2,853.27 COP) ≈ 306.54 USD

Total spent in US dollars: 306.54 USD + 1585.14 USD

Total spent in US dollars: 1891.68 USD

Days before trip

4/19/2017

120.00 USD – Portland, Oregon - Deposit for San Blas Adventures tour
(<http://sanblasadventures.com>)

4/19/2017

682.72 USD - Portland, Oregon - Air Fare = PDX (Portland, Oregon) to PTY
(Panama City, Panama) / MDE (Medellin, Colombia) to PDX (Portland, Oregon)

5/25/2017

64.99 USD – Portland, Oregon - Travel & Immunization Clinic of Portland

Pre-trip total = 867.71 USD

Day 0, Friday, June 2, 2017

2.50 USD – Portland – Max to airport

4.49 - LAX - medium bag of cheddar, check mix.

Total daily expenses 6.99 USD

Day 1, Saturday, June 3, 2017

13.50 USD – Bogota – Commission for exchange of 200 USD for 534,000 Colombian pesos.

30 USD – Panama City – Taxi from Panama airport to Luna castle hostel.

28.16 USD – Panama City - 2 nights in Luna Castel Hostel

2 USD - Panama City - Panama City hostel - two 350ml crush sodas

Total daily expenses 73.66 USD

Day 2, Sunday, June 4, 2017

325 USD - Panama City - San Blas adventure remainder of trip

30 USD - Panama City - 4 x4 to Carti

2.80 USD - Panama City - 1.5-liter water and 31.8-gram bag of spicy Doritos

4.88 USD – Panama City – 4 Liter water and 2 Cans of Vienna sausage

Total daily expenses 362.68 USD

Day 3, Monday, June 5, 2017

4.16 - Panama City - grocery stores where we organized the 4 x 4 - 1 gallon of water and a small soda

12.00 - San Blas Island 1 - a necklace, a cloth bracelet and coconut to drink (when done drinking they cut it in half so I could eat the coconut)

6.00 USD - San Blas Island 1 - Two \$3.00 bracelets

Total daily expenses 22.16 USD

Day 4, Tuesday, June 6, 2017

4 USD - San Blas Island 2 - Two cokes (\$2.00/ each)

6 USD - San Blas Island 2 - Two cloth bracelets (\$3.00/ each)

12.00 USD - San Blas Island night 2 - necklace with tooth.

2.00 USD - San Blas Island night 2 - half a hot dog and dried banana chips

Total daily expenses 24.00 USD

Day 5, Wednesday, June 7, 2017

6 USD - San Blas Island 3 - two cokes and a beer

Total daily expenses 6.00 USD

Day 6, Thursday, June 8, 2017

2.50 USD - Panama Exit border - two 500 ml peach drinks and two rolls

1 USD - Panama Exit border -bathroom

1USD - Sapzurro - bathroom

5 USD - Sapzurro - Boat trip to Capurganá

5 USD - Sapzurro - Tip for Kuna guides

5 USD - Sapzurro- Tip to Kuna boat drivers

2 USD - Capurganá - beer

90,000 COP - Capurganá - Two nights at Hostel Capurganá

10 USD - Capurganá - Lasagna dinner with San Blas group; the dinner included a beer and fruity alcohol drink.

12,000 COP - Capurganá - Three 1 liter waters

15,000 COP - Capurganá - Rum and coke at Zumba bar

Total daily expenses 117,000 COP and 31.50 USD

Day 7, Friday, June 9, 2017

16,000 COP - Capurganá - 2 liters of water

26 USD - Capurganá - boat trip from Capurganá to Necocli

26 USD - Capurganá - bus trip Necocli to Medellin

1000 COP - Capurganá - La Coquerita - 2 cups of coffee

59,000 COP - Capurganá - lobster dinner and beer

Total daily expenses 52.00 USD and 76,000 COP

Day 8, Saturday, June 10, 2017

11 USD + 2,500 COP - Capurganá - for me and Andrew to check out of hostel
2,000 COP - Capurganá - port tax to leave
3,000 COP - Necocli - beer at beach bar
20,000 COP - Necocli - nice button up shirt
15,000 COP - Necocli - chicken, rice, salad, mango drink and smashed cooked small bananas
5,000 COP - Necocli - 500 ml Mango drink
15,000 COP - Necocli - 2 beers and a mango drink for me.
500 COP - Necocli - Matt gave me the money, it was for the bathroom, I only farted!
2,000 COP - Necocli - coke
1,000 COP - Necocli - Empanadas (dinner roll) for bus trip
Total daily expenses 11.00 USD and 66,000 COP

Day 9, Sunday, June 11, 2017

2,000 COP - Medellin - Uber ride instead of taxi from bus station to Casa Kiwi hostel.
82.24 USD – Medellin – 2 nights at Casa Kiwi (Carrera 36 # 7-10, Medellin, Colombia)
3,000 COP - Medellin Garcia park - cheese filed Empanadas
2,300 COP - Medellin - train from industrial station to Acevedo station and tram from Acevedo Station to Santa Domingo
5,200 COP - Tram from Santa Domingo to Arvi Park
2,000 COP - Medellin Arvi park - beef filed Empanadas
700 COP - Medellin Arvi Park - bathroom
5,200 COP - Medellin Arvi Park - tram from Arvi Park to Santa Domingo
2,300 COP - Santa Domingo - tram to Acevedo Station, plus train to El Poblado station
10,560 COP - Medellin/ Poblado - baguette bread, can of tuna, two 1.1 liter waters, 1.5 liter orange soda and a single chocolate Twinkie
Total daily expenses 82.24 USD and 33,260 COP

Day 10, Monday, June 12, 2017

4,000 COP - Medellin - breakfast Empanadas
2,300 COP - Medellin - train to Caribe, had to go back one stop to universidad
10,000 COP - Medellin botanic garden - chicken meal with a 500 ml coke
20,500 COP - Medellin botanic garden - nice pair of earrings
3,000 COP - Medellin - chicken, potatoes, and biscuit on a stick
11,380 COP - Medellin - 2 liter orange juice, good tuna, baguette bread and a single chocolate twinkie
33,490 COP - Medellin - 1.5 liter orange soda, can of chocolate covered coffee beans, 340g bag of premium coffee and baguette bread.

19,900 COP - Medellin - chicken quesadilla, chip and small coke.

35,000 COP - Medellin - 2 IPA beers and a shot of tequila

Total daily expenses 139,570 COP

Day 11, Tuesday, June 13, 2017

65,000 COP - Medellin - taxi to airport

69,000 COP - Medellin - Colombia t-shirt and can of chocolate covered coffee beans

12 USD - Bogota airport - miniature liquor bottle with a leather hat

68,800 COP – Receipt – not sure what this one is – probably souvenirs at the airport

240,000 COP – Receipt – not sure what this one is

Total daily expenses 12.00 USD and 442.800 COP

Day 13, Wednesday, June 14, 2017

33.00 USD - Portland - Cab home from the airport

Total daily expenses 33.00 USD