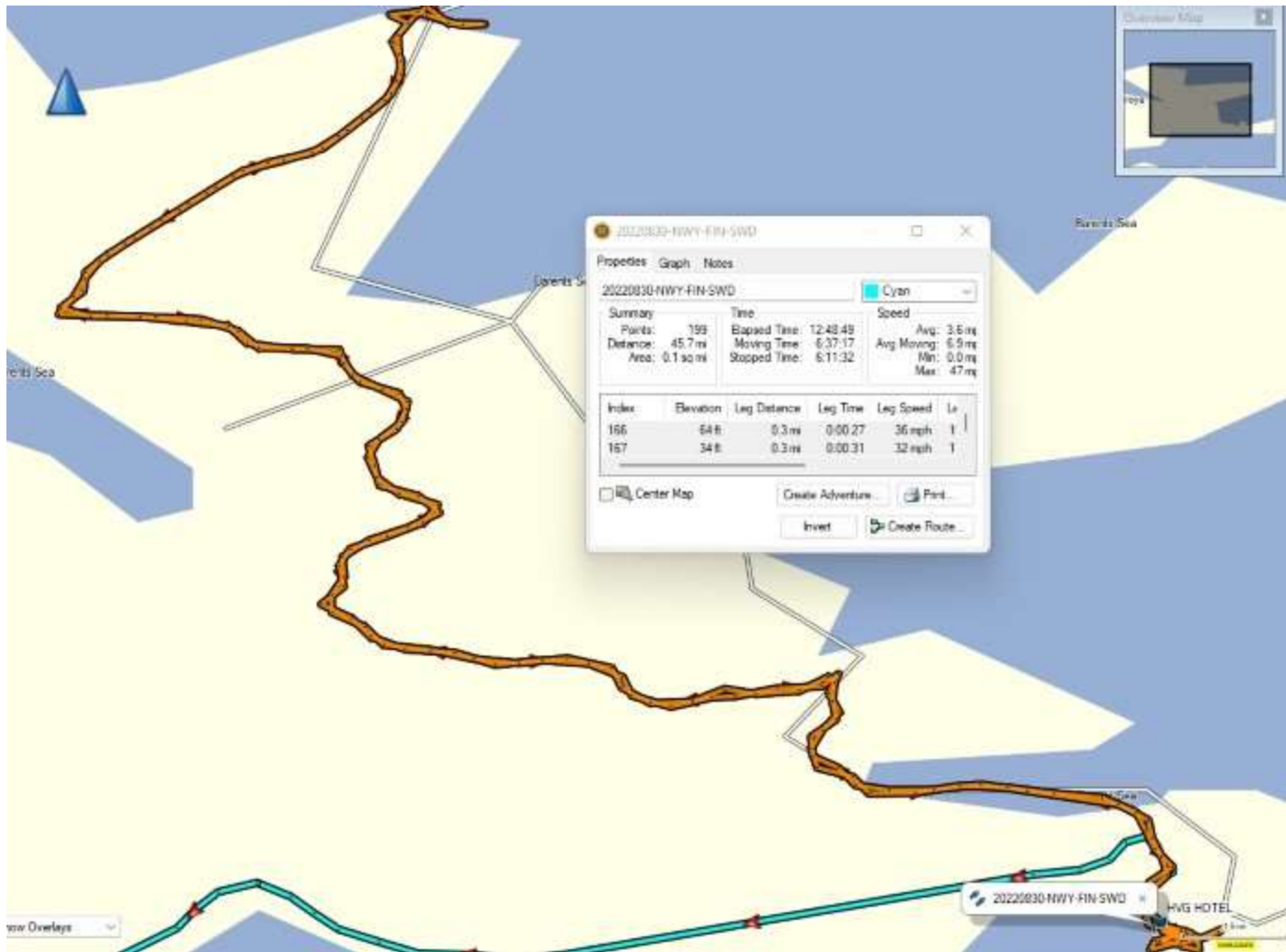
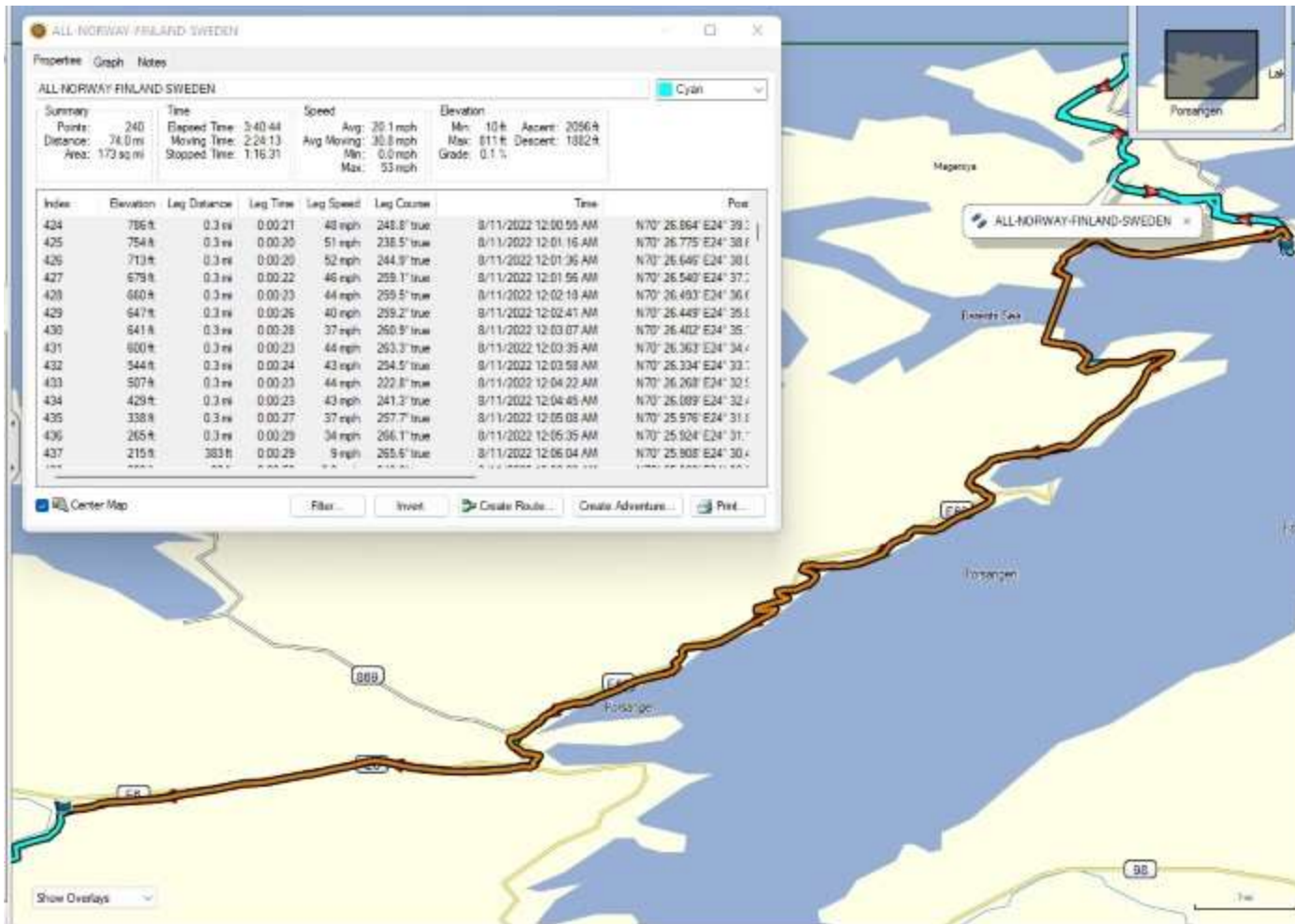


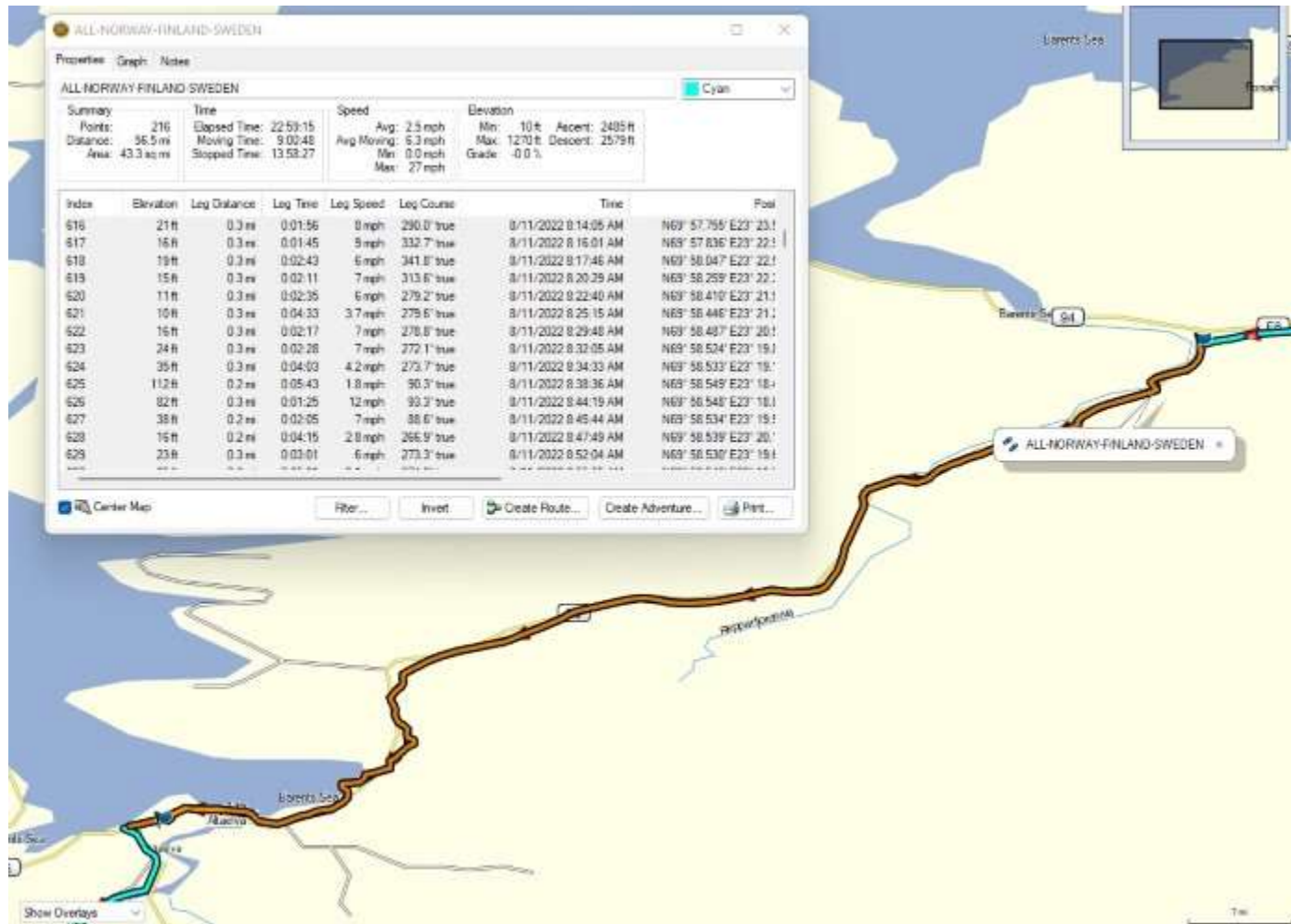
Entire trip – Total 1465.87 Miles (Cycled = 1081.55 miles/ Transportation = 384.32 miles) Norway, Finland and Sweden.



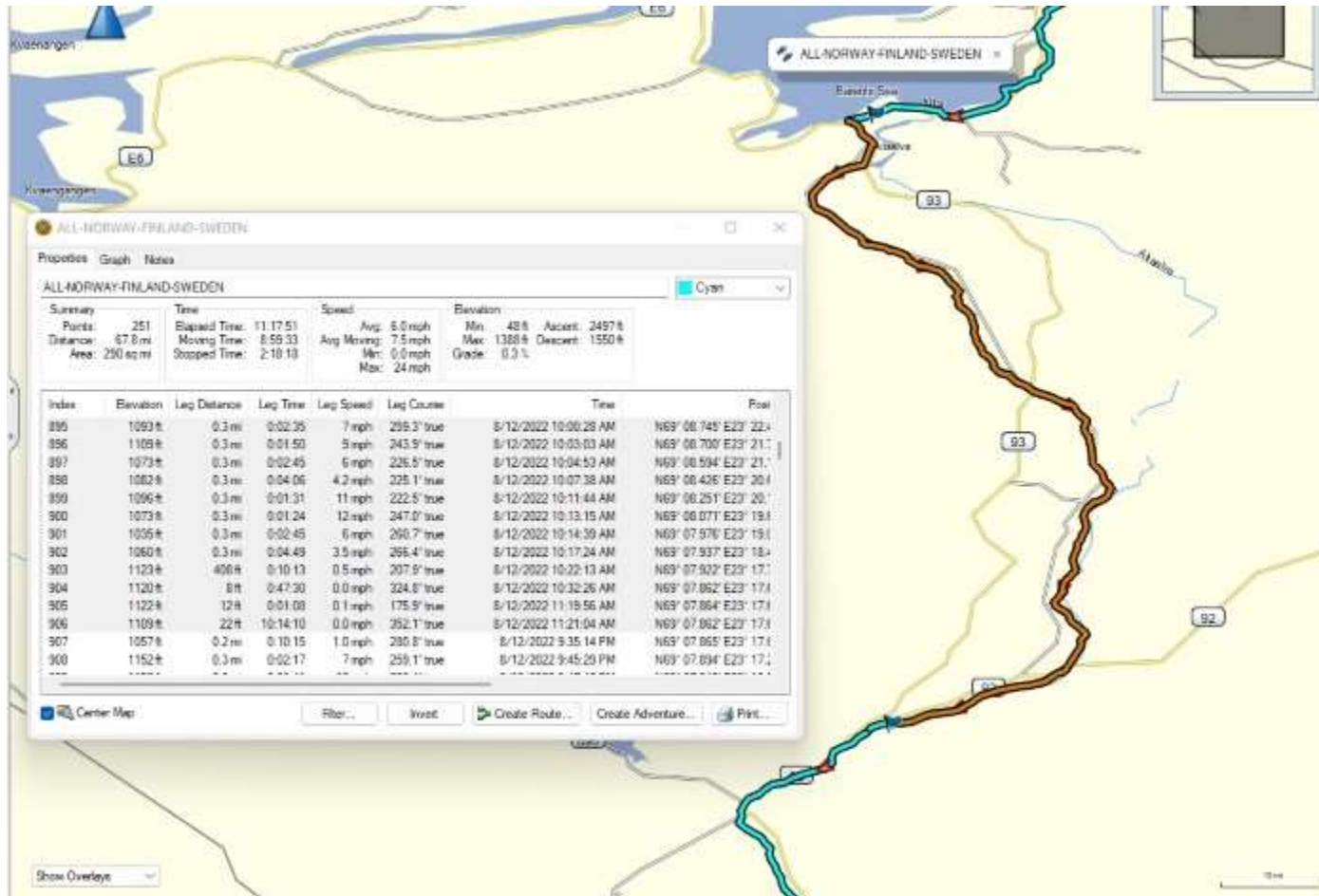
Day 2-3, Tuesday- Wednesday, August 09-10, 2022 – Sprinter Van 45.7 miles - Honningsvåg, Norway to/ from Nordkapp, Norway.



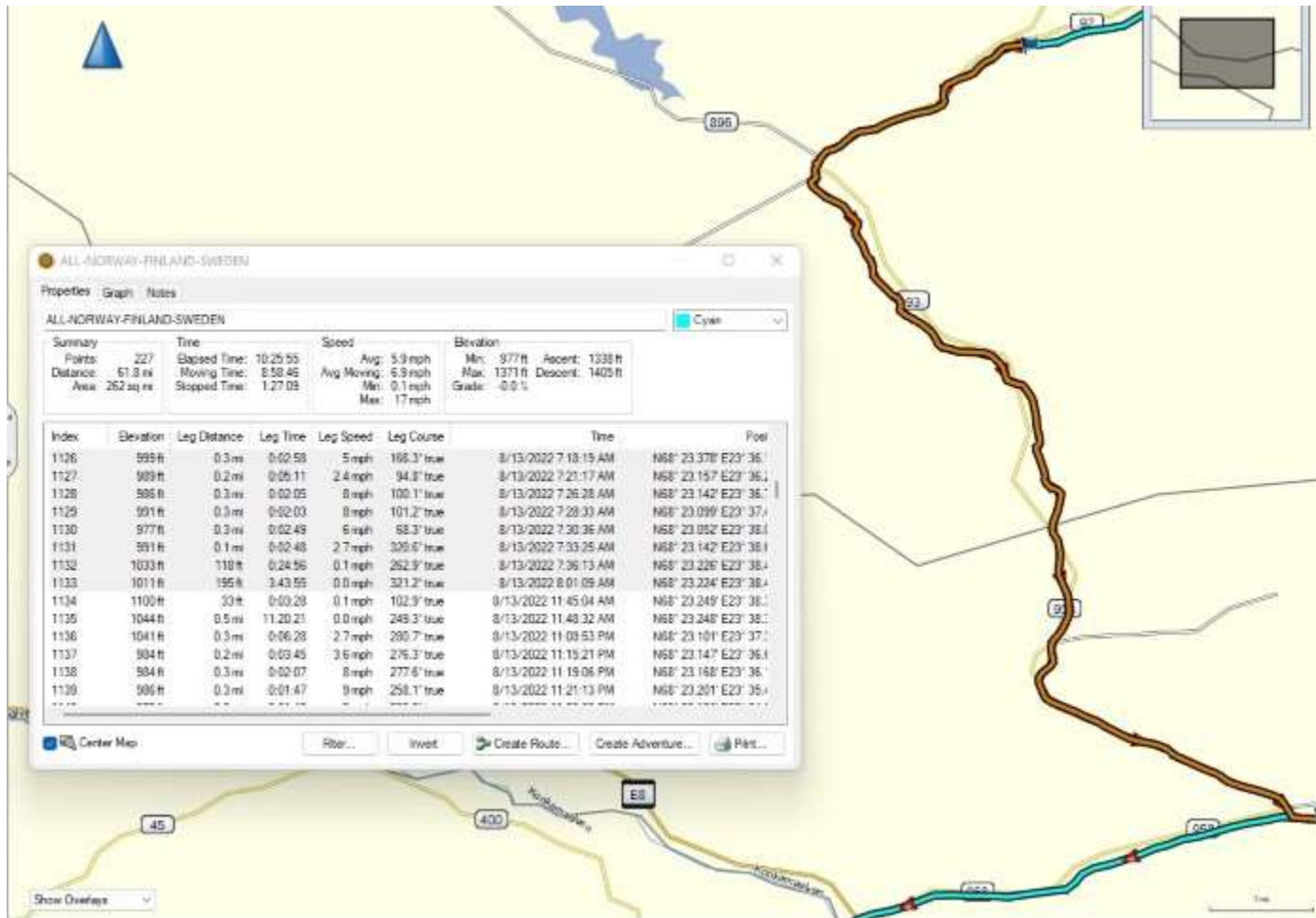
Day 4, Thursday, August 11, 2022 - Bus 74 Miles - Honningsvåg, Norway to Skaidi, Norway.



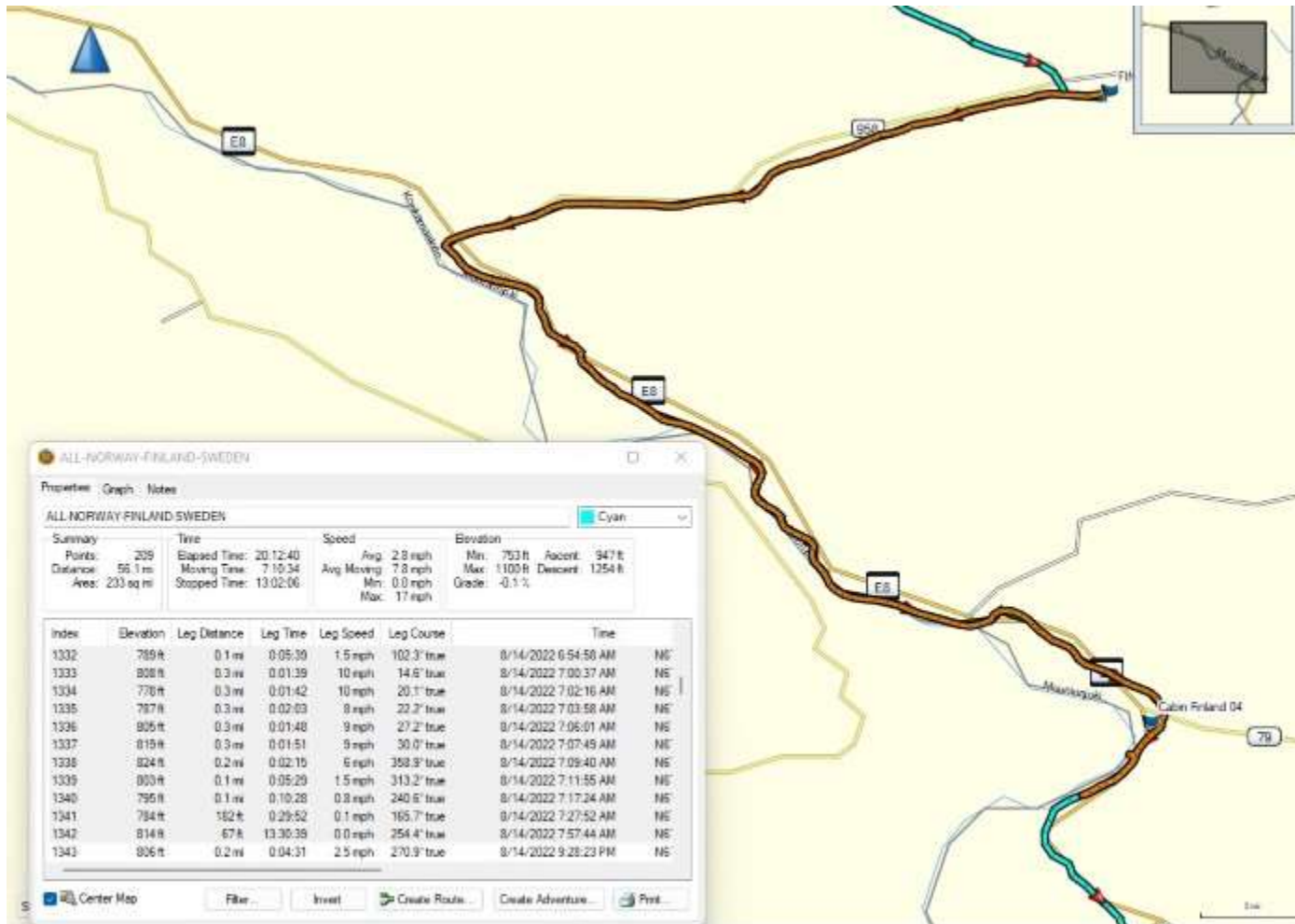
Day 4, Thursday, August 11, 2022 – Cycle 57.2 miles - Skaidi, Norway to Alta, Norway.



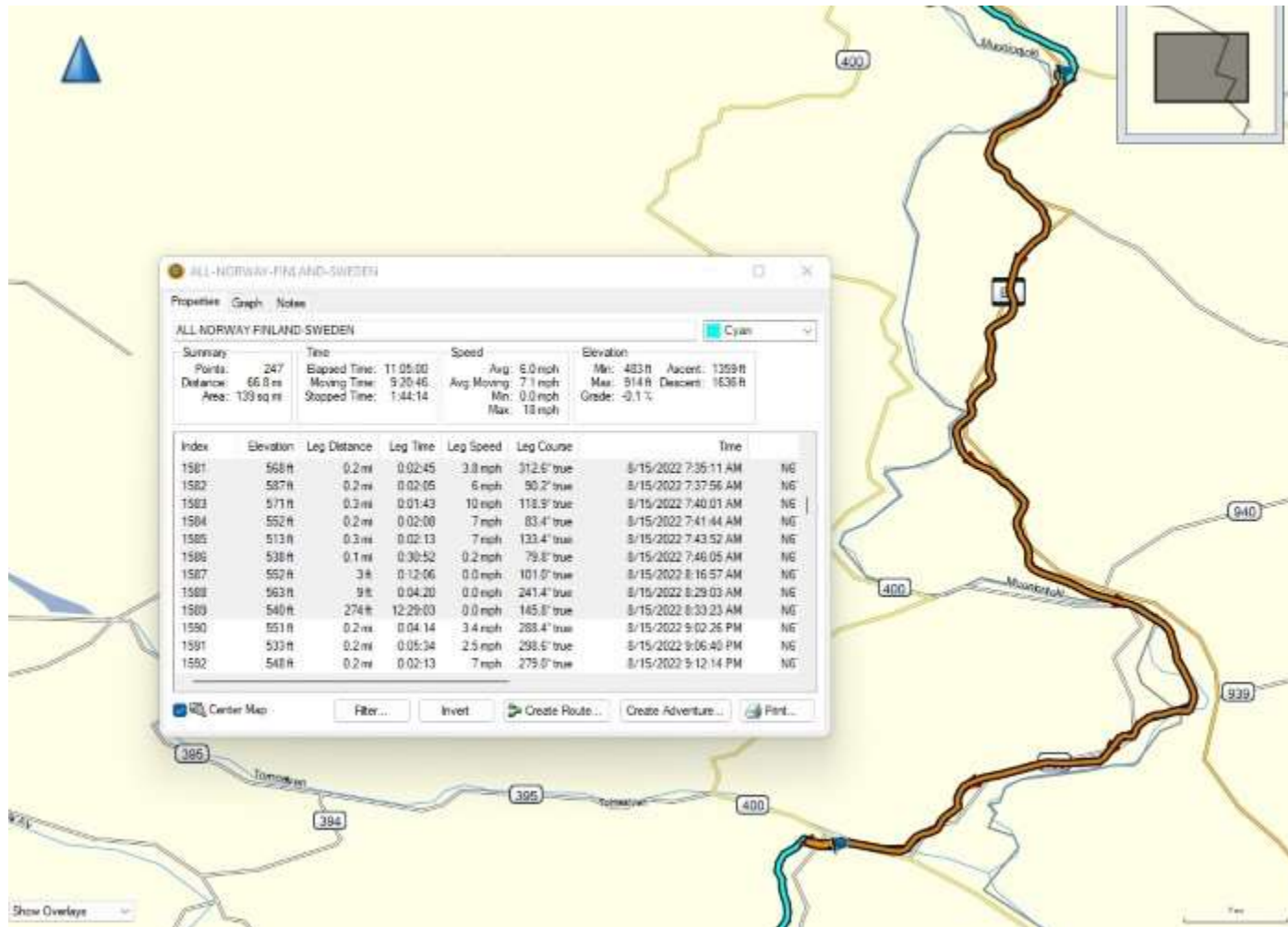
Day 5, Friday, August 12, 2022 – Cycle 70.16 miles – Alta, Norway to 10 miles before Kautokeino, Norway.



Day 6, Saturday, August 13, 2022– Cycle 62.75 miles – 10 miles before Kautokeino, Norway to Enontekiö, Finland.

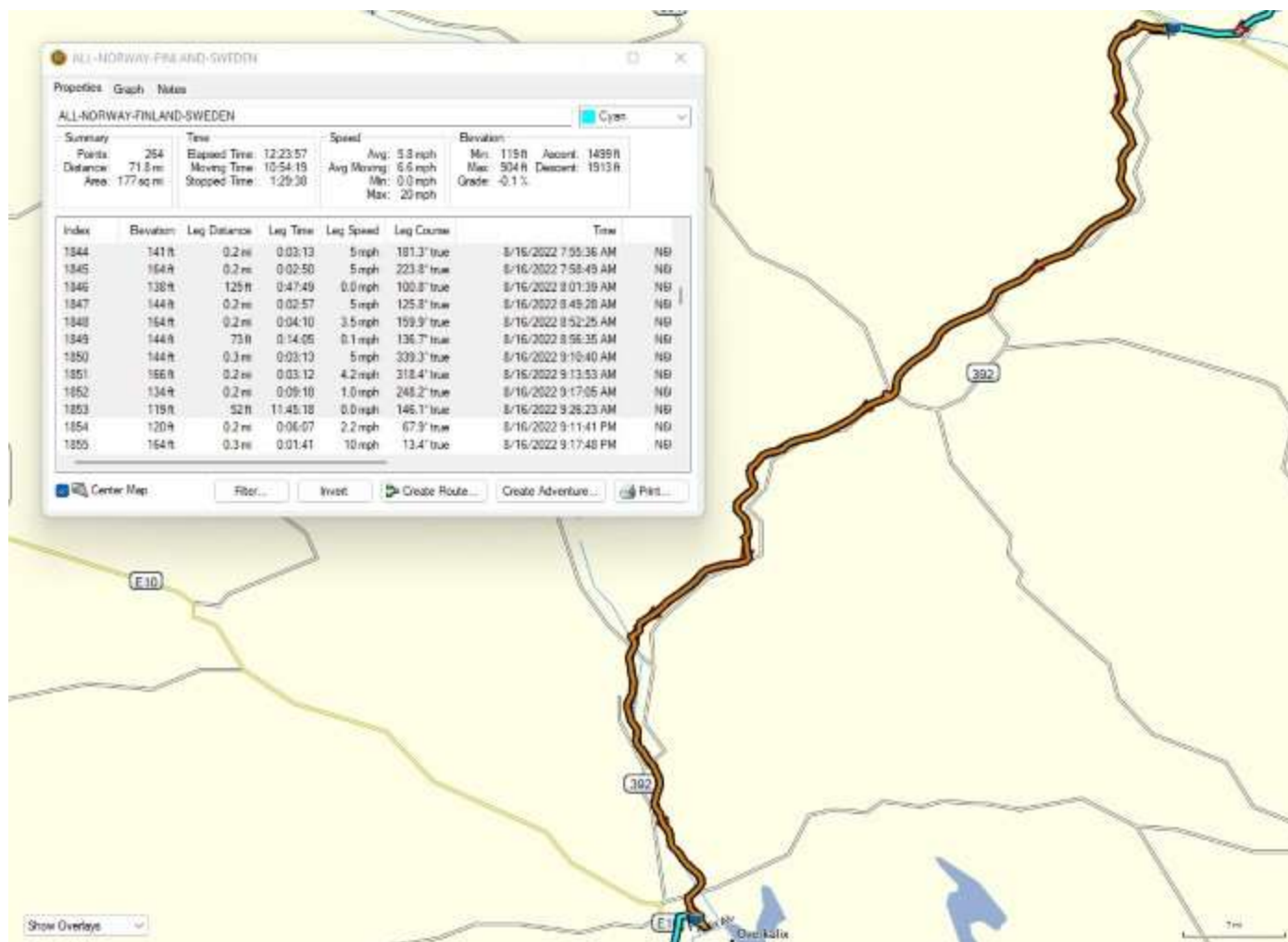


Day 7, Sunday, August 14, 2022– Cycle 57.71 miles – Enontekiö, Finland to Muonio, Finland.

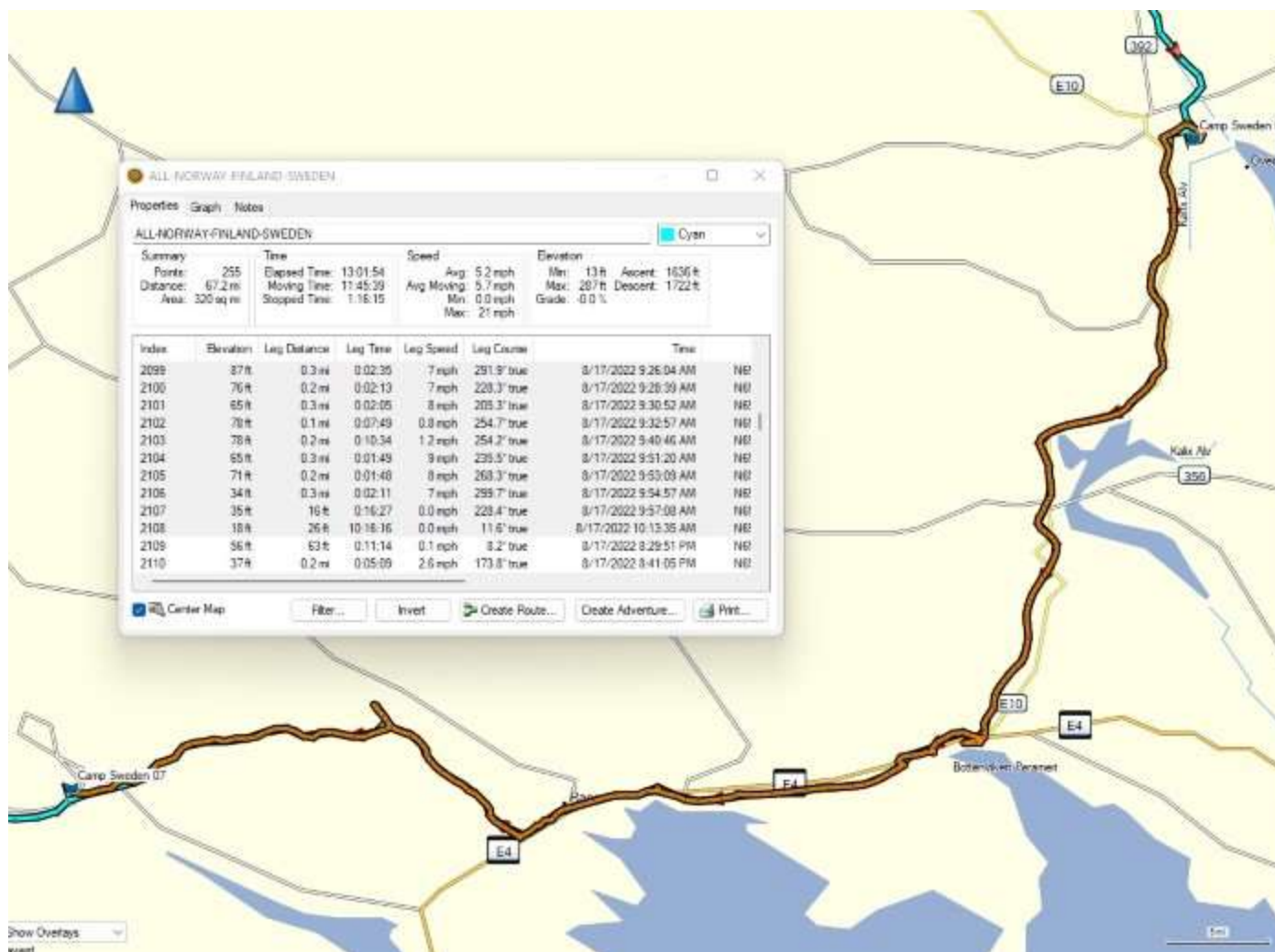


Day 8, Monday, August 15, 2022– Cycle 68.31 miles – Muonio, Finland to Pajala, Sweden.

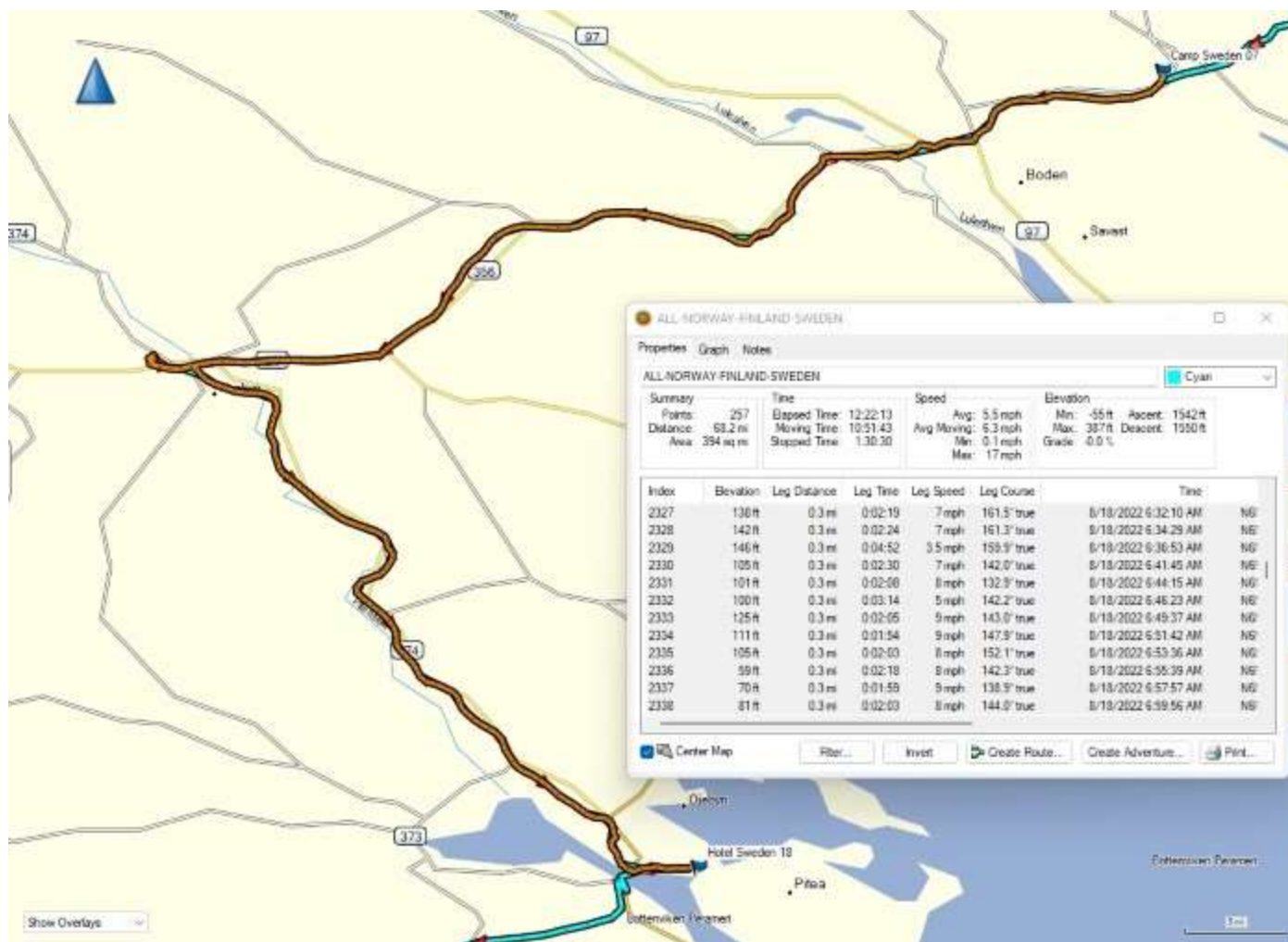




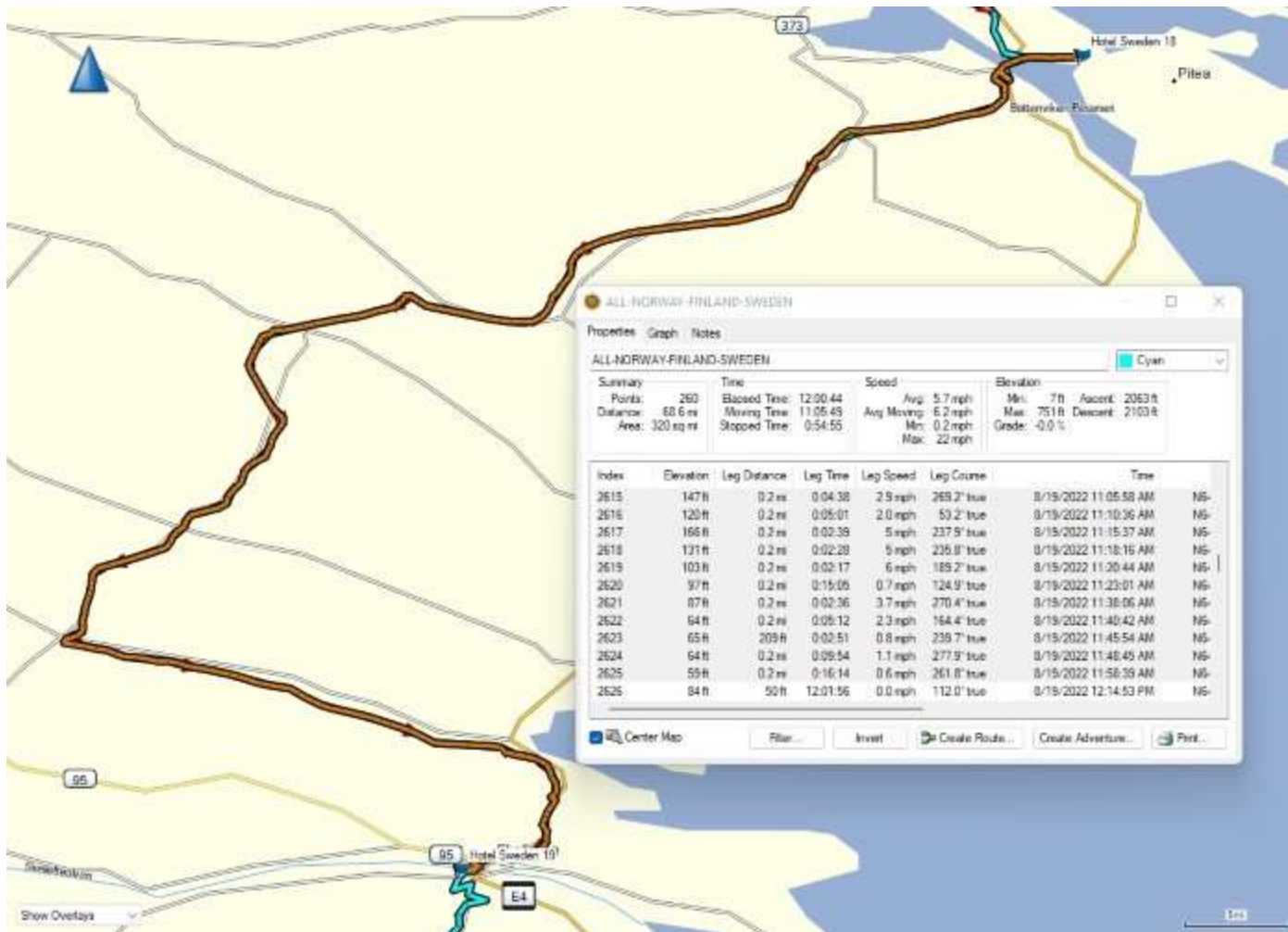
Day 9, Tuesday, August 16, 2022– Cycle 74.15 miles – Pajala, Sweden to Överkalix, Sweden.



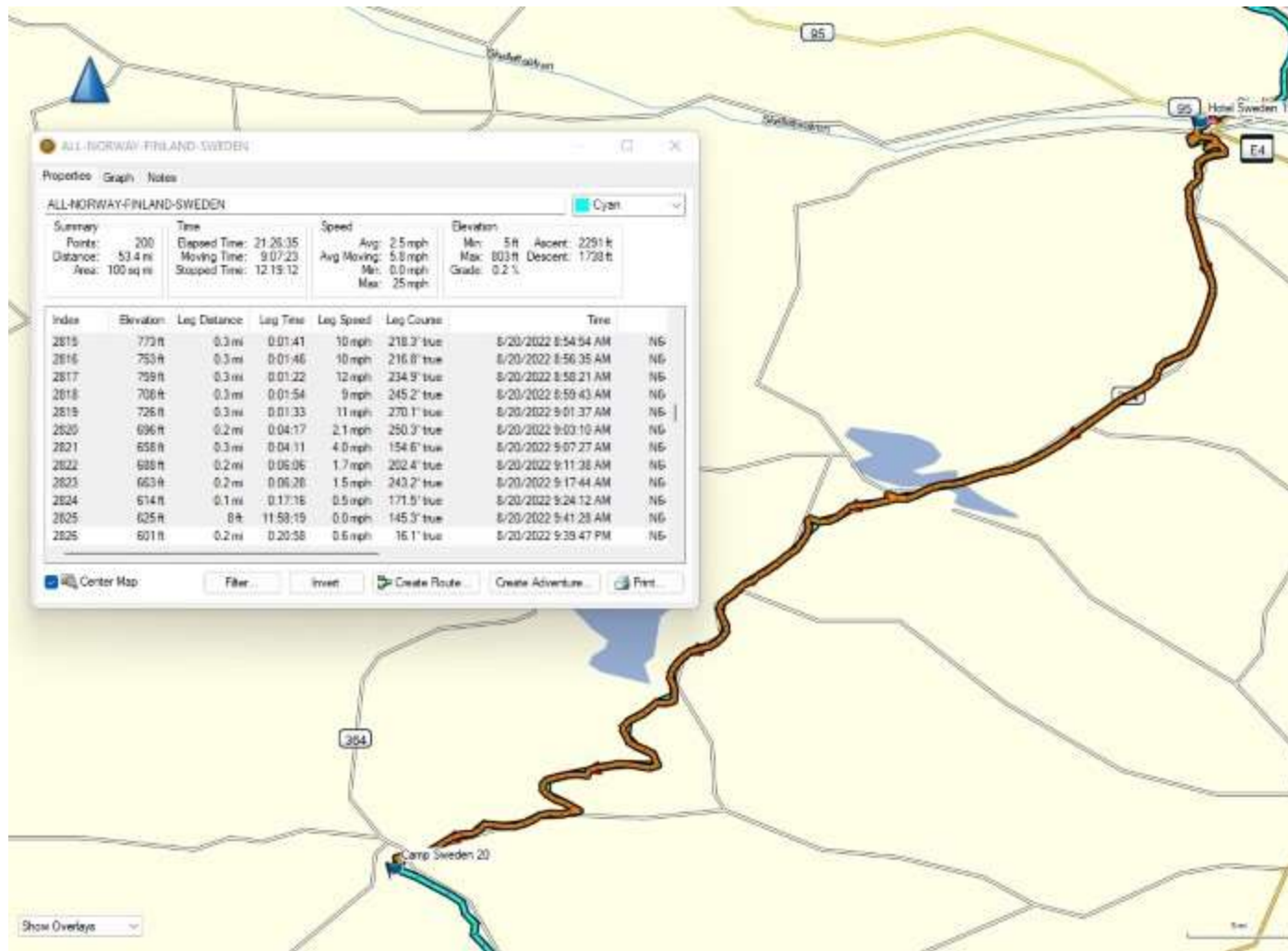
Day 10, Wednesday, August 17, 2022– Cycle 71.6 miles – Överkalix, Sweden to Skogså, Sweden.



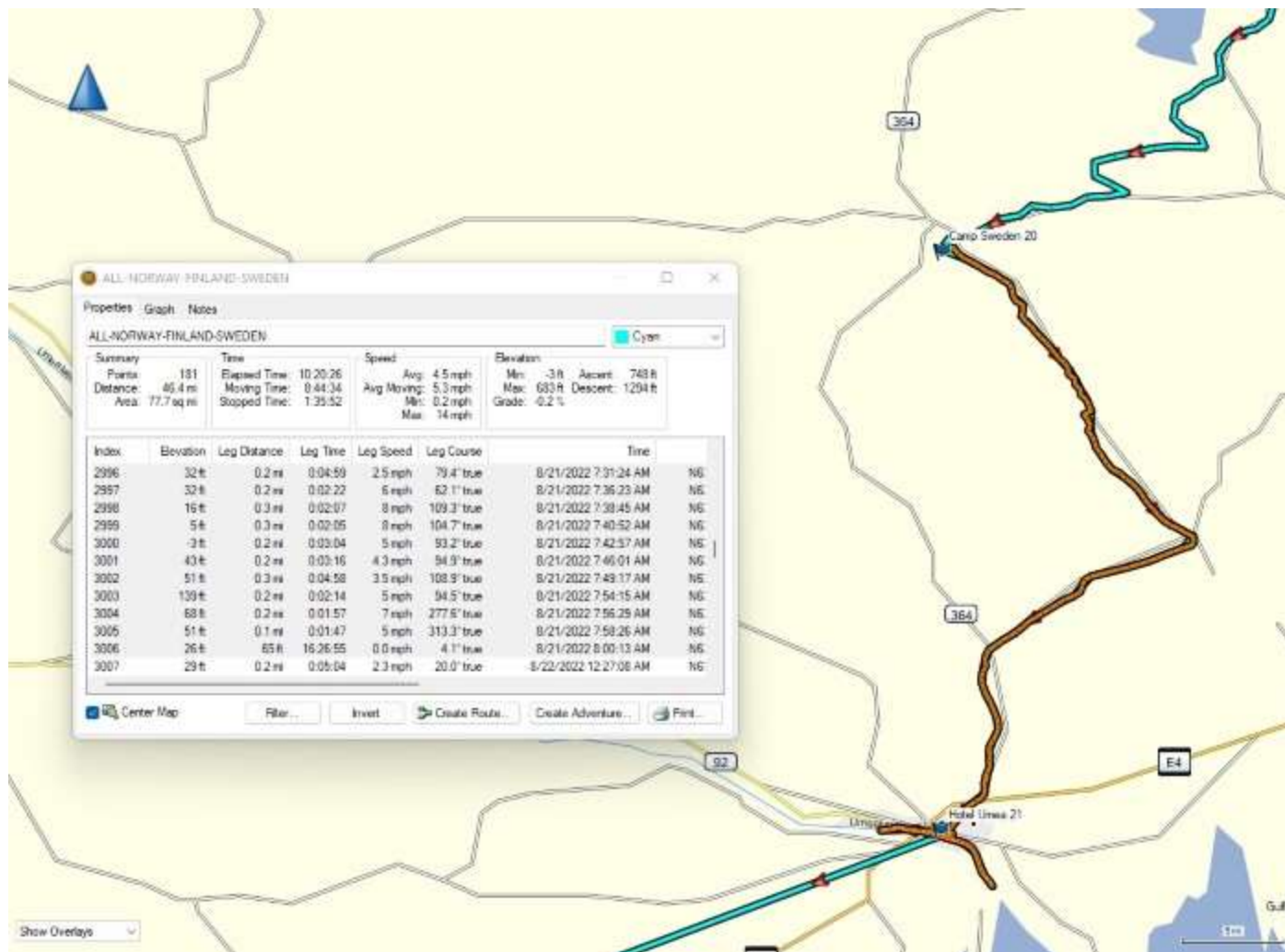
Day 11, Thursday, August 18, 2022– Cycle 71.86 miles – Skogså, Sweden to Piteå, Sweden.



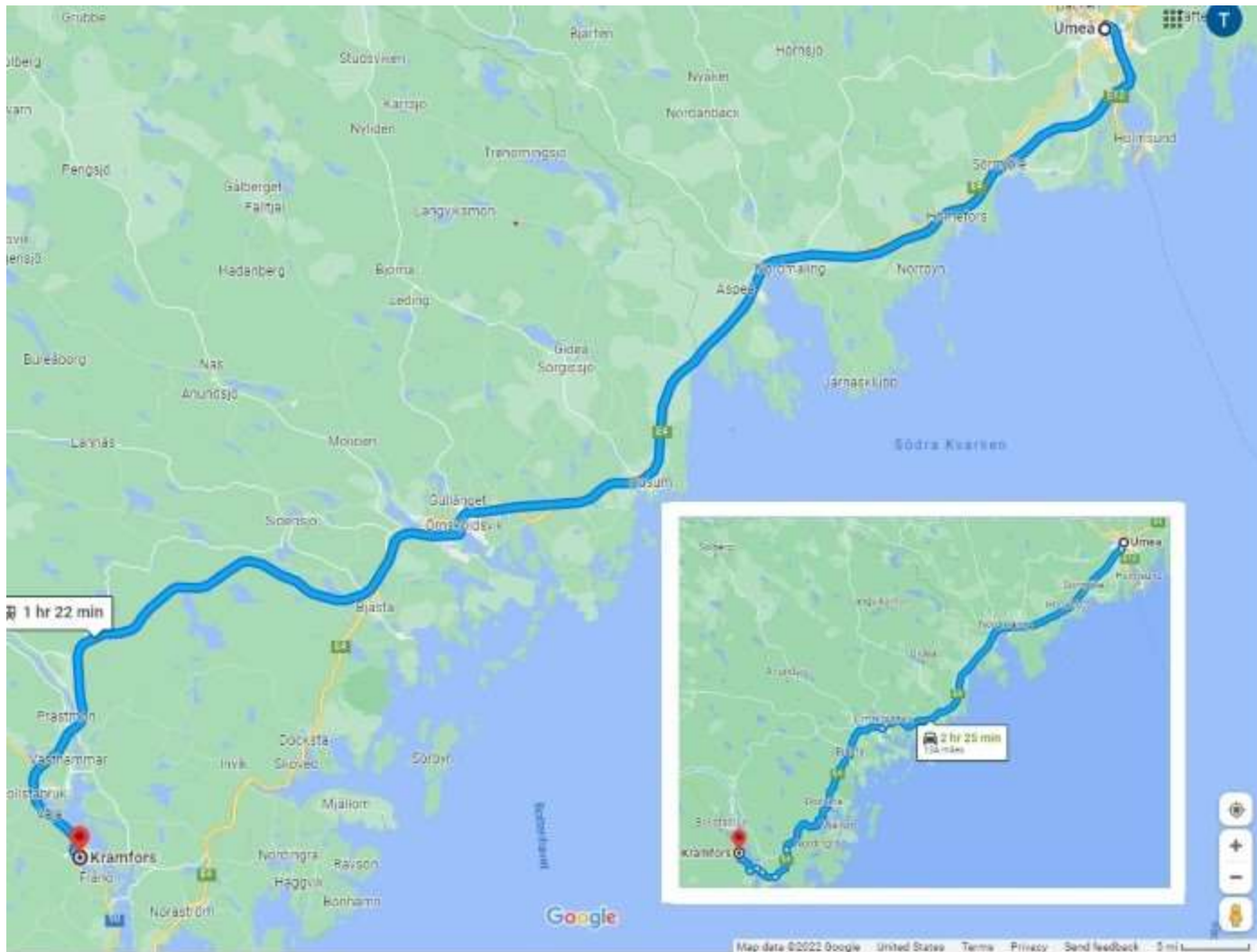
Day 12, Friday, August 19, 2022– Cycle 73.17 miles – Piteå, Sweden to Skellefteå, Sweden.



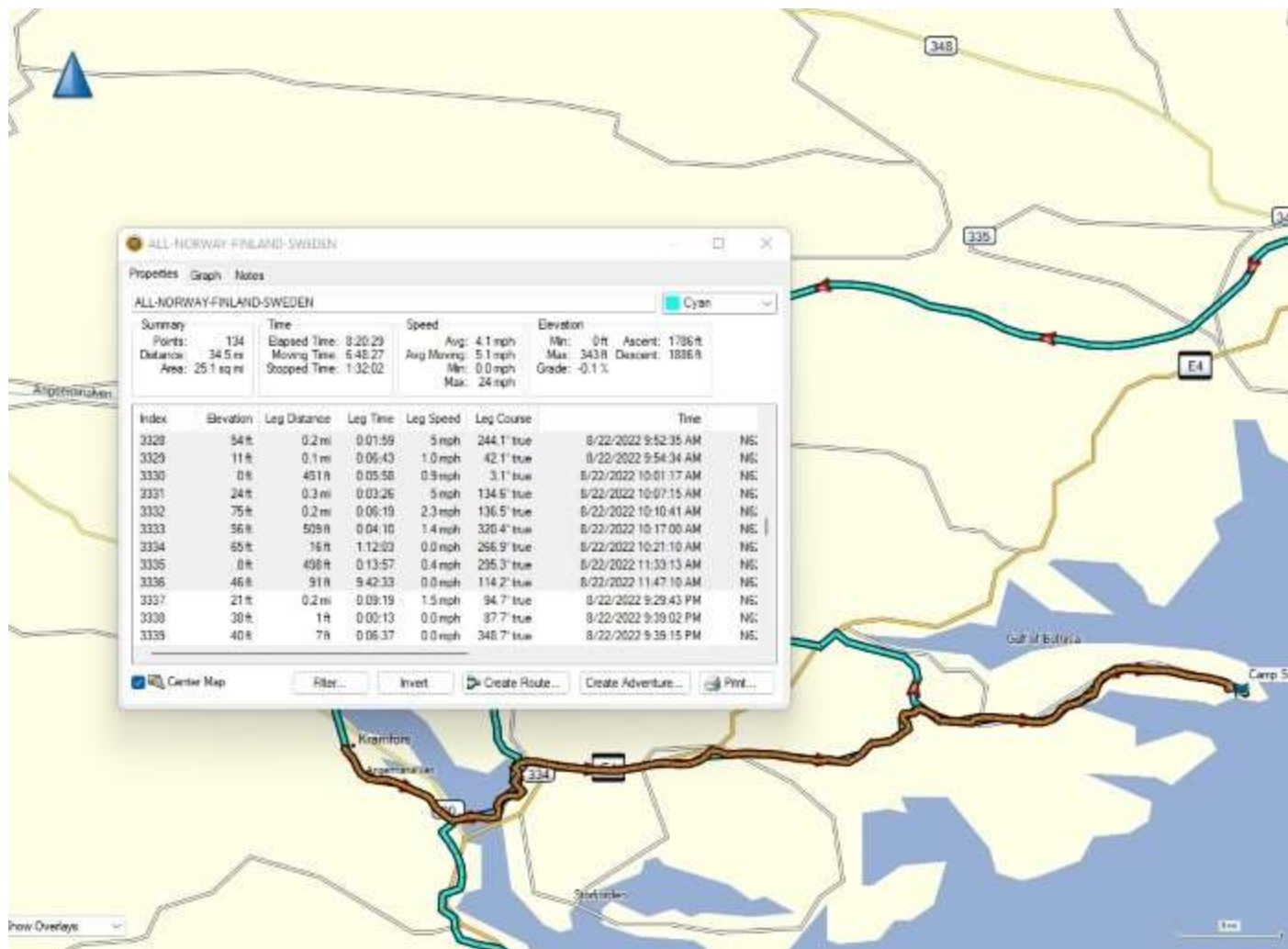
Day 13, Saturday, August 20, 2022– Cycle 56.01 miles – Skellefteå, Sweden to campground near Botsmark, Sweden.



Day 14, Sunday, August 21, 2022– Cycle 50.84 miles – Campground near Botsmark, Sweden to Umeå, Sweden.

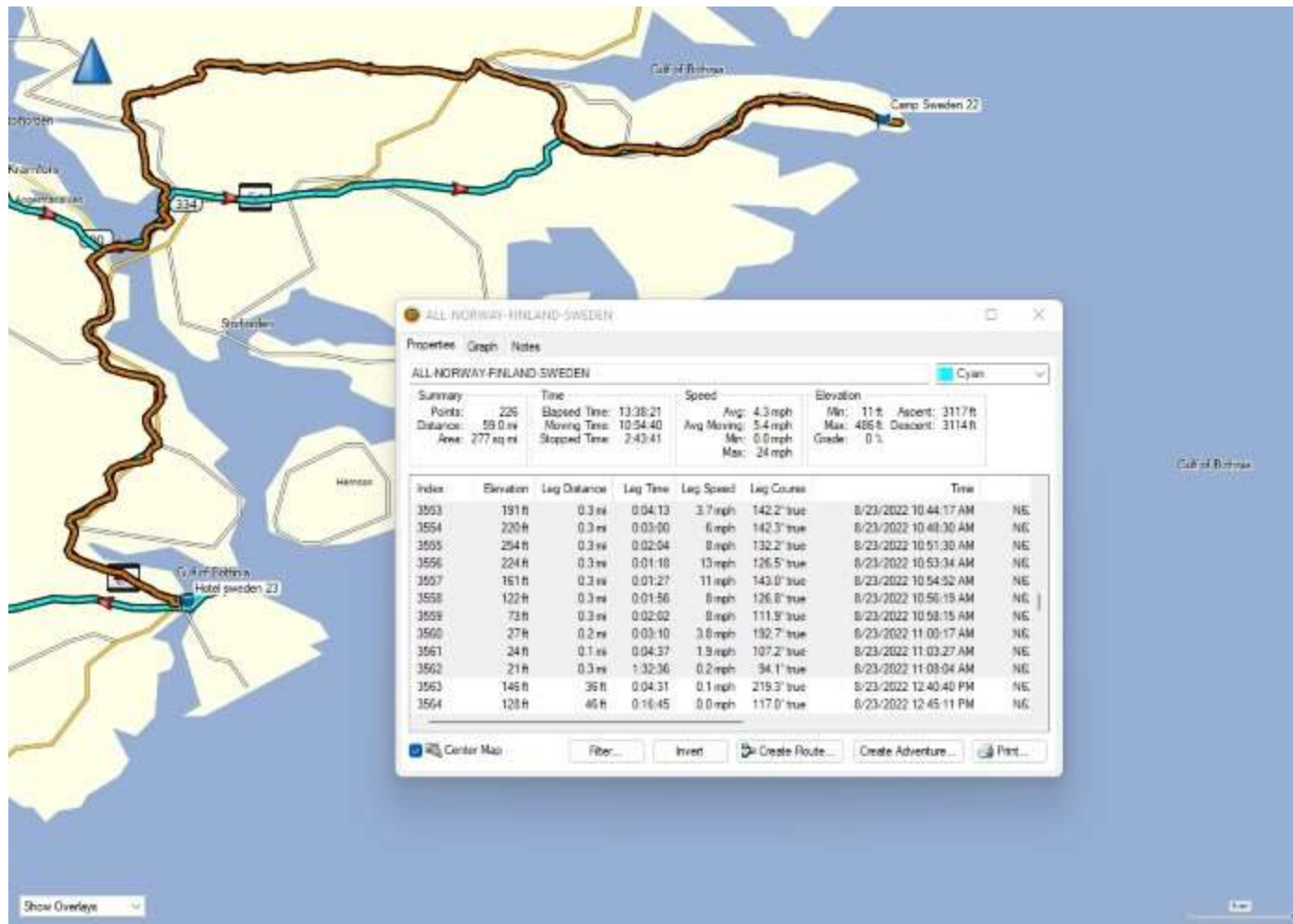


Day 15, Monday, August 22, 2022– Train 124 miles – Umeå, Sweden to Kramfors, Sweden.

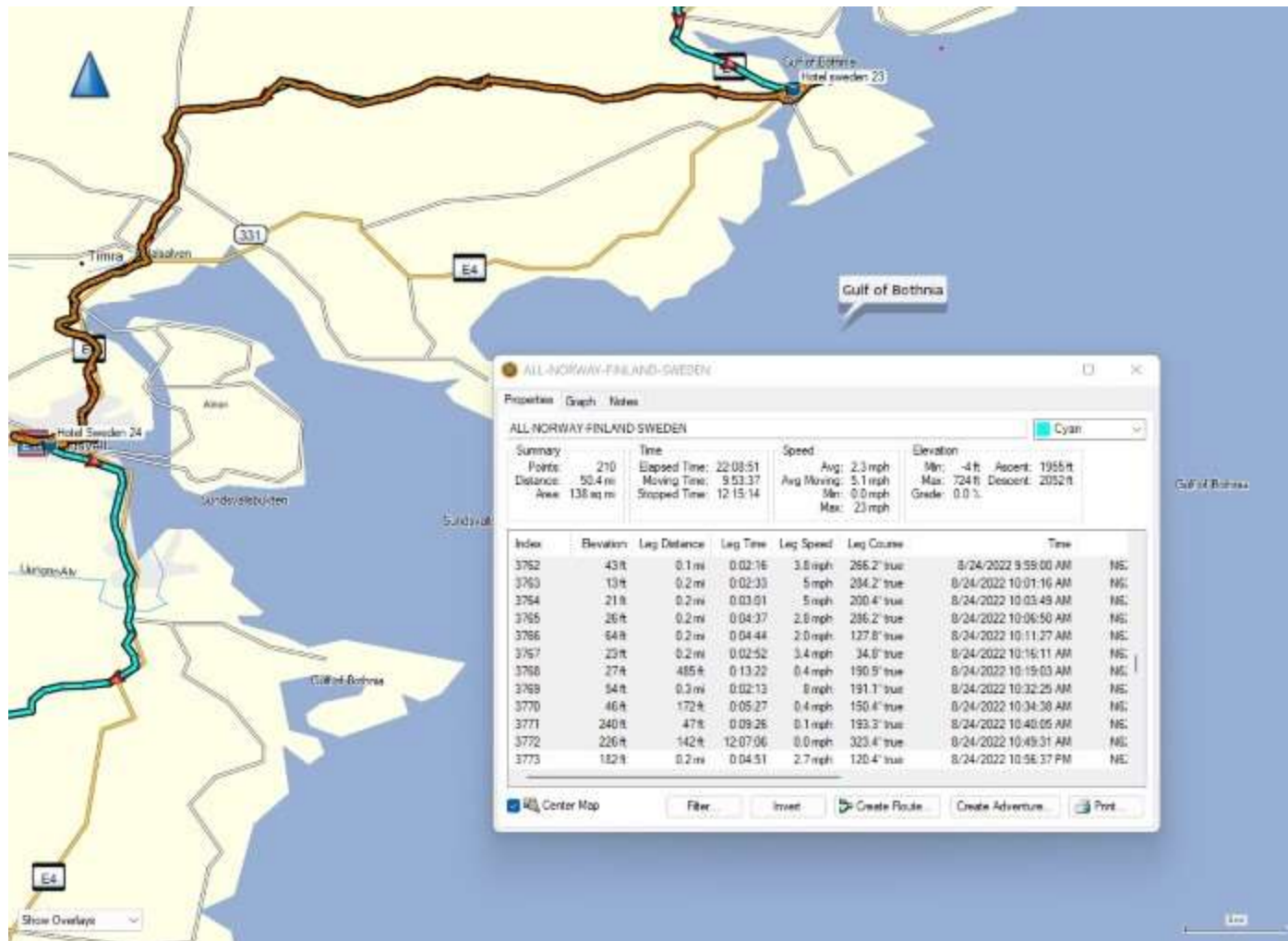


Day 15, Monday, August 22, 2022– Cycle 38.65 miles – Kramfors, Sweden to Norrfällsviken, Sweden.

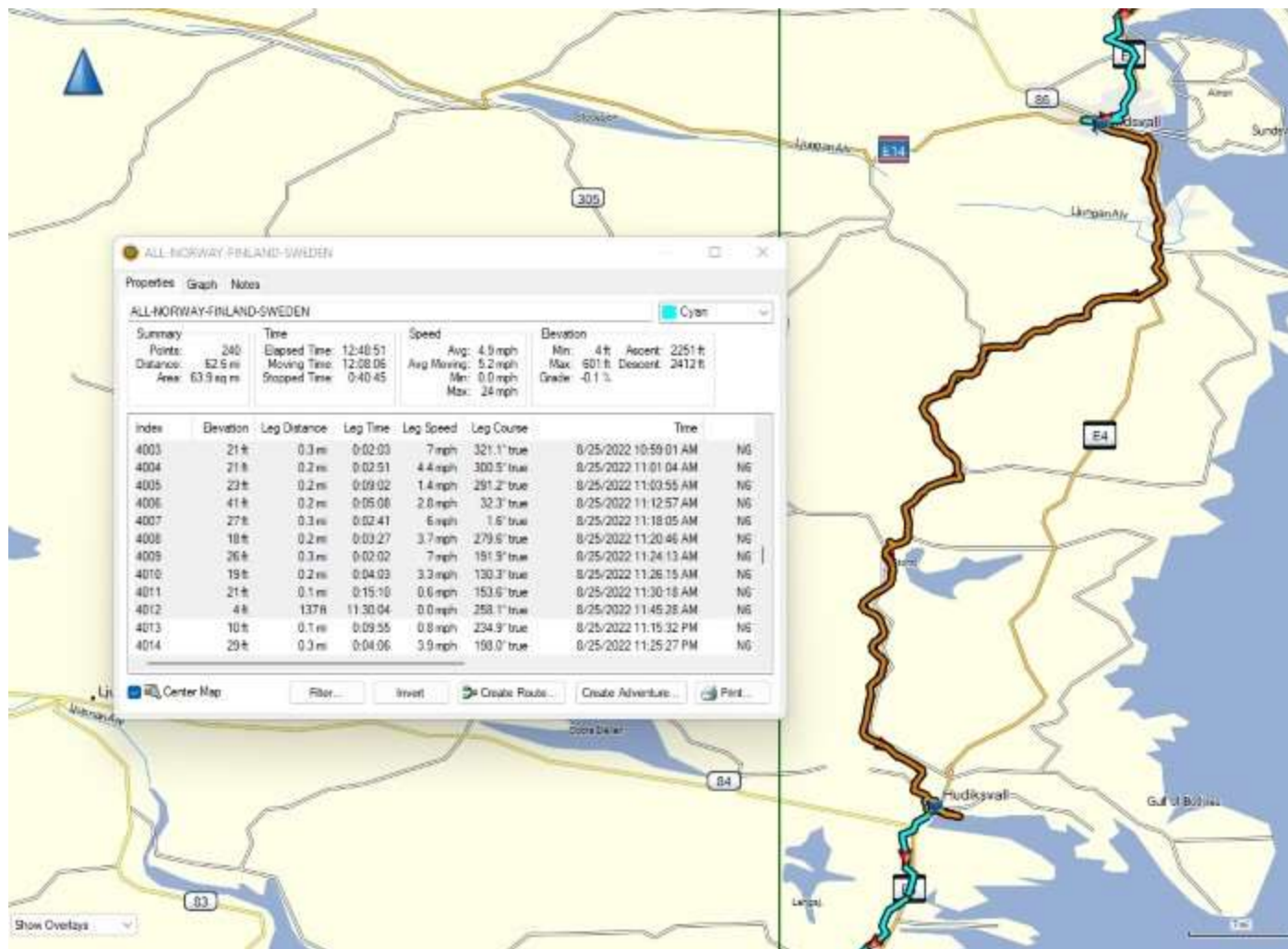




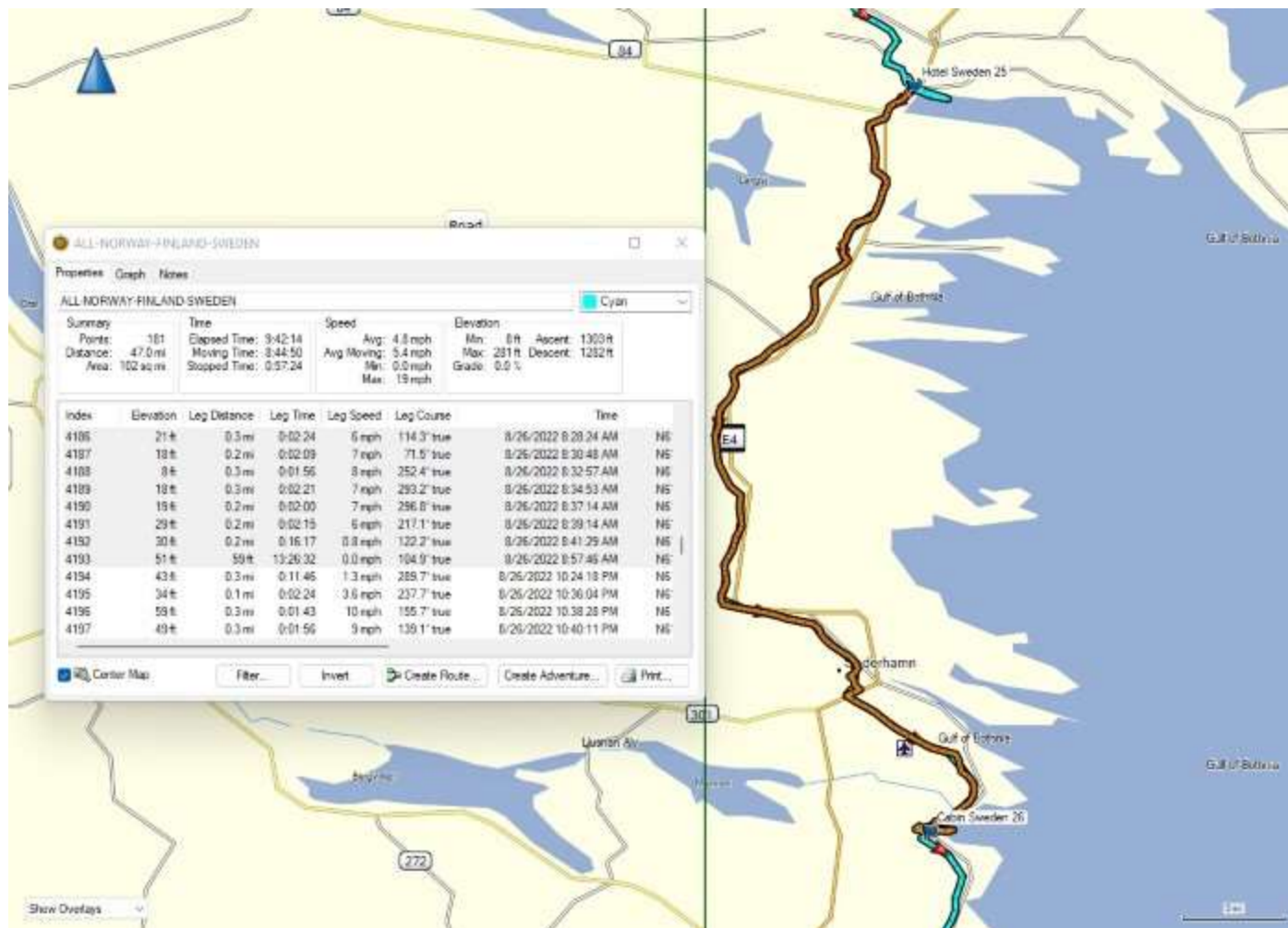
Day 16, Tuesday, August 23, 2022– Cycle 63.0 miles – Norrfällsviken, Sweden to Härnösand, Sweden.



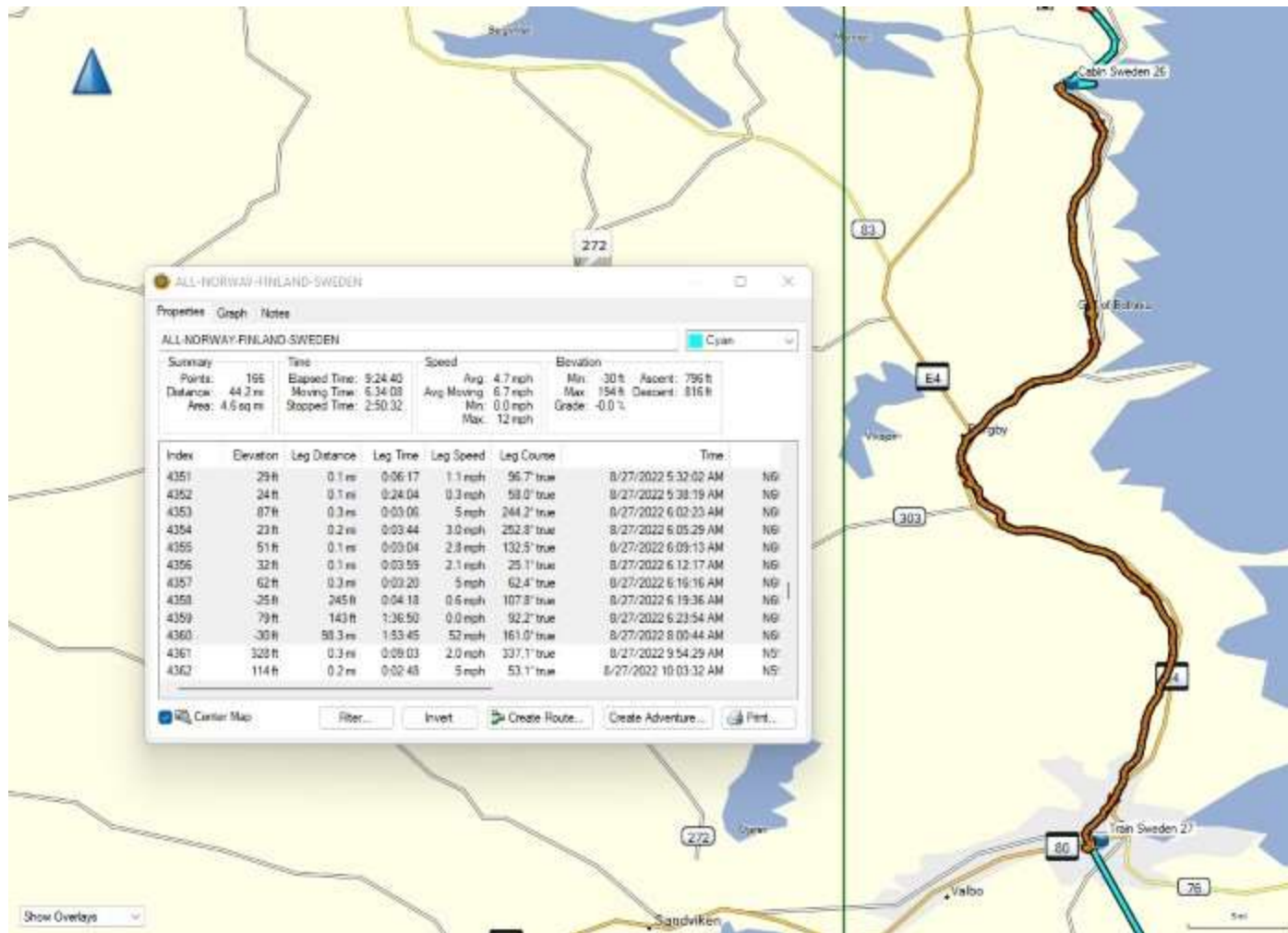
Day 17, Wednesday, August 24, 2022– Cycle 57.31 miles – Härnösand, Sweden to Sundsvall, Sweden.



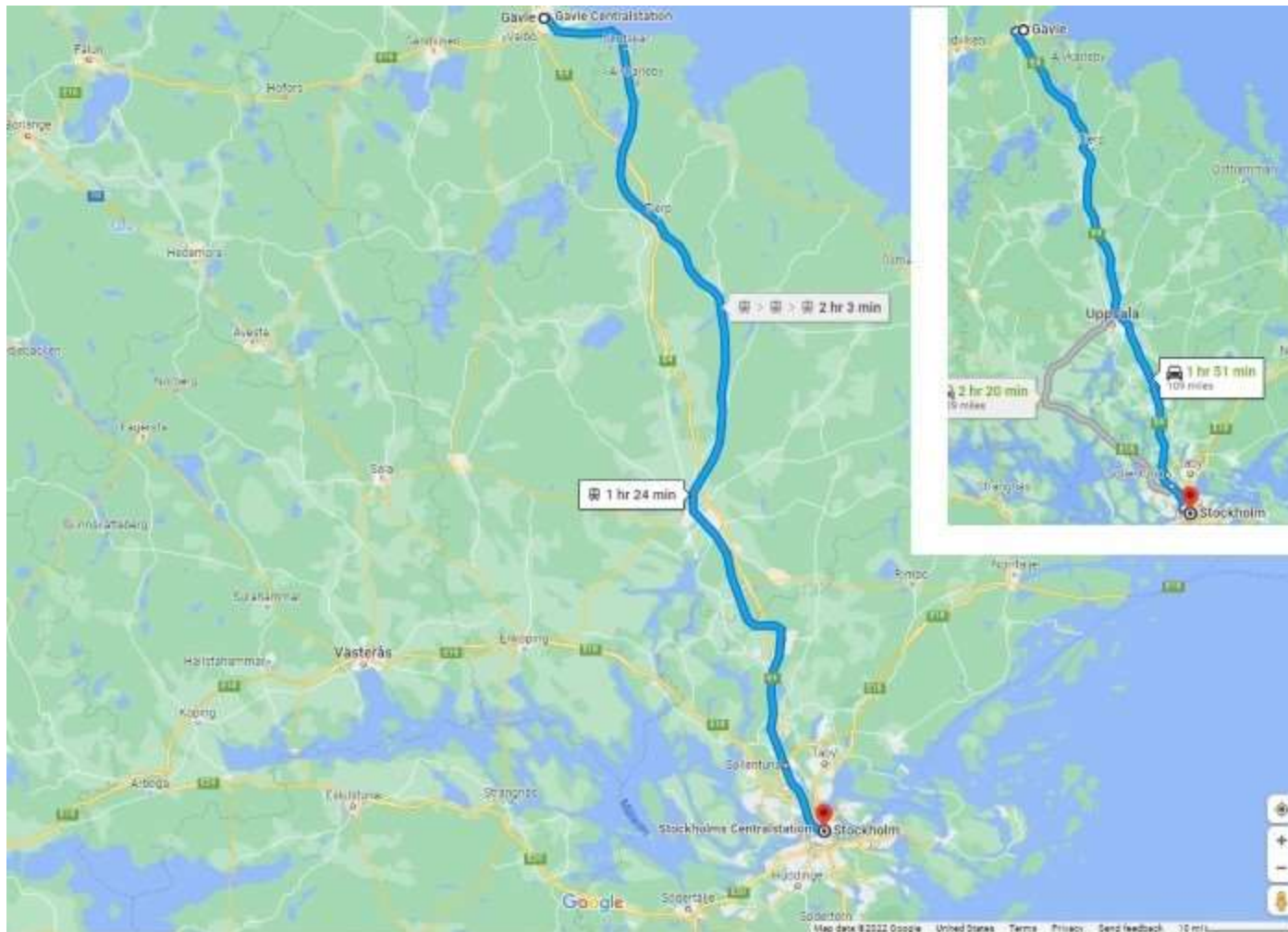
Day 18, Thursday, August 25, 2022– Cycle 67.43 miles – Sundsvall, Sweden to Hudiksvall, Sweden.



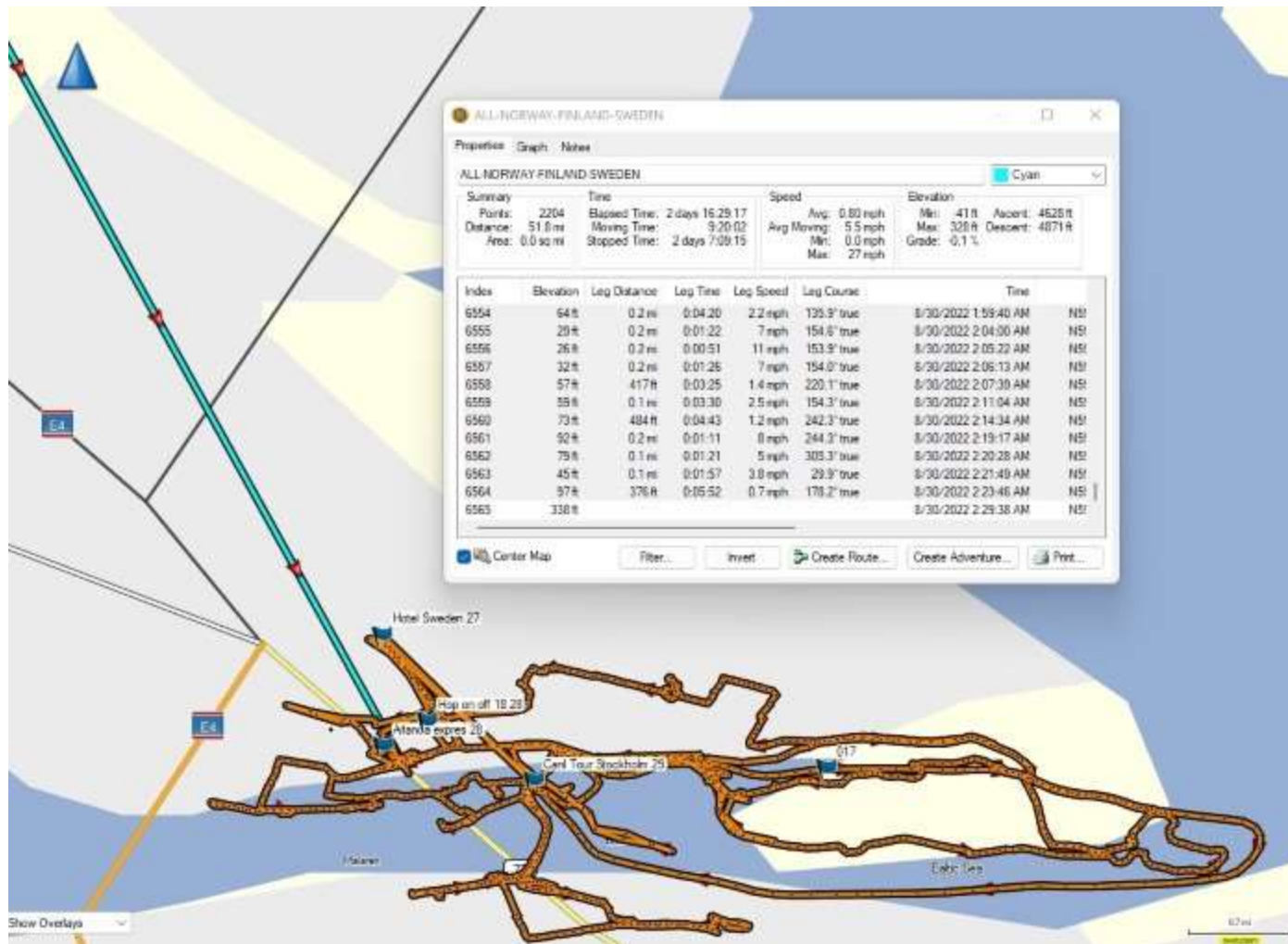
Day 19, Friday, August 26, 2022– Cycle 49.96 miles – Hudiksvall, Sweden to Ljusne, Sweden.



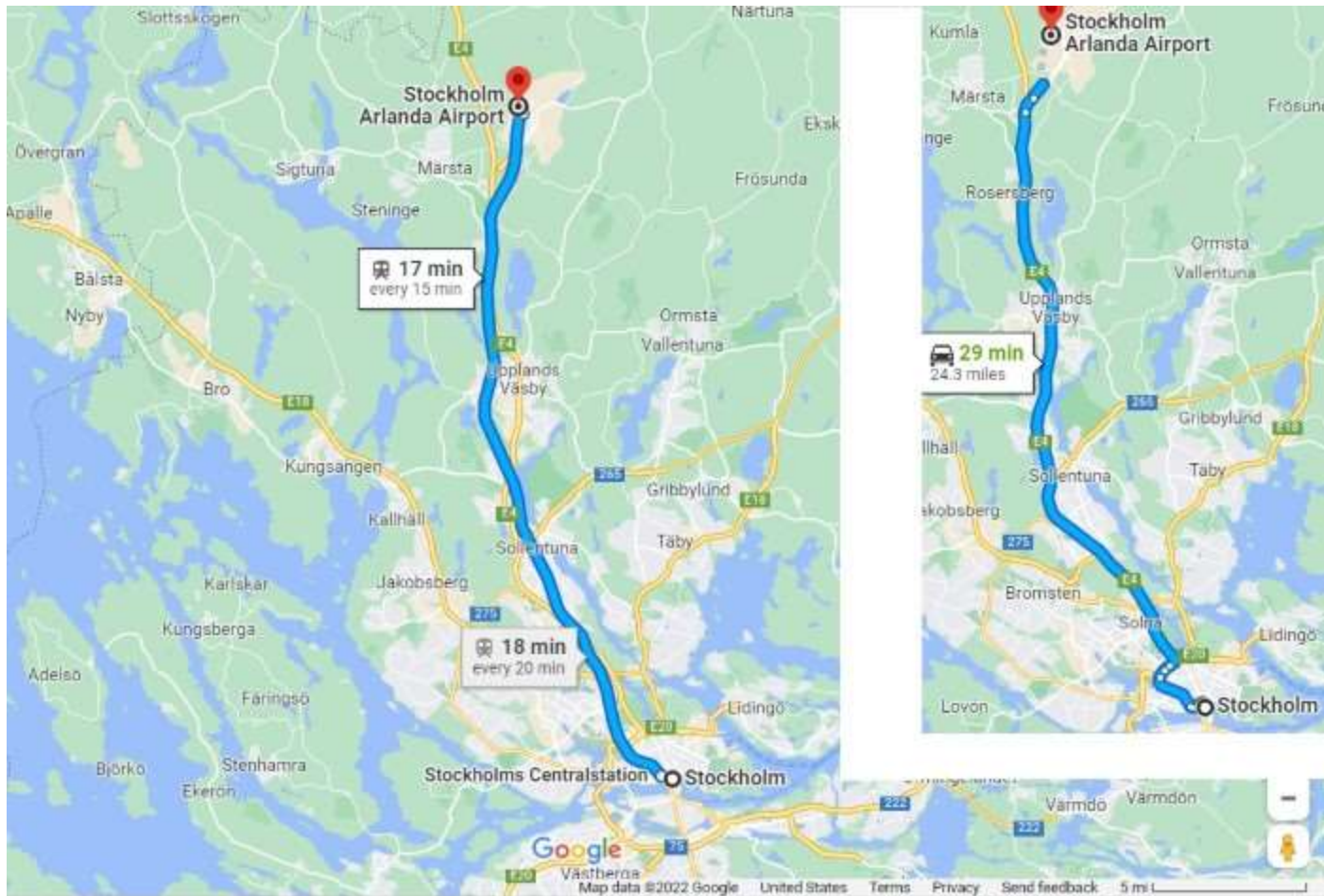
Day 20, Saturday, August 27, 2022– Cycle 46.8 miles – Ljusne, Sweden to Gävle, Sweden.



Day 20, Saturday, August 27, 2022– Train 109 miles – Gävle, Sweden to Stockholm, Sweden.



Day 20-23, Saturday-Tuesday, August 27-30, 2022– Cycle 44.48 miles/ bus-boat 7.32 miles – Stockholm, Sweden.



Day 24, Wednesday, August 31, 2022– Train 24.3 miles – Stockholm, Sweden to Arlanda, Sweden.