

Miles Biked: Total bike miles about 134.44 MI (216.36 KM)  
Days of biking: 4 days  
Location: USA States – Louisiana, Mississippi, Florida and Alabama.  
Total Expenses: ≈ \$1540.23 USD

Trip summary:

Total Cycling Millage = 134.44 MI (216.36 KM)

Total Ground Transportation Millage = 654 MI (1052.51 KM)

Table of cycle distance per state and where I stayed for the nights on this trip.

State	Bike Miles (KM)	Spend Night (s)
Louisiana	106 miles (170.59 KM)	New Orleans
Florida	28.44 Miles (45.77 KM)	Pensacola Beach

### **Day 2, Wednesday, March 16, 2022**

Daily Bike Miles: 18.9 miles

Location: Portland, Oregon to New Orleans, Louisiana.

Points of interest:

1. I woke up at 2:30 AM and Marty gave me a ride to the airport.
2. Boarded a flight to Denver at 5:00 AM.
3. I rented a bike from Buzz Nola Bike Rentals in New Orleans.
4. I cycled along the river and around town

Expenses: \$93.96 USD – Taxi, bike rental and food

Accommodations: Slept at Maison Saint Charles by Hotel in New Orleans, Louisiana

**Day 3, Thursday, March 17, 2022**

Daily Bike Miles: 55.1 miles

Location: New Orleans, Louisiana.

Points of interest:

1. I visited the WW II Museum.
2. I went on the Garden district tour.
3. I saw lots of cool birds cycling along the Mississippi river trail. Great bike trail!
4. I checked out the parade at Jackson Square.

Expenses: \$28.83USD – Sun screen and food

Accommodations: Slept at Maison Saint Charles by Hotel in New Orleans, Louisiana

**Day 4, Friday, March 18, 2022**

Daily Bike Miles: 32 miles

Location: New Orleans, Louisiana.

Points of interest:

1. I cycled to Audubon Park, zoo, Mississippi River trail, Armstrong Park and Instrument man fountain. Then I returned my rental bike.
2. Went to a concert at Preservation Hall.
3. I had dinner on Bourbon Street at Mambos.

Expenses: \$59.00 USD – Tip to band and food

Accommodations: Slept at Maison Saint Charles by Hotel in New Orleans, Louisiana

**Day 5, Saturday, March 19, 2022**

Daily Bike Miles: 0 miles

Location: New Orleans, Louisiana.

Points of interest:

1. Went on the Whitney Plantation tour.
2. Went on the Hop-on-Hop off tour of New Orleans.

3. I went for a walk and checked out the Italian parade.

Expenses: \$132.26 USD – Gold bond cream, Hop-on-hop off bus, earrings and food.

Accommodations: Slept at Maison Saint Charles by Hotel in New Orleans, Louisiana

### **Day 6, Sunday, March 20, 2022**

Daily Bike Miles: 0 miles

Location: New Orleans, Louisiana to Pensacola Beach, Florida.

Points of interest:

1. We went on a Honey Island Swamp Tours in Slidell, Louisiana.
2. We stopped at the NASA Stennis Visitor Center in Mississippi.
3. We went to Pensacola Beach, Florida.

Expenses: \$139.85 USD – Baseball hat, earrings, NASA patch and food

Accommodations: Slept at Hampton Inn in Pensacola Beach, Florida.

### **Day 7, Monday, March 21, 2022**

Daily Bike Miles: 28.44 miles

Location: Pensacola Beach, Florida

Points of interest:

1. I cycled to Fort Pickens with Judith, Colleen, Nancy and Janice.
2. We had heavy head winds on the ride back to Pensacola Beach.

Expenses: \$125.98 USD – Rental bike, souvenir and food

Accommodations: Slept at Hampton Inn in Pensacola Beach, Florida

### **Day 8, Tuesday, March 22, 2022**

Daily Bike Miles: 0 miles

Location: Pensacola Beach, Florida to Mobile, Alabama.

Points of interest:

1. We went to the Pensacola Naval base Museum.
2. We stayed in Mobile Alabama and there were tornado warnings that night.

Expenses: \$55.51 USD – Movie at Naval Base Museum and food  
Accommodations: Slept at Mobile Hampton Inn in Mobile, Alabama

**Day 9, Wednesday, March 23, 2022**

Daily Bike Miles: 0 miles

Location: Mobile, Alabama

Points of interest:

1. We went to Dauphin Island.

Expenses: \$0 USD – Nothing

Accommodations: Slept at Mobile Hampton Inn in Mobile, Alabama

**Day 10, Thursday, March 24, 2022**

Daily Bike Miles: 10.45 miles (Portland, miles are not included in this trip)

Location: Mobile, Alabama to Portland, Oregon.

Points of interest:

1. We woke up at 3:40 AM and I meet my group at 4:00 AM to drive back to New Orleans.

2. We flew back to Portland, Oregon.

3. Once home I cycled to REI and went on a Mazama Ramble.

Expenses: \$4.84 USD – Train (MAX) ticket to get home from airport and food.

Accommodations: Slept at my home in Portland, Oregon.

**Day 11, Friday, March 25, 2022**

I went to work at 7:30 AM.

Total Cycling Millage = 134.44 MI (216.36 KM)

Date	Distance	End City	State	Comment
3/16/2022	18.9 MI (30.42 KM)	New Orleans	Louisiana	City/ Mississippi River trail.

3/17/2022	55.1 MI (88.67 KM)	New Orleans	Louisiana	City/ Mississippi River trail.
3/18/2022	32 MI (51.5 KM)	New Orleans	Louisiana	City parks and around town.
3/21/2022	28.44 MI (45.77 KM)	Pensacola Beach	Florida	Pensacola Beach to Fort Pickens/ back.

Total Ground Transportation Millage = 654 MI (1052.51 KM)

Date	Distance	End City	State	Comment
3/16/2022	15 MI (24.14 KM)	New Orleans	Louisiana	New Orleans airport to Maison Saint Charles Hotel
3/19/2022	100 MI (160.93 KM)	New Orleans	Louisiana	St Charles Hotel to/from Whitney planation and hop On-Off bus tour
3/20/2022	221 MI (355.66 KM)	Pensacola Beach	Florida	St Charles Hotel to Honey Island Swamp to Pensacola Beach
3/22/2022	86 MI (138.4 KM)	Mobile	Alabama	Pensacola Beach to Seville historic district to Naval Museum to Mobile, Alabama
3/23/2022	77 MI (123.92 KM)	Mobile	Alabama	Mobile to Dauphin Island and them back to Mobile

3/24/2022	155 MI (249.45 KM)	New Orleans	Louisiana	Mobile to New Orleans airport
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