

Miles Biked: Total bike miles about 261.55 miles

Days of biking: 5 days

Location: Ecuador and Peru

Total Expenses: ≈ \$7837.64 USD

Day 1, Friday, August 23, 2019

Daily Bike Miles: 0 miles

Location: Portland, Oregon, USA to Boston, Massachusetts, USA

Points of interest:

1. Flight left Portland 2 hours early (left at about 10:20 PM, originally scheduled to leave at 11:57 PM) – good thing I looked up the time the previous day on-line (no e-mail notice from JetBlue) Flight out of Portland was 11:57 PM. I did not sleep very good on plane.

Expenses: 95 USD – Luggage and food.

Accommodations: Slept on flight to Boston

Day 2, Saturday, August 24, 2019

Daily Bike Miles: 0 miles

Location: Boston, Massachusetts, USA to Quito, Ecuador

Points of interest:

1. Flight from Portland to Fort Lauderdale, Florida was flawless.

3. We did a lot of walking while waiting for our flight out of Fort Lauderdale.

4. We flew to Quito and arrived at about 11:20 PM

5. We repack for the Galapagos and went to sleep after midnight.

Expenses: 44.01 USD – Food

Accommodations: Slept at Hotel Wyndham Quito Airport in Quito, Ecuador

Day 3, Sunday, August 25, 2019

Daily Bike Miles: 0 miles

Location: Quito, Ecuador to Galapagos islands

Points of interest:

1. Flew to Baltra Island, Galapagos, Ecuador

2. We saw sea lions and blue-footed booby birds.

3. We saw Marine iguanas, flamingo birds and hiked at Las Bachas Beach on Santa Cruz Island

4. That night we boated to Genovesa Island. It was a very bumpy ride, no one slept great that night.

Expenses: 152 USD – Tax, transportation and Eco fee

Accommodations: Slept at Galapagos Cruise boat

Day 4, Monday, August 26, 2019

Daily Bike Miles: 0 miles

Location: Galapagos islands

Points of interest:

1. On Genovesa Island we saw red-footed booby birds, Galapagos short-eared owls, Red-billed Tropic-bird and several other birds.
2. Was sideswiped by a sea lion.
3. Took Prince Philip steps to the top of Genovesa island.

Expenses: 0 USD – All fees prepaid

Accommodations: Slept at Galapagos Cruise boat

Day 5, Tuesday, August 27, 2019

Daily Bike Miles: 0 miles

Location: Galapagos islands

Points of interest:

1. Near the Pinnacle Rock we saw penguins
2. Hike to the top of Bartolome Island and the boardwalk trail.
3. Hiked the lava flows on Santiago Island at Sullivan Bay
4. Snorkeling from Sullivan Bay, we saw turtles, stingrays, a penguin and other neat fish.

Expenses: 0 USD – All fees prepaid

Accommodations: Slept at Galapagos Cruise boat

Day 6, Wednesday, August 28, 2019

Daily Bike Miles: 0 miles

Location: Galapagos islands

Points of interest:

1. At Black Turtle Cove we saw large sea turtles and sting rays.
2. Cerro Dragon Hill on Santa Cruz, Island – We saw both Marine iguanas and land iguanas.
3. We walked the streets of Puerto Ayora, on Santa Cruz Island.

Expenses: 130 USD –souvenirs, rental and tips

Accommodations: Slept at Galapagos Cruise boat

Day 7, Thursday, August 29, 2019

Daily Bike Miles: 0 miles

Location: Galapagos islands to Quito, Ecuador

Points of interest:

1. Visited Charles Darwin Station
2. Saw land tortoises on a farm.
3. Flew to Quito and repacked for Machu Picchu

Expenses: 54 USD – Transportation, Hotel upgrade and souvenirs

Accommodations: Slept at Wyndham Quito Airport Hotel in Quito, Ecuador

Day 8, Friday, August 30, 2019

Daily Bike Miles: 0 miles

Location: Quito, Ecuador to Lima, Peru

Points of interest:

1. Went to Tour a crater near Quito, but it was closed due to a fire.
2. Visited museum Tempo Del Sol.
3. Visited the equator near Quito.
4. Climbed stairs in clock tower at Basílica del Voto Nacional church

Expenses: 198.50 USD and 19 SOL – Tour fees, Luggage fees and ATM fee

Accommodations: Slept at Lima airport in Peru.

Day 9, Saturday, August 31, 2019

Daily Bike Miles: 0 miles

Location: Lima, Peru to Cusco, Peru

Points of interest:

1. Slept in benches at the airport.
2. Visited historic building in Cusco
3. Checked in for our Inca trail hike. They provided us with our pre-trip briefing
4. Bought bus ticket to Puquio

Expenses: 22.00 USD and 180.10 SOL – Souvenirs, Tips, Bus ticket, ATM Fee and food

Accommodations: Slept at Casa Andina Premium Hotel in Cusco, Peru

Day 10, Sunday, September 1, 2019

Daily Bike Miles: 0 miles

Location: Cusco, Peru

Points of interest:

1. Hiked to Cristo Blanco
2. On the Cusco tour we had to buy a “Boleto Turistico Cusco Tourist Ticket” which provides access to Cusco cathedral, Religious Art Museum, Church of San Blas, Regional History Museum, Saqsaywaman, Qenqo, Puka Pukara, Tambomachay, Pisac ruins, Ollantaytambo ruins, Chinchero, Pachacutec Monument and Performance of Andean dance and live music.
3. On our Cusco tour we visited 4 archeological sites (Saqsaywaman, Qenqo, Puka Pukara and Tambomachay).
3. Visited Church of Santo Domingo

Expenses: 378 SOL – Food, Entrance fees, Photo of lady and ATM fees

Accommodations: Slept at Casa Andina Premium Hotel in Cusco, Peru

Day 11, Monday, September 2, 2019

Daily Bike Miles: 0 miles

Location: Cusco, Peru

Points of interest:

1. Sacred Valley tour
2. Feed alpaca/ llama at a farm
3. Pisac archeological park
4. Visited archeological park in Ollantaytambo
5. Visited Salineras de mares salt mine
6. Visited Moray Archeological Park

Expenses: 55 USD – park entry fees, photos with locals, water, Souvenirs and ATM fee

Accommodations: Slept at Casa Andina Premium Hotel in Cusco, Peru

Day 12, Tuesday, September 3, 2019

Daily Bike Miles: 0 miles

Location: Cusco, Peru to Inca Trail - Cusco – Km 82 – Ayapata

Points of interest:

1. Woke at 4:30 AM to get ready for the start of our Inca trail hike.
2. By the time, we arrived at the trailhead it was around 8:00 AM.
3. First day's hike was easy.

Expenses: 125 SOL – Water and hiking equipment

Accommodations: Camping at Ayapata on the Inca trail near Machu Picchu, Peru

Day 13, Wednesday, September 4, 2019

Daily Bike Miles: 0 miles

Location: Inca Trail - Ayapata – Chaquicocha

Points of interest:

1. Hike over Dead Woman's pass and Runcuraccay pass
2. Visited Inca site of Runcuraccay and Inca site of Sayacmarca
3. There were lots of llama walking around our night's campsite.

Expenses: 0 USD – Everything was prepaid on the Ica trail hike

Accommodations: Camping at Chaquicocha on the Inca trail near Machu Picchu, Peru

Day 14, Thursday, September 5, 2019

Daily Bike Miles: 0 miles

Location: Inca Trail - Chaquicocha – Wiñay Wayna

Points of interest:

1. Visited Phuyupatamarca ruins.
2. From our hiking trail we had views of Aguas Calientes, Machu Picchu Mountain, and Huayna Picchu mountain
3. Visited intipata ruins with our guide,
4. From camp we visited Wiñay Wayna ruins without our guide.

Expenses: 105 USD – Tip for Porters and Cook, (Total tip was 205 USD Marty paid \$100.00 USD)

Accommodations: Camping at Wiñay Wayna on the Inca trail near Machu Picchu, Peru

Day 15, Friday, September 6, 2019

Daily Bike Miles: 0 miles

Location: Wiñay Wayna – Machu Picchu – Cusco

Points of interest:

1. Had to wake up at 3:30 AM.
2. Arrived at the Sun gates early for a great view of Machu Picchu.
3. Had private tour of Machu Picchu.
4. Hike up Huayna Picchu mountain.
5. Took a bus from Machu Picchu to Aguas Calientes
6. We took the train from Aguas Calientes to Ollantaytambo.
7. Took a taxi from Ollantaytambo to Cusco

Expenses: 50 USD and 128 SOL – Bathroom, Tip to Inca trail guide (Total tip was 80 USD Marty paid \$30.00 USD), food and ATM fees.

Accommodations: Slept at Casa Andina Premium Hotel in Cusco, Peru

Day 16, Saturday, September 7, 2019

Daily Bike Miles: 0 miles

Location: Cusco, Peru to 67 miles from Puquio, Peru

Points of interest:

1. I took an 8:00 AM bus to Puquio,
2. The bus broke down 10 hours into the trip.
3. It took 15 hours for a replacement bus.
4. It was cold so a man from the bus set a truck tire on fire to keep us warm.

Expenses: 1.4 SOL – Cusco bus station exit fee

Accommodations: Slept on stranded bus at about 14,000 feet elevation near Puquio, Peru

Day 17, Sunday, September 8, 2019

Daily Bike Miles: 9.97 miles

Location: 67 miles from Puquio, Peru to Nazca, Peru

Points of interest:

1. We were able to get onto a replacement bus at 9:19 AM and a mechanic showed up to fix the broken bus.
2. We saw a bus turned over on the highway on our way to Puquio.
3. I did the Nazca lines scenic flight.

Expenses: 140 USD and 140.5 SOL – Nazca flight, hotel and liquids

Accommodations: Slept at Challaca Hotel in Nazca, Peru

Day 18, Monday, September 9, 2019

Daily Bike Miles: 90.98 miles

Location: Nazca, Peru to Ica, Peru

Points of interest:

1. Woke around 6:00 AM.
2. Checked out the Nazca Lines viewing tower.
3. The first 30 miles of cycling was flat with tailwinds.
4. The next 30 miles I had headwinds and a big uphill section.
5. The final 30 miles to Ica was easy, flat with tailwinds.

Expenses: 74.2 SOL – Nazca tower, hotel and food

Accommodations: Slept at Hotel El Embrujo in Ica, Peru

Day 19, Tuesday, September 10, 2019

Daily Bike Miles: 74.07 miles

Location: Ica, Peru to Chincha Alta, Peru

Points of interest:

1. In the morning, I had a flat tire and fixed it with air. It did not go low for another 37 miles.
2. When I decided to fix my flat, I found the spare tube was mismarked (too big for tire) and my patch kit glue was almost dried up.
3. I walked around Chincha Alta for about an hour.
4. The hotel was moldy.

Expenses: 48.6 SOL – Hotel and liquid

Accommodations: Slept at Hospedaje Imperio in Chincha Alta, Peru

Day 20, Wednesday, September 11, 2019

Daily Bike Miles: 57.8 miles

Location: Chincha Alta, Peru to Paracas, Peru

Points of interest:

1. Noisy hotel for most of the night.
2. I left Chincha Alta hotel at 6:22 AM and was in Pisco by about 11:00 AM.
3. Saw lots of cool birds on Pisco waterfront and even saw a flamingo fly past me.
4. I tried cycling to Paracas nation reserve, but I was too late to enter the park with a bicycle.
5. I reunited with Marty at our hotel in Paracas.

Expenses: 54.41 USD and 22.5 SOL – hotel and food

Accommodations: Slept at Hotel Residencial Los Frayles in Paracas, Peru

Day 21, Thursday, September 12, 2019

Daily Bike Miles: 0 miles

Location: Paracas, Peru to Lima, Peru

Points of interest:

1. Went on Ballestas Island tour. Saw sea lions, penguins and several other birds.
2. Took Peru Hop tour of Paracas National Reserve.
3. Checked out estate with slave tunnels in Chincha Alta.
4. I forgot one of my bags on the bus in Lima. Our support van took us to the bus and I was able to retrieve my lost bag.

Expenses: 130 SOL – Tips and food

Accommodations: Slept at Ibis Lima Reducto Miraflores in Lima. Peru

Day 22, Friday, September 13, 2019

Daily Bike Miles: 0 miles

Location: Lima, Peru

Points of interest:

1. We did not wake up until 8:30 AM.
2. Went to Plaza De Arms during the changing of the guards.
3. Toured the San Francisco cathedral. Our guide let us take photos, even though the signs said no photos.
4. Visited Plaza Bolivar and Palace of Justice.
5. Walked to Kennedy Park.

Expenses: 162.9 SOL – Bus, food and Souvenirs

Accommodations: Slept at Ibis Lima Reducto Miraflores in Lima. Peru

Day 23, Saturday, September 14, 2019

Daily Bike Miles: 28.73 miles

Location: Lima, Peru towards Dallas, Texas

Points of interest:

1. Biked down a traffic filled road to the Lima beach.
2. We cycled south to the Cristo del Pacífico on the hill.
3. We cycled north until the ocean side trail was closed.
4. Packed bike in suitcase at hotel and took a taxi to the airport.

Expenses: 411.1 SOL – Rental bike, transportation, food and Souvenirs

Accommodations: Slept on airplanes traveling to Dallas, Texas, USA

Day 24, Sunday, September 15, 2019

Daily Bike Miles: 0 miles

Location: Peru to Dallas, Texas, USA to Portland, Oregon, USA

Points of interest:

1. Slept for most of the time on both flights.
2. Transition from international flight, through custom, to local flight went very quick and smooth in Dallas.
3. Once in Portland we picked up our luggage and took the max back towards my place.

Expenses: 3.52 USD – Vitamin water

Accommodations: Slept on airplanes and at home in Portland

Day 25, Monday, September 16, 2019

Daily Bike Miles: NA miles

Location: Portland, Oregon, USA

Points of interest:

1. I went to work in the morning.

Expenses: None

Accommodations: Slept at home.

The following is my trip millage spreadsheet.

Date	End GPS miles	Daily GPS miles	Daily missing from GPS	Daily Total	Total	Daily Bike miles	Total Bike miles	Daily Boat miles	Total boat miles	Daily Ground miles	Total Ground miles	American Journey (AJ) bike miles	AJ ground miles	Daily AJ miles	Total AJ miles
8/24/2019	0.63	0.63	0	0.63	0.63	0	0	0	0	0.63	0.63	0	0	0	0
8/25/2019	72.45	71.82	0	71.82	72.45	0	0	71.82	71.82	0	0.63	0	0	0	0
8/26/2019	135.1	62.65	0	62.65	135.1	0	0	62.65	134.47	0	0.63	0	0	0	0
8/27/2019	159.4	24.3	0	24.3	159.4	0	0	24.3	158.77	0	0.63	0	0	0	0
8/28/2019	221.52	62.12	0	62.12	221.52	0	0	62.12	220.89	0	0.63	0	0	0	0
8/29/2019	248.88	27.36	0	27.36	248.88	0	0	0	220.89	27.36	27.99	0	0	0	0
8/30/2019	299.79	50.91	0	50.91	299.79	0	0	0	220.89	50.91	78.9	0	0	0	0
8/31/2019	310.66	10.87	0	10.87	310.66	0	0	0	220.89	10.87	89.77	0	0	0	0
9/1/2019	333.36	22.7	0	22.7	333.36	0	0	0	220.89	22.7	112.47	0	0	0	0
9/2/2019	474.77	141.41	0	141.41	474.77	0	0	0	220.89	141.41	253.88	0	0	0	0
9/3/2019	525.19	50.42	0	50.42	525.19	0	0	0	220.89	50.42	304.3	0	0	0	0
9/4/2019	529	3.81	6.19	10	535.19	0	0	0	220.89	10	314.3	0	0	0	0
9/5/2019	535.2	6.2	0	6.2	541.39	0	0	0	220.89	6.2	320.5	0	0	0	0
9/6/2019	601.97	66.77	9.23	76	617.39	0	0	0	220.89	76	396.5	0	0	0	0
9/7/2019	855.02	253.05	0	253.05	870.44	0	0	0	220.89	253.05	649.55	0	249.24	249.24	249.24
9/8/2019	1086.73	231.71	0	231.71	1102.15	9.97	9.97	0	220.89	231.71	881.26	4.99	176.73	181.72	430.96
9/9/2019	1177.71	90.98	0	90.98	1193.13	90.98	100.95	0	220.89	90.98	972.24	90.98	0	90.98	521.94
9/10/2019	1251.78	74.07	0	74.07	1267.2	74.07	175.02	0	220.89	74.07	1046.31	68.16	0	68.16	590.1
9/11/2019	1303.67	51.89	0	51.89	1319.09	57.08	232.1	0	220.89	51.89	1098.2	0	0	0	590.1
9/12/2019	1526.03	222.36	2	224.36	1543.45	0	232.1	25.11	246	199.25	1297.45	0	122.55	122.55	712.65
9/13/2019	1546.82	20.79	0	20.79	1564.24	0	232.1	0	246	20.79	1318.24	0	0	0	712.65
9/14/2019	1589.46	42.64	0	42.64	1606.88	28.73	260.83	0	246	42.64	1360.88	0	0	0	712.65
Total						260.83		246		1360.88		164.13	548.52	712.65	