

My European journey was to travel from North to South in Europe. The first part of my European journey started on May 17, 1989 and the last was completed on September 17, 2023. The journey was completed with the following 4 trips:

May 15, 1989, I flew to Europe and cycled through the Alps. Starting at a small town near Munchen, Germany, I cycled to the Mediterranean Sea in Italy, and through parts of Austria and Switzerland. From there I flew to London, England and rode to Fishguard, England where I ferried to Ireland. I cycled all the way to Northern Ireland before taking a ferry to Scotland. I rode through parts of Scotland and then took the train to London. I cycled 1,932.5 miles in 24 days.

December 18, 2008, I flew from Portland, Oregon to Genova, Italy. I cycled towards Cinque Terre and hiked the coastal trail to the 5 fishing villages of Cinque Terre. Then I cycled south and took a train into Rome. I spent a day in Rome and then took a train out of the city limits and continued biking south. I cycled through Napoli and the scenic Sorrento Peninsula to Salerno. I took a train from Salerno to Paola and cycled to Vita S. Giovanni where I took a ferry to the island of Sicilia. Then I cycled around the southern park of Sicilia and up the west coast to Palermo. I finished my trip by taking a ferry and train to Rome. On this trip I cycled 1208.4 miles throughout Italy in 21 days.

August 8, 2022, I flew from Portland, Oregon to Honningsvag, Norway. I visited the northern most point in Europe at Nordkapp, Norway. Then I took a bus to Skaidi, Norway and cycled to Umeå, Sweden. Next, I took a train to Kramfors, cycled to Norrfällsviken and from there cycled to Gävle. Then I took a train to Stockholm, spent three days in Stockholm and then flew back to Portland, Oregon. On this trip, I cycled about 1081.55 miles and traveled about 384 miles using ground transportation. I traveled through Norway, Finland and Sweden for 23 days.

September 1, 2023, I flew from Portland, Oregon to Stockholm, Sweden. I took a train to Norrköping, Sweden. Then I cycled to Helsingborg, Sweden and took a ferry to Denmark. I spent a day cycling in Copenhagen. Next, I cycled to Gedser, Denmark and took a ferry to Germany. I completed my European journey by cycling to Parsberg, Germany. My European Journey was to travel from Nordkapp, Norway (Northern most point in Europe) to Ispica, Sicily, Italy. It took 4 trips to Europe, the first was done in 1989. After Parsberg I cycled to Regensburg, Germany. Then I took trains to visit Füssen, Nuremberg, Rothenburg ob der Tauber, Oktoberfest, Bamberg and Amberg. On this trip, I cycled about 1183.94 miles, traveled about 784 miles using ground transportation and 46 miles on Ferrys. I traveled through Sweden, Denmark and Germany for 23 days.