Miles Biked: Total bike miles about 726 miles
Ground transportation miles: Total about 1287 miles
Boat transportation miles: Total about 60 miles
Days of biking: 20 days
Location: Mexico and Guatemala
Flight information
Total Expenses: ${ }^{\sim}=\$ 2446.43$ USD

Day 0, Saturday, November 11, 2017
Daily Bike Miles: 0 miles
Location: Portland, Oregon, USA to Houston, Texas, USA, to Acapulco, Mexico
Points of interest:

1. Flight out of Portland was at 5:00 AM
2. Only had a 55-minute layover in Houston and it went smooth (no terminal change to international)
and even my luggage made it to Acapulco, Mexico.
3. My hotel in Acapulco was closed for renovation and they put me in a very nice hotel at the same price.
4. My ATM card did not work in Acapulco.

Expenses: 65 USD and 383 Pesos - Taxi, Luggage and food
Accommodations: Slept on flights and at Mayan Palace hotel in Acapulco, Mexico

Day 1, Sunday, November 12, 2017
Daily Bike Miles: 59.79 miles
Location: Acapulco, Mexico to Cruz Grande, Mexico
Points of interest:

1. E-mail from USAA wanting me to call about my debit card
2. Great Road for first 17 miles leaving Acapulco

Expenses: 366.9 Pesos - Hotel and food
Accommodations: Slept at Hotel Camila in Cruz Grande, Mexico

Day 2, Monday, November 13, 2017
Daily Bike Miles: 63.21 miles
Location: Cruz Grande, Mexico to Cuajinicuilapa, Mexico
Points of interest:

1. Roads had no shoulder, not great for biking.
2. Very nice and cheap hotel in small town.

Expenses: 485 Peso - Hotel and food.
Accommodations: Slept at Hotel MAC in Cuajinicuilapa, Mexico

Day 3, Tuesday, November 14, 2017
Daily Bike Miles: 51.94 miles
Daily Highest elevation: 1493 feet
Location: Cuajinicuilapa, Mexico to Santiago Jamiltepec, Mexico
Points of interest:

1. Hot, hilly day
2. No bikes allowed in hotel room.

Expenses: 401 Peso - Hotel and food.
Accommodations: Slept at Hotel El Mirador in Santiago Jamiltepec, Mexico

Day 4, Wednesday, November 15, 2017
Daily Bike Miles: 70.81 miles
Daily Highest elevation: 1581 feet
Location: Santiago Jamiltepec, Mexico to Puerto Escondida, Mexico
Points of interest:

1. Nice shopping roads in town of Puerto Escondida

Expenses: 423 Peso - Hotel, ear rings and food.
Accommodations: Slept at Hotel Pasada Cocoa beach in Puerto Escondida, Mexico

Day 5, Thursday, November 16, 2017
Daily Bike Miles: 41.24 miles
Location: Puerto Escondido, Mexico to Mazunte, Mexico
Points of interest:

1. Meet and Australian couple on a 2-year cycle/ adventure trip.
2. Nice town of Mazunte, with great beaches.
3. Turtle farm/zoo.
4. Shared bath in Hostel, expensive and not great place, due to music festival (load until after midnight)
5. Two of the three ATMs in town did not work.

Expenses: 975 Peso - Hotel, turtle farm/ zoo and food.
Accommodations: Slept at La Luciernaga Hostel in Mazunte, Mexico

Day 6, Friday, November 17, 2017
Daily Bike Miles: 43.1 miles
Location: Mazunte, Mexico to Tangolunda, Mexico
Points of interest:

1. Visited Puerto Angel, Mexico.

2, I stayed across from the Hotel Barcelo an expensive all-inclusive place that Andrea once paid for us to stay at in 2008.
2. Had trouble finding a path to beach, got scolded for trying to get to the beach through a hotel.
3. The beaches are very nice, but seem to be artificial Mexico. More like Florida beaches, almost everyone on the beach was an Anglo.
Expenses: 1104 Peso - Hotel and food.
Accommodations: Slept at Hotel Plaza Huatulco in Tangolunda, Mexico

Day 7, Saturday, November 18, 2017
Daily Bike Miles: 21.01 miles
Location: Tangolunda, Mexico to Barra Copalita, Mexico
Points of interest:

1. Easy ride without the trailer to Santa Cruz Huatulco
2. Motorcycle rally
3. Small boring town of Barra Copalita

Expenses: 626 Peso - Hotel and food.
Accommodations: Slept at Habanero Motel in Barra Copalita, Mexico
Day 8, Sunday, November 19, 2017
Daily Bike Miles: 35.35 miles
Location: Barra Copalita, Mexico to Santiago Astata, Mexico
Points of interest:

1. Lots of motorcycle traffic
2. Cracked buildings in Santiago Astata
3. Clothing give away in Santiago Astata

Expenses: 426 Peso - Hotel and food.
Accommodations: Slept at Hotel Paris in Santiago Astata, Mexico

Day 9, Monday, November 20, 2017
Daily Bike Miles: 49.5 miles
Location: Santiago Astata, Mexico to Salina Cruz, Mexico to Bus towards Tapachula, Mexico
Points of interest:

1. Could not flush toilet in the morning, they turn off the water in the hotel at nights.
2. Cycled over a hill to avoid highway tunnel
3. Had trouble finding bus station in Salina Cruz.
4. I met some Mexican people that spoke good English at the bus station in Salina Cruz (one of them lived in California)
Expenses: 669.5 Peso - Bus, Baggage holding fee, bathroom and food.
Accommodations: Slept on bus to Tapachula, Mexico

Day 10, Tuesday, November 21, 2017
Daily Bike Miles: 0 miles
Location: Bus towards Tapachula, Mexico to Quetzaltenango, Guatemala
Points of interest:

1. My alarm clock went off in the bus at 6:00 AM.
2. On the way to Guatemala boarder we got searched by the police.
3. Going the about 80 miles from Tapachula, Mexico to Quetzaltenango, Guatemala required taking 2 taxis, 4 Tutu and 2 buses.
Expenses: 40 Pesos and 325 GTQ - Transportation, hotel, tip at border and food.
Accommodations: Slept at Barcelona Hotel in Quetzaltenango, Guatemala

Day 11, Wednesday, November 22, 2017
Daily Bike Miles: 6.92 miles
Location: Quetzaltenango, Guatemala to Panajachel, Guatemala
Points of interest:

1. Got help from my Mexican friends finding a direct bus to Panajachel
2. The bus with my luggage moved while I was in the bathroom.
3. Hard to find hotel in Panajachel.
4. I found no ticket booth or ferry schedule where the boats take off.
5. Lake Amatitlán with Volcanos in the background.

Expenses: 518.4 GTQ - Transportation, ear rings, hotel, toilet and food.
Accommodations: Slept at Hotel Riva Bella in Panajachel, Guatemala

Day 12, Thursday, November 23, 2017
Daily Bike Miles: 43.29 miles
Location: Panajachel, Guatemala
Points of interest:

1. Cycled from Panajachel to Santa Catarina and continued to San Antonio Palopó.
2. Cycled road toward Antigua for about 6 miles of uphill.

Expenses: 274.4 GTQ - Souvenirs, transportation and food.

Accommodations: Slept at Hotel Riva Bella in Panajachel, Guatemala

Day 13, Friday, November 24, 2017
Daily Bike Miles: 17.01 miles
Location: Panajachel, Guatemala to Antigua, Guatemala
Points of interest:

1. Cycled to waterfall near Panajachel
2. Took a shuttle van to Antigua
3. Walked around Antigua for a couple of hours.

Expenses: 520 GTQ and 122.55 USD - Hotel, souvenirs, transportation and food.
Accommodations: Slept at Hotel Posada San Vicente in Antigua, Guatemala

Day 14, Saturday, November 25, 2017
Daily Bike Miles: 51.02 miles
Location: Antigua, Guatemala
Points of interest:

1. Cobble stone roads in Antigua are not good for cycling.
2. Took moving videos in the town of Chimaltenango.
3. Checked most of the sites in Antigua before sunset.
4. Great views of volcanos from Antigua at sunset.

Expenses: 273 GTQ - Souvenirs and food.
Accommodations: Slept at Hotel Posada San Vicente in Antigua, Guatemala
Day 15, Sunday, November 26, 2017
Daily Bike Miles: 1813 miles
Location: Antigua, Guatemala to Guatemala City to bus to Santa Elena, Guatemala
Points of interest:

1. Great day for photos of the erupting volcano.
2. Took all-night bus to Santa Elena

Expenses: 251.21 USD and 390 GTQ - Hotel, souvenirs, bathroom, luggage fees and food.
Accommodations: Slept on bus from Guatemala City to Santa Elena

Day 16, Monday, November 27, 2017
Daily Bike Miles: 17.15 miles
Location: bus to Santa Elena, Guatemala to Tikal National Park, Guatemala
Points of interest:

1. Setup transportation at travel agent for rest of trip. I was way over charged.
2. Cycled the park entry road to get in my daily 17 miles of biking.
3. Took a guided Tikal Park sunset tour.
4. Got some mosquito bites.
5. On the tour we saw monkeys, turkey, pheasant, a toucan, coati and a Agouti.

Expenses: 1740 GTQ - Souvenirs, transportation, Tikal Park entre fee, Guided tour and food.
Accommodations: Slept at Hotel Tikal Inn in Tikal National Park, Guatemala

Day 17, Tuesday, November 28, 2017
Daily Bike Miles: 19.65 miles
Location: Tikal National Park, Guatemala
Points of interest:

1. Went to Tikal national park to watch the sunrise.
2. Cycled through the jungle.
3. Spent a lot of time at Tikal National Park and saw a fair amount of wildlife.

Expenses: 336 GTQ - Souvenirs, breakfast tip and fluid to drink.
Accommodations: Slept at Hotel Tikal Inn in Tikal National Park, Guatemala
Day 18, Wednesday, November 29, 2017
Daily Bike Miles: 0 miles
Location: Tikal National Park, Guatemala to Livingston, Guatemala
Points of interest:

1. Shuttle, then bus, then boat to Livingston on the Caribbean Ocean.
2. My expensive bus ticket and shuttle tickets were not easy to use.
3. The boat ride to Livingston was very nice.

Expenses: 793 GTQ - Hotel, Transportation. bathroom and food.
Accommodations: Slept at La Posada Del Delfin Hotel in Livingston, Guatemala
Day 19, Thursday, November 30, 2017
Daily Bike Miles: 25.66 miles
Location: Livingston, Guatemala to Rio Dulce, Guatemala
Points of interest:

1. Cycle to both ends of the pavement in Livingston
2. Nice roomy boat ride back to Rio Dulce.
3. Visited Castle de San Felipe
4. Parade (mostly matching bands) through Rio Dulce (lots of festivities)

Expenses: 624 GTQ - Breakfast tip, transportation, map, souvenirs, castle entree fee, hotel and food. Accommodations: Slept at Posada Del Rio Hotel in Rio Dulce, Guatemala

Day 20, Friday, December 1, 2017
Daily Bike Miles: 73.22 miles
Location: Rio Dulce, Guatemala to El Estor then back to Rio Dulce, Guatemala
Points of interest:

1. Cycled to EI Estor and then back to Rio Dulce
2. Saw fishermen with some big fish, they looked like Salmon.

Expenses: 82 GTQ - Food
Accommodations: Slept at Posada Del Rio Hotel in Rio Dulce, Guatemala
Day 21, Saturday, December 2, 2017
Daily Bike Miles: 19.08 miles
Location: Rio Dulce, Guatemala to Guatemala City, Guatemala
Points of interest:

1. Cycled in the slight mist and got a bit muddy.
2. A kid with a flat tire on his bike asked me for help. I felt bad about not trying to help him.
3. Slow bus ride from Rio Dulce to Guatemala City - over 8 hours to go about 180 miles.

Expenses: 93 GTQ and 87.13 USD - Hotel, Taxi and food.
Accommodations: Slept at Hotel Residencia del Sol in Guatemala City, Guatemala

Day 22, Sunday, December 3, 2017
Daily Bike Miles: 0 miles

Location: Flight from Guatemala City, Guatemala to Houston, Texas, USA to Portland, Oregon, USA Points of interest:

1. Walked around Guatemala City, Zone 9 in the morning. Not much to see.
2. Took a taxi to the airport.
3. Bought a lot of souvenirs at the Guatemala City airport.
4. United 727 planes (both flights) seemed to need some seat maintenance.
5. My flight to Portland I had an empty seat next to mine. Made for a comfortable flight.

Expenses: 325 GTQ and 75 TBD USD - Souvenirs, Taxi, Exit Tax and Luggage Fees.
Accommodations: Slept at home in Portland, Oregon.

