



Entire trip – Rivas, Nicaragua to Liberia, Costa Rica.



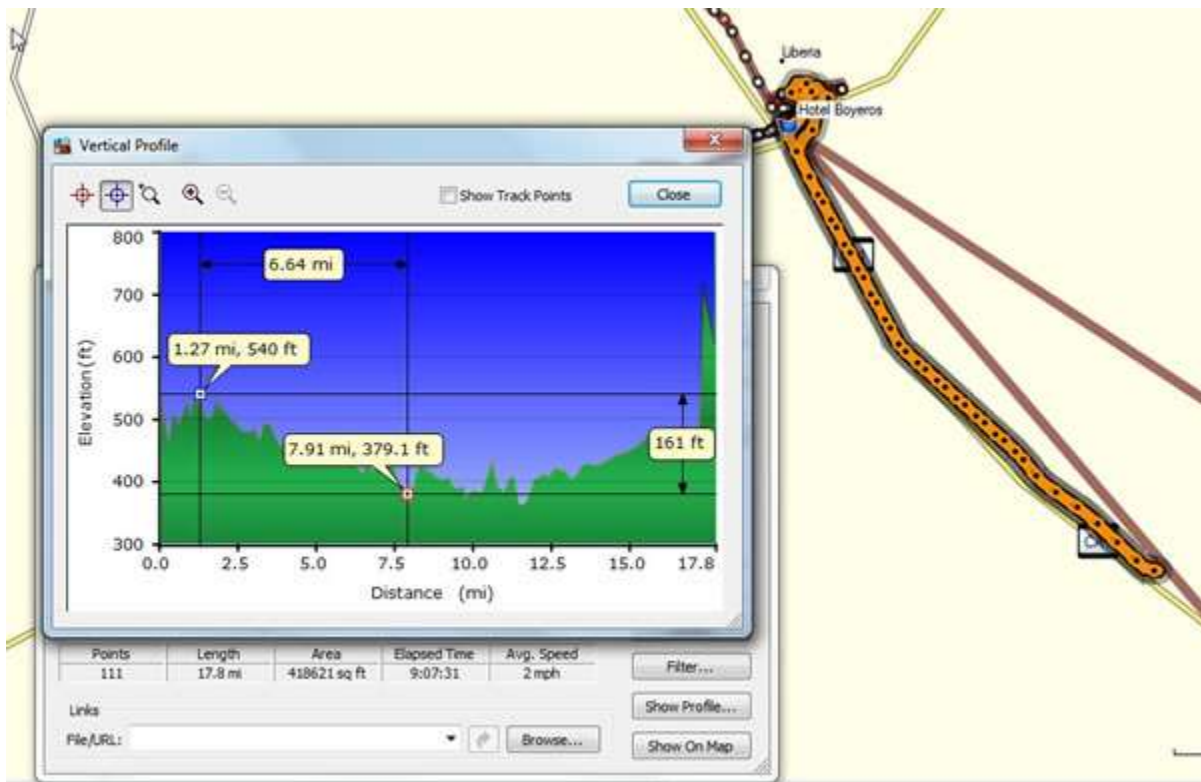
Day 1, Saturday, April 20, 2019 - Route Map – Managua, Nicaragua to Rivas, Nicaragua (mostly on bus).



Day 2, Sunday, April 21, 2019 - Route Map – Rivas, Nicaragua to La Cruz, Costa Rica.



Day 3, Monday, April 22, 2019 - Route Map – La Cruz, Costa Rica to Liberia, Costa Rica.



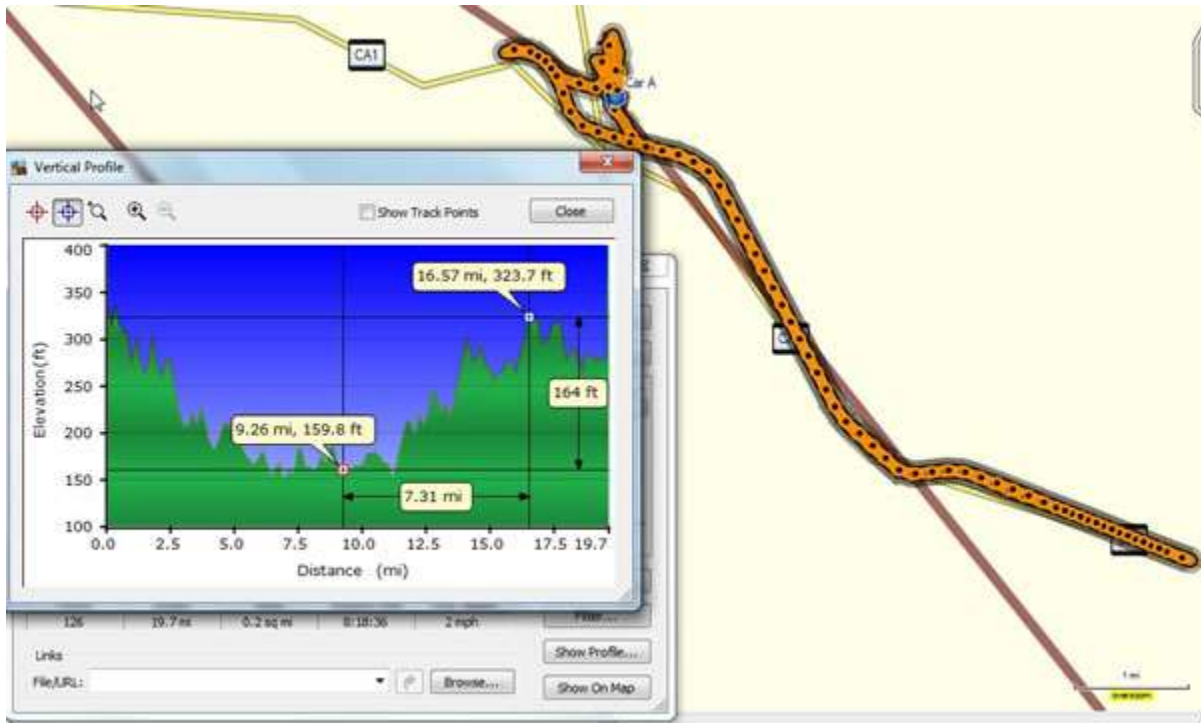
Day 4A Tuesday, April 23, 2019 - Route Map – Short out and back ride from Liberia, Costa Rica.



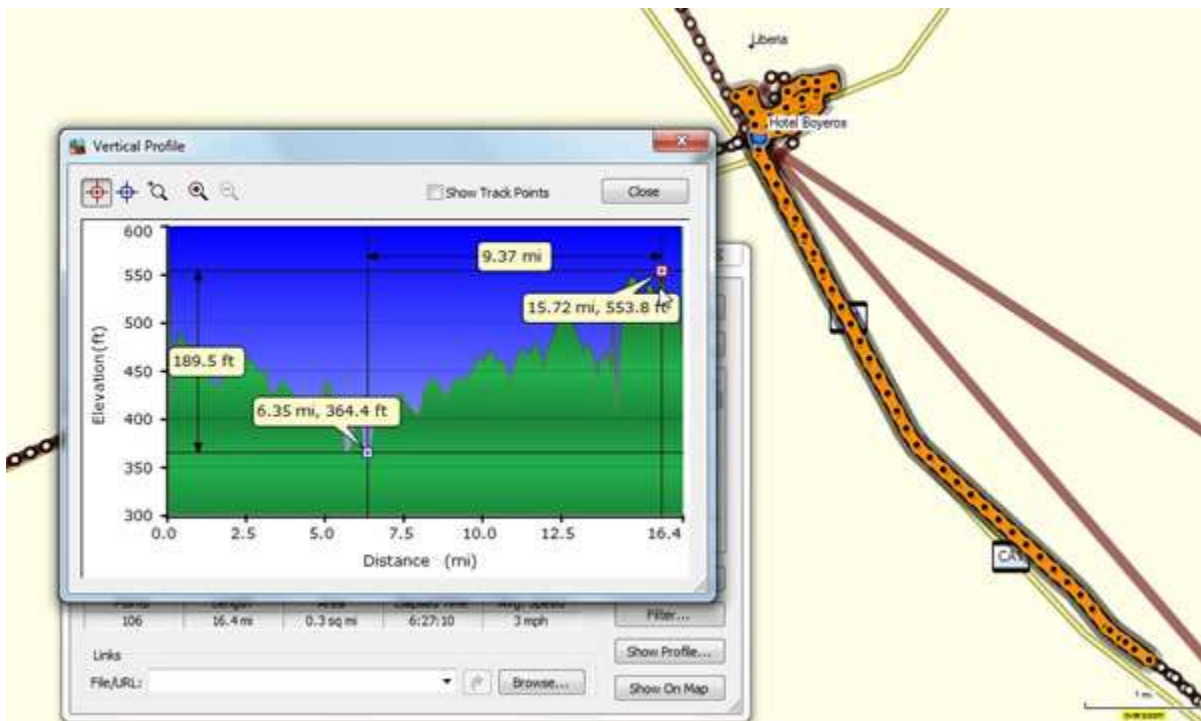
Day 4B Tuesday, April 23, 2019 - Route Map – Short out and back ride near Manuel Antonio National Park, Costa Rica.

Day 05 Wednesday, April 24, 2019 - No cycling - Hiked around Manuel Antonio National Park, Costa Rica and then drove to Monteverde Cloud Forest Reserve.

Day 06 Thursday, April 25, 2019 - No Cycling - Hiked in Monteverde Cloud Forest Reserve.



Day 7 Friday, April 26, 2019 - Route Map – Short out and back ride from Bagaces, Costa Rica.



Day 8 Saturday, April 27, 2019 - Route Map – Short out and back ride from Liberia, Costa Rica.