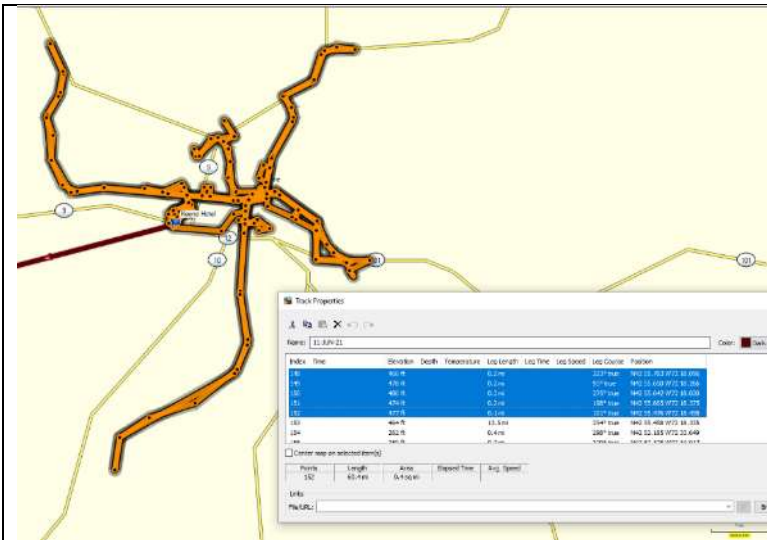
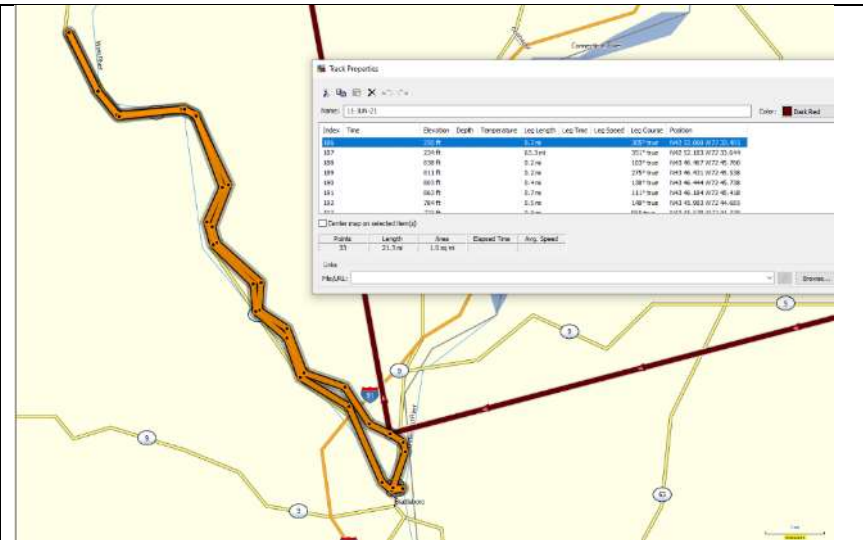


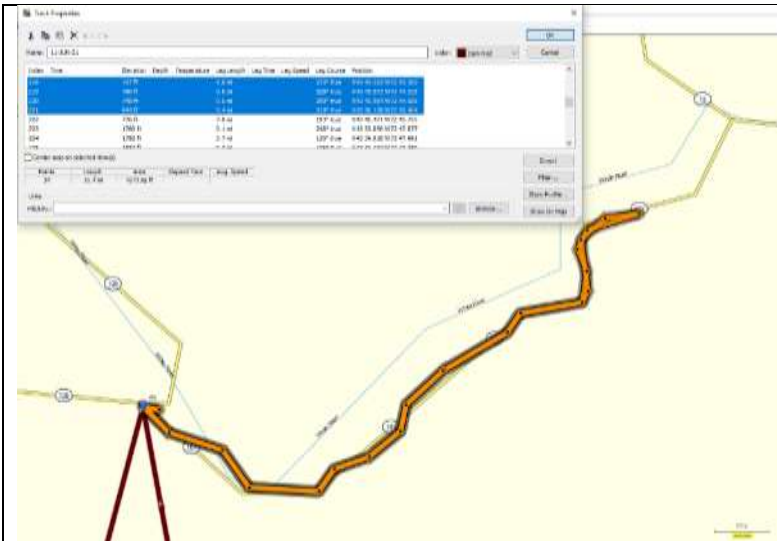
Entire route driven by Ted – New Hampshire, Vermont, New York, Pennsylvania, Maryland, West Virginia, Virginia, Delaware, New Jersey, Connecticut, Rhode Island, Massachusetts and Maine



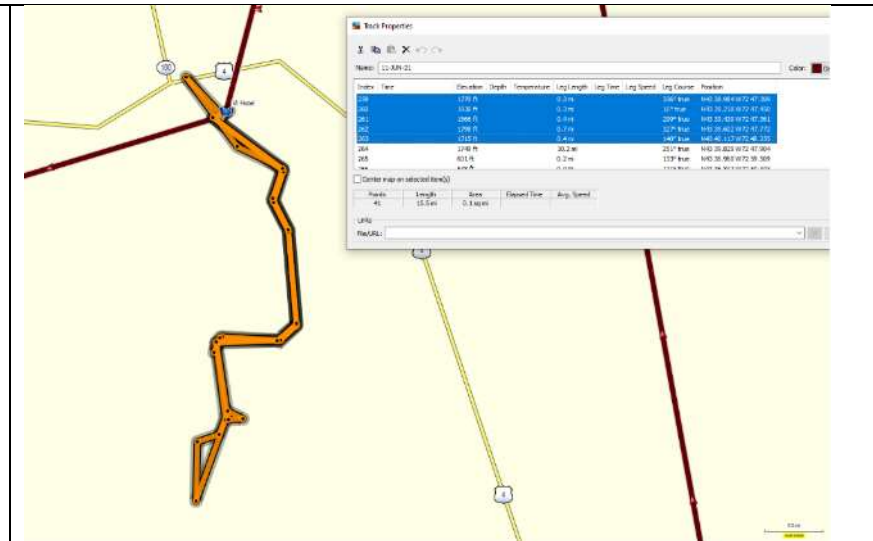
Bike route Ted took near Keene, New Hampshire.



Bike route Ted took near Brattleboro, Vermont.

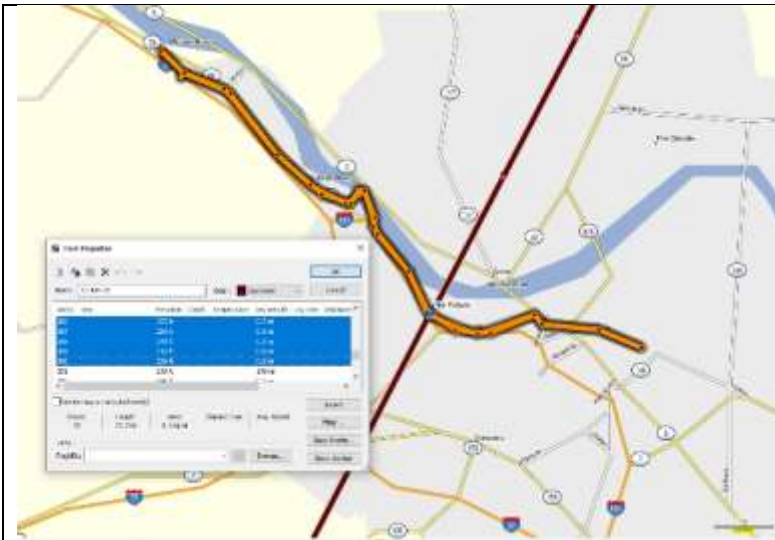


Bike route Ted took near Bethel, Vermont.

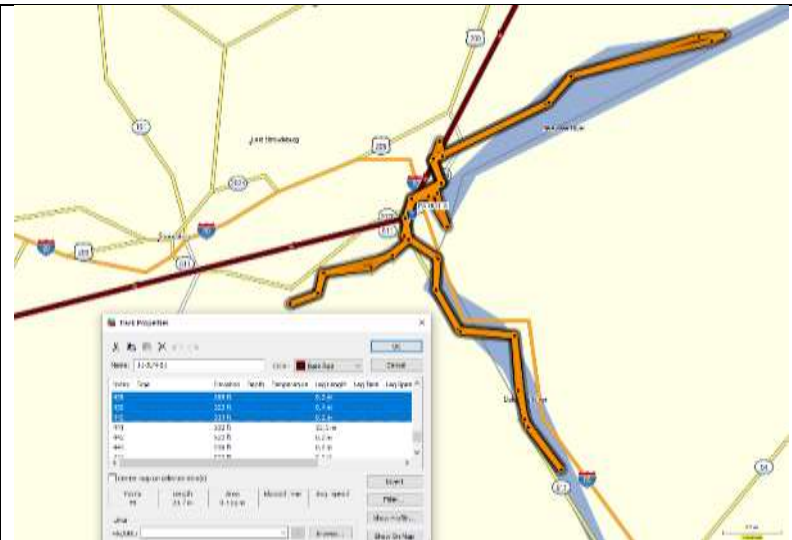


Bike route Ted took near Killington, Vermont.

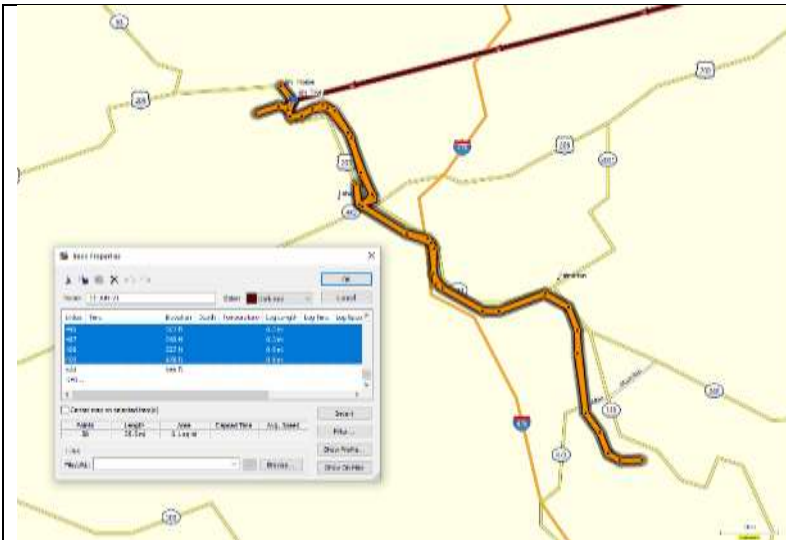




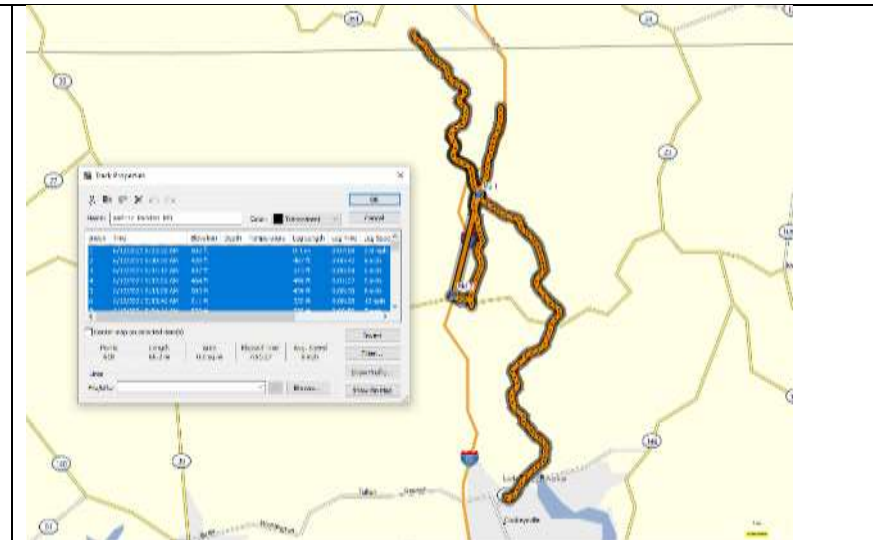
Bike route Ted took near Schenectady, New York.



Bike route Ted took near Delaware Water Gap, Pennsylvania.

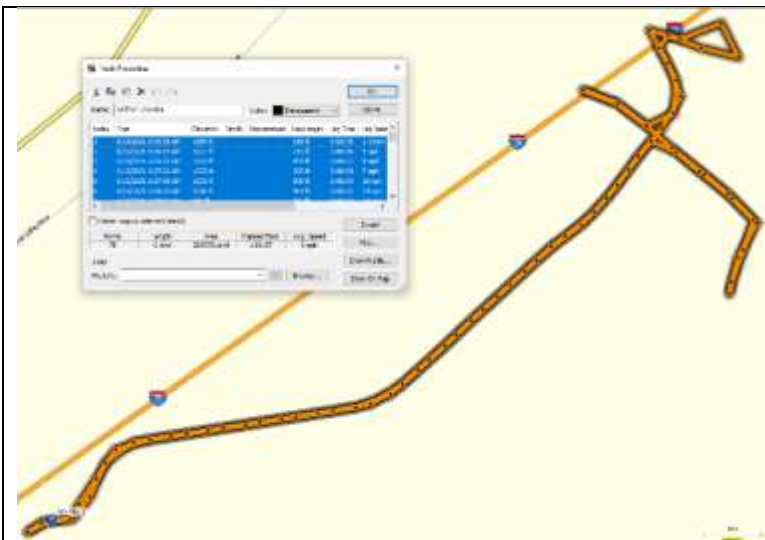


Bike route Ted took near Jim Thorpe, Pennsylvania.

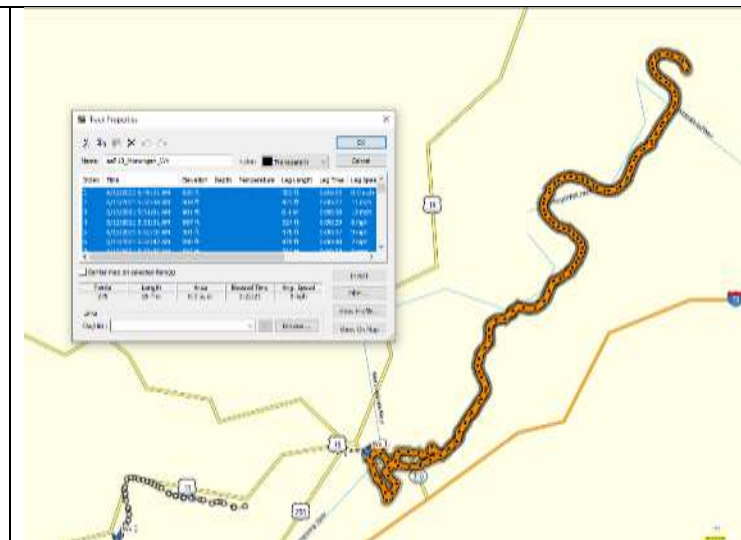


Bike route Ted took near Parkton, Maryland.





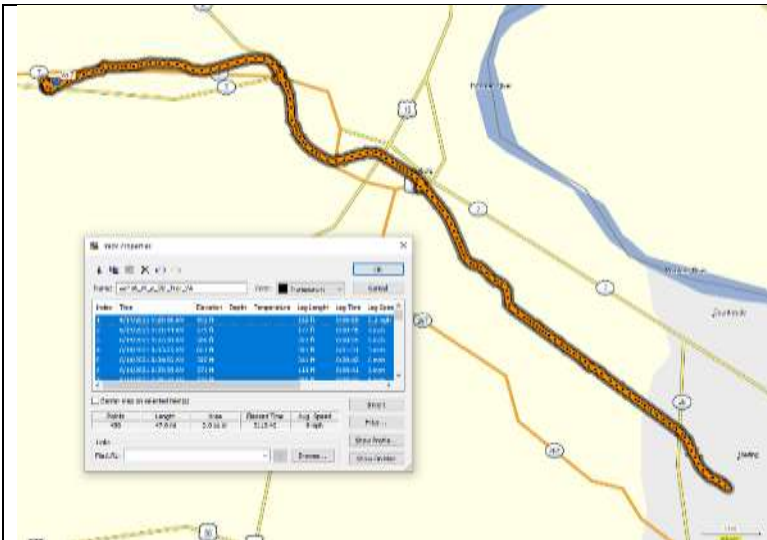
Route from Motel/ Bike route Ted took from Fairmont, West Virginia.



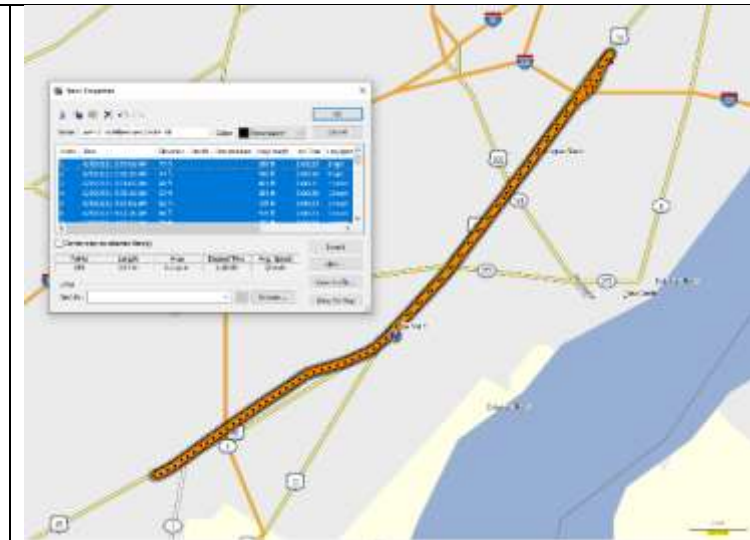
Route from Motel/ Bike route Ted took from Fairmont, West Virginia.



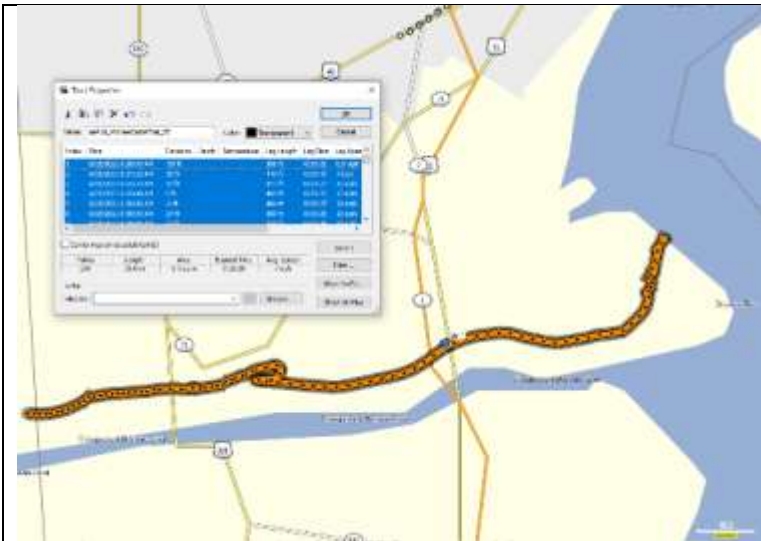




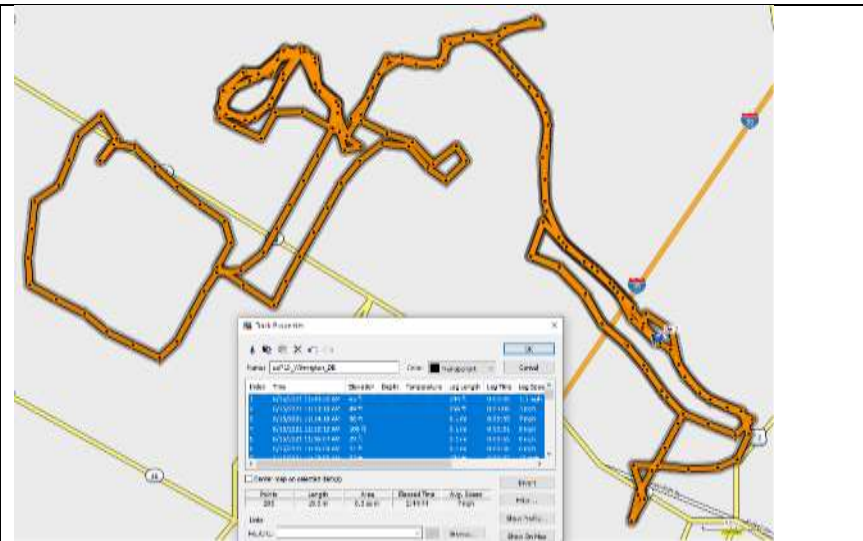
Bike route Ted took on Washington and Old Dominion (W&OD) Railroad trail, Virginia.



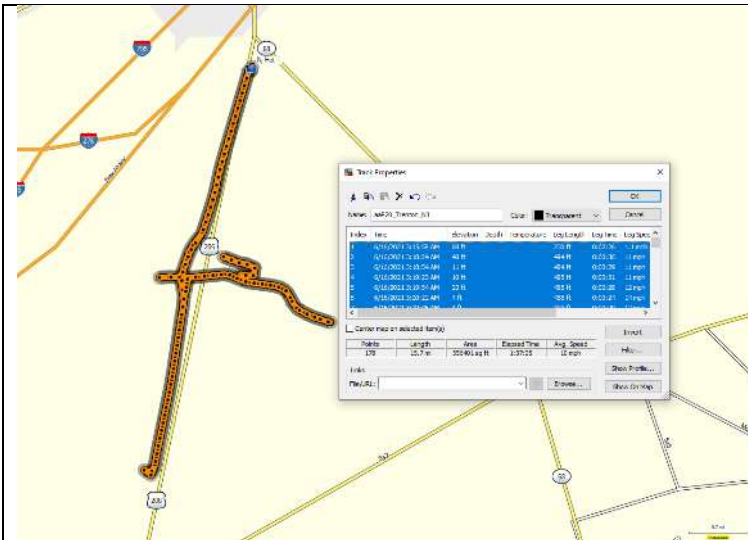
Bike route Ted took near Delaware motel.



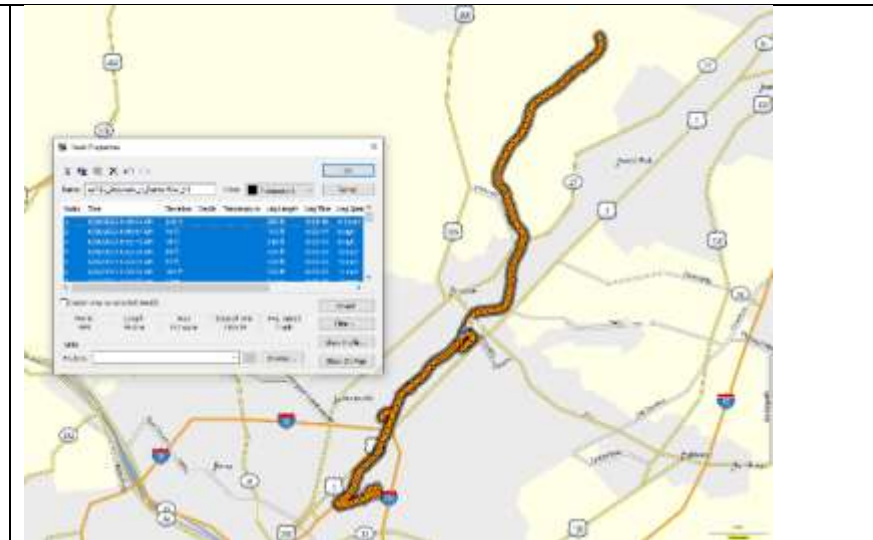
Bike route Ted took on the Michael Castle Trail in Delaware.



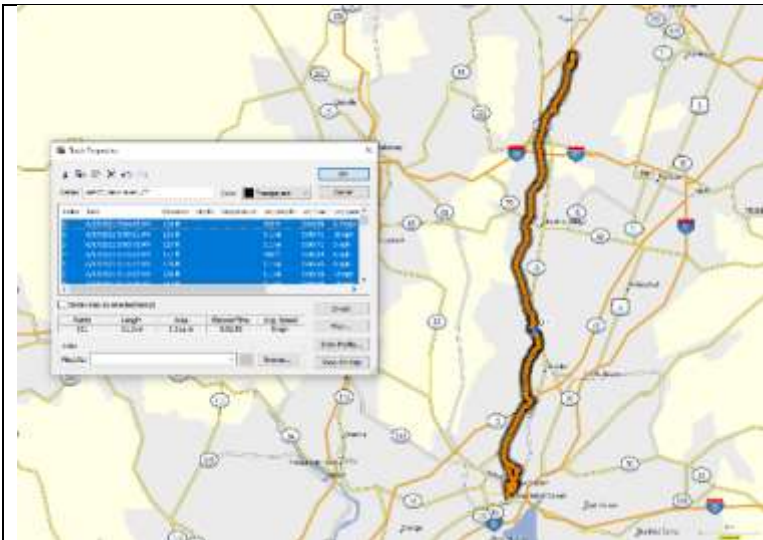
Bike route Ted took in Wilmington, Delaware.



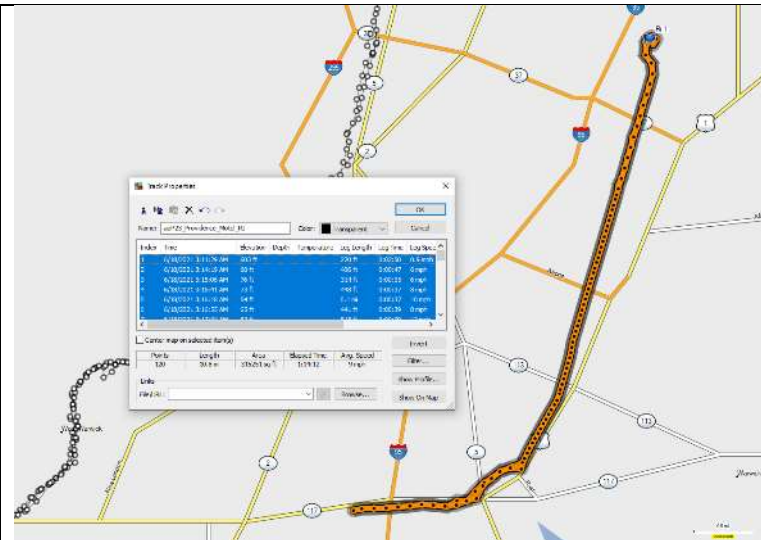
Bike route Ted took near New Jersey motel.



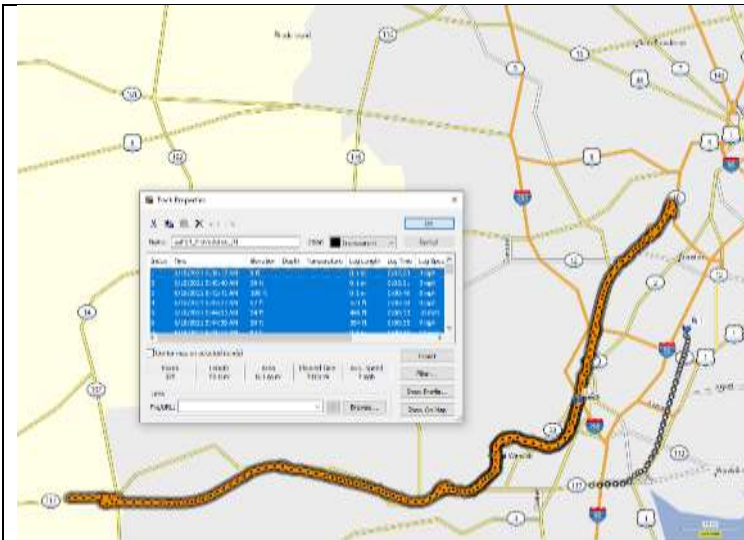
Bike route Ted took near Trenton, New Jersey. (Delaware & Raritan Canal State Park Trail)



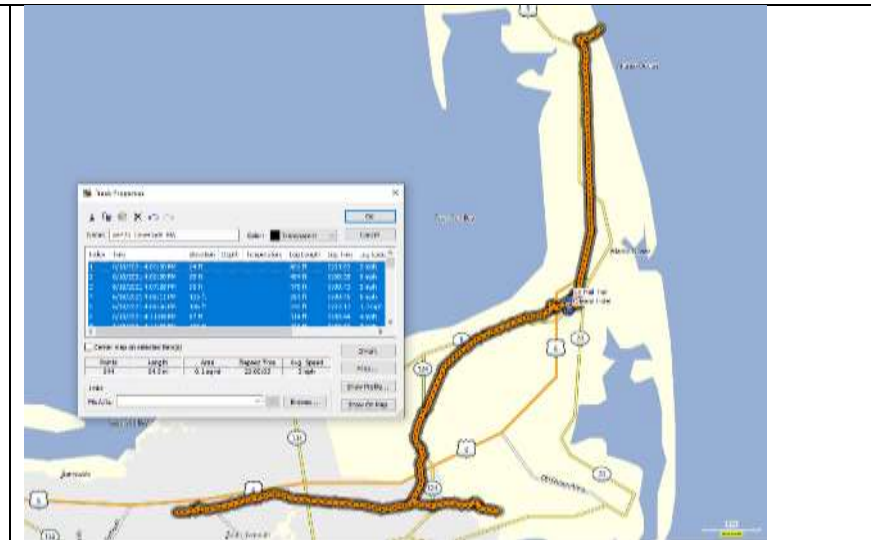
Bike route Ted took near New Haven, Connecticut.



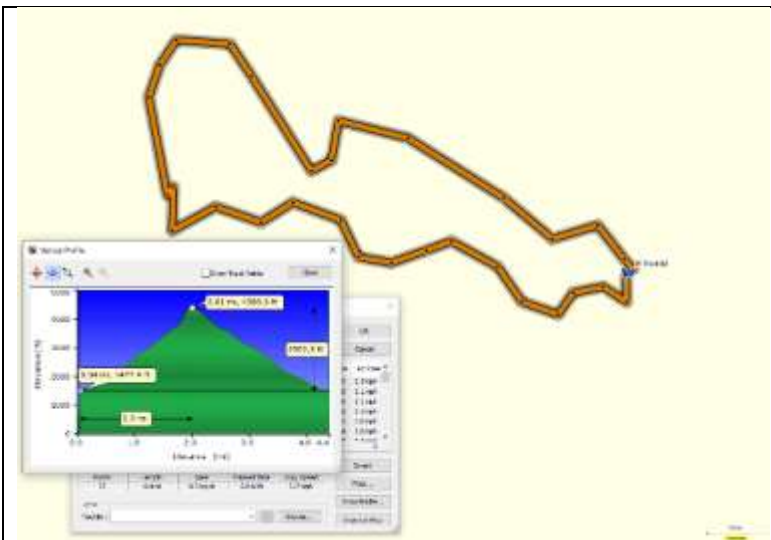
Bike route Ted took near Providence Motel.



Bike route Ted took near Providence, Rhode Island.



Bike route Ted took at Cape Code, Massachusetts. (CRT – Cape Code Rails to Trails)



This is the hiking GPS route with elevation profile Ted recorded while Climbing Mount Mansfield in Vermont.