

My most miles in 24-hours – 225 miles

May 18-19, 1996

Biked the “Detroit Receiving- Wolverines 200” mile bike ride marathon. The ride is just a 5-mile loop, were each time that you pass the finish line someone hand you a bread clip. After you get a certain number of the bread clips, you turn them in and they would write the number of miles that you had completed on the back of your number tag and give you a drawing ticket. They collected at 25 miles, 50 miles, 100 miles and 200 miles. For each collection point, they would have a drawing for a bike (for all the people that completed the required miles). I did the first 100 miles in about 8 hours on my street bike, the rest of the ride I alternated between riding my mountain bike and my street bike. They required lights at night, so I had to buy a light. About ½ way through the night, my light was getting dull, so I started riding with a person that had a bright Halogen light. In order to continue riding (the officials were making sure you had a light at the start of the 5-mile loop), I turned my light off whenever I was not in the view of the officials. I felt really good throughout the ride and even continued to ride after completing my 200 miles. The ride only lasted 24-hours and at the end of the 24-hours I had biked 225 miles. (Bike miles 225)

My second most miles in 24-hours – 173.5 miles

May 19-20, 1995

I drove to Belle Isle for the “Detroit Receiving- Wolverines 200” mile bike ride marathon. I set up camp and went for a ride to the main loop of the island. There were several people cruising the island in their cars on half of the island. The other half of the island was fenced off and set up for the bike ride. I saw two raccoons on the bike trail at dusk. I cycled around some more on the bike trials, it was very dark and seemed scary (seemed like the type of place that a person could easily be mugged). (Bike miles 8.8)

At 10:00 AM the 24-hour belle isle bike ride started. I did my first 100 miles in 8 hours. I did not think I could make it 200 miles in 24 hours, so I did not continue riding much. I would ride a while and then sleep a while. I really was feeling good, so I decided to see how many miles I could put in before the 24 hours were up. I ended up going 173.5 miles, I felt really bummed, because I know I could have ridden 200 miles. I wished I would have had more confidence sooner. (Bike 173.5 miles in 24 hours)



Google map – red line is the approximate loop that was cycled for the Wolverine 200 bike marathon.



Start line of the “Detroit Receiving-Wolverines 200” mile bike ride marathon



Image from “Detroit Receiving-Wolverines 200” bike ride.



Image from “Detroit Receiving-Wolverines 200” bike ride.



Image from “Detroit Receiving-Wolverines 200” bike ride.



Image from “Detroit Receiving-Wolverines 200” bike ride. - Great bike rider with MS.

Most miles in a calendar day (Also most miles on a fully loaded bike tour) – 160.9 miles (see Trip)

Day 3, Sunday, May 12, 1991

In the morning, I rode through the town, Fort Summer, where Billy The Kid was shot and killed by Sheriff Garrett in 1881. One can even see Billy the Kid's grave near this town. I arrived in Texas at 2:33 PM, 252.9 miles from my home in Albuquerque. Between the flat farmland and the lack of trees, I had a tough time finding a place to camp. Two times I thought I found a place to camp and then I heard dogs barking. At about 11:00 PM near Tulia, Texas I found a truck stop and camp near the parking lot. That day I traveled more miles than any other single bike touring day in my life, I covered 160.9 miles. (Daily bike miles 160.9 miles; Total Miles 328.8)