

Miles Biked: Total bike miles 631.63 miles (241.14 towards American Journey)

Ground transportation miles: Total about 2520.7 miles

Boat transportation miles: Total about 33 miles

Days of biking: 14 days (24 days for entire trip)

Location: Peru, Bolivia, Paraguay, Uruguay and Argentina

Flight information

Total Expenses: ~\$4008.51 USD

### **Day 1, Saturday, November 10, 2018**

Daily Bike Miles: 0 miles

Location: Portland, Oregon to Atlanta, Georgia to Flight to Lima

Points of interest:

1. Woke about 3:14 AM to get to airport for my 6:00 AM flight.
2. I was told my bags were checked through to Cusco, but they ended out needing to be picked up in Lima, Peru.

Expenses: 14.6 USD – Money Exchange

Accommodations: Slept on airplane going to Lima Peru.

### **Day 2, Sunday, November 11, 2018**

Daily Bike Miles: 0 miles

Location: Lima, Peru to Puno, Peru

Points of interest:

1. My flight to Cusco was canceled, but they got me on a flight that left at almost the same time.
2. It was easy taking a taxi to the bus terminal.
3. I walked a little in Cusco waiting for my bus to depart.
4. I had a severe headache that night might have been altitude sickness.
5. Plugged in power strip and blew a hotel circuit breaker.

Expenses: 12 USD and 69.9 SOL - Taxi, tips, tax and food

Accommodations: Slept at Hacienda Puno in Puno, Peru

### **Day 3, Monday, November 12, 2018**

Daily Bike Miles: 32.32 miles

Location: Puno, Peru

Points of interest:

1. Cycled along Lake Titicaca to about 15 miles south of Puno.
2. Toured the floating islands near Puno.
3. Got stuck in rain without my rain gear.

Expenses: 80.29 SOL – Boat trip, souvenirs, tips, island visitor fee and food

Accommodations: Slept at Hacienda Puno in Puno, Peru

### **Day 4, Tuesday, November 13, 2018**

Daily Bike Miles: 0 miles

Location: Puno, Peru to La Paz, Bolivia

Points of interest:

1. Boarded the Bolivia Hop bus around 8:30 AM.
2. Took a boat to Isle Del Sol and hiked over island
3. At one point, we had to go across a river in a separate board from the bus.

4. Arrived in La Paz around 10:30 PM.  
Expenses: 35 SOL and 4 BOL – Boat trip, bathroom and tips  
Accommodations: Slept at Hotel Rosario La Paz in La Paz, Bolivia

#### **Day 5, Wednesday, November 14, 2018**

Daily Bike Miles: 0 miles

Location: La Paz, Bolivia and Tiwanaku, Bolivia

Points of interest:

1. Went to Tiwanaku ruins on a tour.
2. Checked out tourist attraction of La Paz.
3. Found Café I was to meet at the next day for the “Death Road” bike tour.

Expenses: 80 USD and 169 BOL – Tours, drinking water, food, and USB charger

Accommodations: Slept at Hotel Rosario La Paz in La Paz, Bolivia

#### **Day 6, Thursday, November 15, 2018**

Daily Bike Miles: 34 miles

Location: La Paz, Bolivia and Death Road cycle tour.

Points of interest:

1. I went on the “Death Road” cycling tour.
2. I went on the Monkey tour (we were in a cage) and the Bear tour (The bear had very little between it and us).
3. Had trouble finding an ATM that worked.

Expenses: 137.8 BOL – Drinking liquids, tours and road tax

Accommodations: Slept at Hotel Rosario La Paz in La Paz, Bolivia

#### **Day 7, Friday, November 16, 2018**

Daily Bike Miles: 0 miles

Location: La Paz, Bolivia and bus to Uyuni

Points of interest:

1. Did self-guided tour of Palca Canyon.
2. Bypassed my ride back to La Paz/ out of the canyon, but finally found my guide.
3. Took Gondolas in La Paz, great transportation if you are in the route.
4. Caught an all-night bus to Uyuni.

Expenses: 261 BOL and 231.05 USD – Gondolas, Hotel, bathroom, tips, souvenirs, taxi and food

Accommodations: Slept on bus traveling from La Paz, Bolivia in Uyuni, Bolivia

Day 8, Saturday, November 17, 2018

Daily Bike Miles: 0 miles

Location: Bus from La Paz to Uyuni, Bolivia

Points of interest:

1. About an hour into the bus ride to Uyuni, the bus broke down and it took them 3 hours to get it going again.
2. When I was taking my gear to the hotel, the tour guide gave me a free ride to my hotel.
3. I ended up getting into my room very early and storing my gear before I went on the salt flats tour.
4. Salt tour started with a visit to an old train cemetery.
5. Toured salt flats – salt hotel, “Isle Incahuasi”, cool photos and wine with sunset.

Expenses: 130 USD and 124 BOL – Souvenirs, tips, Hotel, hike ticket and food

Accommodations: Slept at Tonito Hotel in Uyuni, Bolivia

Day 9, Sunday, November 18, 2018

Daily Bike Miles: 63.81 miles

Location: Uyuni, Bolivia

Points of interest:

1. I cycled for about 30 miles south of Uyuni, the road was flat and great, not what I had expected.
2. In the 30 miles I only saw one place to get water, seemed like someone's house with minimal sale items

Expenses: 110 BOL – Bus tickets and food

Accommodations: Slept at Tonito Hotel in Uyuni, Bolivia

Day 10, Monday, November 19, 2018

Daily Bike Miles: 48.7 miles

Location: Uyuni, Bolivia to Villazon, Bolivia

Points of interest:

1. Cycled north towards La Paz for about 25 miles.
2. Caught a bus to Villazon at about 8:00 PM, arrived at about 2:00 AM.

Expenses: 322 BOL – Bus tickets, Sun screen, deodorant, Bathroom, Hotel, taxi and food

Accommodations: Slept at Hotel Ideal in Villazon, Bolivia

Day 11, Tuesday, November 20, 2018

Daily Bike Miles: 60.6 miles

Location: Villazon, Bolivia to Tupiza, Bolivia

Points of interest:

1. Cycled to Tupiza and took a Sprinter van back to Villazon.
2. Got prepared for bike ride to Argentina.

Expenses: 40 BOL – Bus station Tax, shuttle and food

Accommodations: Slept at Hotel Ideal in Villazon, Bolivia

Day 12, Wednesday, November 21, 2018

Daily Bike Miles: 3.5 miles

Location: Villazon, Bolivia to Salto, Argentina

Points of interest:

1. Crossed the border into Argentina.
2. Tried resetting my clock and reset all the setting in my bike odometer.
3. The bus was turned back at a security checkpoint due to my bike.

Expenses: 14.2 USD and 1990 ARG Pesos – Bus, luggage fee on bus, money exchange, hotel and food

Accommodations: Slept at Continental Hotel in Salta, Argentina

Day 13, Thursday, November 22, 2018

Daily Bike Miles: 0 miles

Location: Salto, Argentina to bus toward Resistencia, Argentina

1. I showed up at bus station for 5:00 PM bus at about 4:30 AM. I thought the bus left at 5:00 AM.
2. Spent day checking out sites on Salta and took gondola up hill.

Expenses: 7.77 USD and 3393 ARG Pesos – Bus, stored luggage, gondola, bathroom, souvenirs and food.

Accommodations: Slept on a Via Bariloche Bus going from Salta to Resistencia, Argentinian

Day 14, Friday, November 23, 2018

Daily Bike Miles: 68.92 miles

Location: Bus east to Resistencia, Argentina to Formosa, Argentina

Points of interest:

1. Cycled in lots of rain.
2. Road from Resistencia was very good with wide shoulder for about 30 miles, then no shoulder and a lot of traffic.
3. Took a bus to Formosa and stayed there for two nights.

Expenses: 990 ARG Pesos and 42.74 USD –Hotel, bus and food

Accommodations: Slept at Hotel Formosa in Formosa, Argentina

Day 15, Saturday, November 24, 2018

Daily Bike Miles: 66.21 miles

Location: Formosa, Argentina

Points of interest:

1. Heading south there was a lot of unused work in progress highway I could cycle on.
2. Great bird watching on Paraguay River in Formosa.
3. Ran over and broke some Christmas lights.
4. Took down some flags that were for sale.

Expenses: 7.77 USD and 1452.6 ARG Pesos – Pants, ATM Fee, bus and food

Accommodations: Slept at Hotel Formosa in Formosa, Argentina

Day 16, Sunday, November 25, 2018

Daily Bike Miles: 26.77 miles

Location: Formosa, Argentina to Clorinda, Argentina

Points of interest:

1. Took the bus to Clorinda.
2. It took three hotels to find one where I could get a room.
3. Biked to border and around town.
4. People drinking and watching soccer.

Expenses: 1234.4 ARG Pesos – Luggage on bus, Hotel and food

Accommodations: Slept at Hotel Ar-Tur in Clorinda, Argentina

Day 17, Monday, November 26, 2018

Daily Bike Miles: 46.77 miles

Location: Clorinda, Argentina to Asuncion, Paraguay

Points of interest:

1. Crossed the border into Paraguay.
2. Cycled over the Paraguay River on a big bridge, luckily, they had a wide enough sidewalk for my trailer and bike.
3. Cycled to hotel in Asuncion,
4. Cycled to the cite center, very poor city, lots of homeless with kids.

Expenses: 150.84 USD and 32,100 PAR – Hotel, money and food

Accommodations: Slept at Ibis Asuncion in Asuncion, Paraguay

Day 18, Tuesday, November 27, 2018

Daily Bike Miles: 53.3 miles

Location: Asuncion, Paraguay

Points of interest:

1. Tried finding sights of Asuncion, not much to see.
2. Cycled around Parque Guasu Metropolitano.
3. Looked like a demonstration was happening near city center of Asuncion, lots of armed police and people gathered.
4. Crashed bike on sidewalk.

Expenses: 7.77 USD and 41,400 PAR – Food

Accommodations: Slept at Ibis Asuncion in Asuncion, Paraguay

Day 19, Wednesday, November 28, 2018

Daily Bike Miles: 45.67 miles

Location: Asuncion, Paraguay

Points of interest:

1. Cycled around Parque Guasu Metropolitano for a long time (Great no traffic). Took lots of wildlife photos.
2. Packed bike for flight to Montevideo, Uruguay

Expenses: 29,050 PAR – food

Accommodations: Slept at Ibis Asuncion in Asuncion, Paraguay

Day 20, Thursday, November 29, 2018

Daily Bike Miles: 0 miles

Location: Asuncion, Paraguay to Montevideo, Uruguay

Points of interest:

1. Mostly worked on my journal, mostly a wasted day.
2. I spent a lot of time in the airport waiting to check in for flight.
3. Flew to Uruguay.

Expenses: 164.13 USD and 160,800 PAR and 1602 URG – Transportation, money, hotel and food

Accommodations: Slept at Regency Way Montevideo Hotel in Montevideo, Uruguay

Day 21, Friday, November 30, 2018

Daily Bike Miles: 38.04 miles

Location: Montevideo, Uruguay to Colonia, Uruguay

Points of interest:

1. Took bus to Colonia.
2. Forgot to locate the hotel I was staying at in Colonia, was able to figure it out on the bus which had free WIFI.
3. Was able to get my ferry ticket for the next day with my reservation number.
4. Cycled to the heavily armed, very small airport.
5. Cycle the waterfront toward Carmelo.
6. I remembered a lot of stuff from when I visited Colonia in 2015.

Expenses: 61.15 USD and 929 URG – Hotel, transportation and food

Accommodations: Slept at Hotel Royal Colonia in Colonia, Uruguay

Day 22, Saturday, December 1, 2018

Daily Bike Miles: 28.65 miles

Location: Colonia, Uruguay to Moron, Argentina

Points of interest:

1. Cleared customs for both Uruguay and Argentina in the process of checking in for ferry.
2. Took the ferry to Argentina.

3. Cycled to Moron and could not find a hotel that would take me.
4. Then I decided to go in the airport direction.
5. I was headed to a dangerous part of town and a man rescued me and helped me find a hotel.

Expenses: 1024 ARG Pesos – Hotel and food

Accommodations: Slept at Hotel Moron in Moron, Argentina

Day 23, Sunday, December 2, 2018

Daily Bike Miles: 17.51 miles

Location: Moron, Argentina to all night flight from EZE to ATL

Points of interest:

1. Cycled to airport, the last 6 miles lots of police and signs indicating no bikes.
2. Could not check in for my flight until 6:00 PM, I was ready by about noon.

Expenses: 18.98 US – Exchange fee

Accommodations: Slept on flight to Atlanta

Day 24, Monday, December 3, 2018

Daily Bike Miles: 0 miles

Location: Flight to Atlanta to Portland, Oregon to Work

Points of interest:

1. Lousy exchange rate for Argentina Peso at Atlanta airport.
2. Duffle bag was badly damage by baggage handlers.
3. Took max home, took a shower and then biked to work.

Expenses: 2.5 USD – max ride home.

Accommodations: Slept at home in Portland, Oregon