

Total Ground Transportation Millage = 784 MI (1261.72 KM)

Total Boat Transportation Millage = 46 MI (74.03 KM)

Total Cycling Millage = 1183.94 MI (1905.36 KM)

Days of biking: 23 days

Location: Sweden, Denmark and Germany

Total Expenses: ~\$5016.82 USD

Day 1, Friday, September 01, 2023

Daily Bike Miles: 0 miles

Location: Portland, Oregon, USA toward Amsterdam, Netherlands.

Points of interest:

1. Flight left Portland around 2:35 PM (supposed to leave at 2:15 PM).

Expenses: 109.27 USD – Luggage, sleeping pills and food.

Accommodations: Slept on flight to Amsterdam, Netherlands

Day 2, Saturday, September 02, 2023

Daily Bike Miles: 0 miles

Location: Flight to Amsterdam, Netherlands to Norrköping, Sweden

Points of interest:

1. I walked around the Amsterdam airport for about 5 hours. It took about 30 minutes to go through customs in Amsterdam.

2. I got to my train at Stockholm Central Station 15 minutes before it departed for Norrköping.

3. In Norrköping there were 100s of Ferraris cars near the church.

Expenses: \$191.65 USD – Batteries, Train, Hotel and food

Accommodations: Slept at Scandic Strömmen hotel in Norrköping, Sweden.

Day 3, Sunday, September 03, 2023

Daily Bike Miles: 75.4 MI (121.34 KM)

Location: Norrköping, Sweden to about 10 miles south of **Ödeshög**, Sweden

Points of interest:

1. Had trouble finding the start of GPS route.

2. Great bike trails.

3. Lots of mosquitoes at camp.

Expenses: 6.26 USD –food

Accommodations: Camped about 10 miles south of **Ödeshög**, Sweden

Day 4, Monday, September 04, 2023

Daily Bike Miles: 71.99 MI (115.86 KM)

Location: about 10 miles south of **Ödeshög**, Sweden to Skillingaryd, Sweden

Points of interest:

1. Nice ride day with great trails and mostly good roads.

Expenses: 120.19 USD –Hotel and food

Accommodations: Slept at Hotel Smaland in Skillingaryd, Sweden.

Day 5, Tuesday, September 05, 2023

Daily Bike Miles: 72.48 MI (116.64 KM)

Location: Skillingaryd, Sweden to Markaryd, Sweden

Points of interest:

1. Ended out on a 30-mile flat bike trail, about 6 of the miles were dirt.

2. My google bike routed put me in someone front yard and I had to back track a short distance.

3. Found a nice campground on a lake.

Expenses: 46.75 USD – Camping and food

Accommodations: Slept in cabin at Sjotorpets Camping in Markaryd, Sweden.

Day 6, Wednesday, September 06, 2023

Daily Bike Miles: 86.82 MI (139.73 KM)

Location: Markaryd, Sweden to Copenhagen, Denmark

Points of interest:

1. My GPS routed took me onto a road in the middle of Woodlands Country Club.

2. Found Rya kyrkoruin (from the 1100s) when I was trying to return to my route.

3. Took the ferry from Helsingborg, Sweden to Helsingør, Denmark.

4. Porsche car show on the way to Copenhagen, Denmark.

5. Great bike route in Denmark, lots of cyclists.

Expenses: 194.50 USD – Ferry, Hotel and food

Accommodations: Slept at Hotel Christian IV in Copenhagen, Sweden.

Day 7, Thursday, September 07, 2023

Daily Bike Miles: 31.61 MI (50.87 KM)

Location: Copenhagen, Denmark

Points of interest:

1. I took the Stromma Canal Tours to see Copenhagen from the water.
2. I cycled the route of the Copenhagen Hop-On Hop-Off bus

Expenses: 116.55 USD – Canal Tour, Hotel and food

Accommodations: Slept at CABINN Metro Hotel in Copenhagen, Denmark.

Day 8, Friday, September 08, 2023

Daily Bike Miles: 73.15 MI (117.72 KM)

Location: Copenhagen, Denmark to Vordingborg, Denmark

Points of interest:

1. Nice ride by duck ponds.
2. I decided to skip Camp Adventure (near Ronnedede, Denmark).

Expenses: 180.94 USD – Hotel and food

Accommodations: Slept at Kong Valdemar Hotel in Vordingborg, Denmark.

Day 9, Saturday, September 09, 2023

Daily Bike Miles: 49.88 MI (80.27 KM)

Location: Vordingborg, Denmark to Rostock, Germany

Points of interest:

1. I had trouble figuring out how to pay for the ferry in Gedser, no ticket attendant.
2. I cycled to the southernmost spot in Denmark while waiting for the ferry (54° 33' 32").
3. Once in Germany I had trouble figuring out how to get back on my GPS route.

Expenses: 187.15 USD – Ferry, Hotel and food

Accommodations: Slept at B & B Hotel in Rostock, Denmark.

Day 10, Sunday, September 10, 2023

Daily Bike Miles: 73.23 MI (117.85 KM)

Location: Rostock, Germany to slightly north of Leizen, Germany

Points of interest:

1. Some good roads, some nice trails and some dirt roads.
2. Had trouble finding a hotel and ended up camping.
3. The town of Malchow seemed very scenic.

Expenses: 11.30 USD – Food

Accommodations: Camped slightly north of Leizen, Germany.

Day 11, Monday, September 11, 2023

Daily Bike Miles: 76.77 MI (123.55 KM)

Location: Slightly north of Leizen, Germany to about 5 miles south of Rathenow, Germany.

Points of interest:

1. Visited the town of Alt Daber and Wittstock, Germany.
2. I could not find an open hotel in Rathenow.
3. Lots of farm fields, I even saw a hemp field.

Expenses: 28.94 USD – Food

Accommodations: Camped about 5 miles south of Rathenow, Germany.

Day 12, Tuesday, September 12, 2023

Daily Bike Miles: 66.06 MI (106.31 KM)

Location: About 5 miles south of Rathenow, Germany to Dessau, Germany

Points of interest:

1. Had a flat tire on my trailer.
2. Had trouble finding water, I could not find stores in any of the small towns.
3. Had to take my bike and trailer over a bridge with stairs.
4. I went by a lavender field, great smell in the air!
5. That evening I had my first rain for the trip. Since I was in a hotel, no problem.

Expenses: 110.48 USD – Hotel and food

Accommodations: Slept at DerMero Hotel in Dessau, Germany.

Day 13, Wednesday, September 13, 2023

Daily Bike Miles: 44.71 MI (71.95 KM)

Location: Dessau, Germany to Leipzig, Germany

Points of interest:

1. I ended up on the wrong side of the lake north of Leipzig, Germany.

2. I did get some light rain that day.
3. I had a little trouble finding a hotel room for the night.

Expenses: 150.00 USD – Hotel and food

Accommodations: Slept at H2 Hotel in Leipzig, Germany.

Day 14, Thursday, September 14, 2023

Daily Bike Miles: 62.91 MI (101.24 KM)

Location: Leipzig, Germany to between Hohenleuben and Hohenölsen, Germany.

Points of interest:

1. I was on a good bike trail and then suddenly the trail was flooded.
2. Lots of Stinging Nettles near the trails and in the woods.

Expenses: 0 USD – None

Accommodations: Camped between Hohenleuben and Hohenölsen, Germany.

Day 15, Friday, September 15, 2023

Daily Bike Miles: 52.71 MI (84.83 KM)

Location: Between Hohenleuben and Hohenölsen, Germany to Kirchenlamitz, Germany

Points of interest:

1. Started the day walking up a steep grass road to Hohenleuben.
2. I went for a short hike at Moorerlebnispfad (decker trail with wildlife watch tower)
3. Lake with a tree on island near Pöllwitz, Germany.
4. I came to a road block where I was not allowed to pass.
5. Camped out and joined a group BBQ.

Expenses: 90.35 USD – Camping cabin and food

Accommodations: Slept at Wohnmobil und Wohnwagenstellplatz Fichtel Park in Kirchenlamitz, Germany.

Day 16, Saturday, September 16, 2023

Daily Bike Miles: 69.84 MI (112.4 KM)

Location: Kirchenlamitz, Germany to near Hahnbach, Germany

Points of interest:

1. A lot of traffic on the roads. Then a dirt road with a lot of elevation gain. To highest elevation of this trip.
2. I ended up on one road that dead ended to sand and gravel company.
3. From camp I could hear loud music (drums) until a little after 10:00 PM.

Expenses: 15.20 USD – Food

Accommodations: Camped at a Rest stop near Hahnbach, Germany.

Day 17, Sunday, September 17, 2023

Daily Bike Miles: 70.56 MI (113.56 KM)

Location: Near Hahnbach, Germany to Regensburg, Germany

Points of interest:

1. A short steep hill near Illschwang.
2. Once in Parsberg I had completed my travels from North to South in Europe.
3. Crossed same bridge in Regensburg that I crossed 34 years earlier.

Expenses: 100.57 USD – Hotel and food

Accommodations: Slept at Niu Sparrow Hotel in Regensburg, Germany.

Day 18, Monday, September 18, 2023

Daily Bike Miles: 22.17 MI (35.68 KM)

Location: Regensburg, Germany to Oberding, Germany

Points of interest:

1. My trailer arm broke on the ride from Munich Airport to my hotel.
2. The taxis would not pull over to pick me up on the roads near the airport.
3. I went to Oktoberfest in Munich.
4. I created GPS routes for my trip to Füssen.

Expenses: 328.20 USD – Transportation, Bag check, T-shirt, Hotel and food

Accommodations: Slept at NH München Airport hotel in Oberding, Germany.

Day 19, Tuesday, September 19, 2023

Daily Bike Miles: 24.48 MI (39.4 KM)

Location: Oberding, Germany to Füssen, Germany

Points of interest:

1. My cycling GPS map to the Munich airport ended in a security entrance to the airport.
2. I had trouble figuring out how to get a train ticket to Füssen.
3. I cycled to Neuschwanstein castle and hiked up to bridge with viewpoint.

Expenses: 176.54 USD – Trains, Hotel and food

Accommodations: Slept at Villa Toscana Hotel in Füssen, Germany.

Day 20, Wednesday, September 20, 2023

Daily Bike Miles: 33.58 MI (54.04 KM)

Location: Füssen, Germany

Points of interest:

1. I toured the inside of Neuschwanstein castle.
2. No photo taking was allowed in Neuschwanstein castle.
3. I cycled around Forggensee Lake.

Expenses: 198.32 USD – Castle entry, souvenirs, Hotel and food

Accommodations: Slept at Villa Toscana Hotel in Füssen, Germany.

Day 21, Thursday, September 21, 2023

Daily Bike Miles: 42.11 MI (67.77 KM)

Location: Füssen, Germany

Points of interest:

1. I was able to get a cycling map and suggested rides from my second Füssen hotel.
2. I cycled to Hopfen am See.
3. Then I cycled through several towns to get to Pfronten.
4. Then I cycled to Weißensee lake and then back to Füssen.
5. I cycled a mile into Austria and then back to Germany.

Expenses: 156.70 USD – Train, city tax, Hotel and food

Accommodations: Slept at Vital Hotel Wiedemann in Füssen, Germany.

Day 22, Friday, September 22, 2023

Daily Bike Miles: 16.94 MI (27.26 KM)

Location: Füssen, Germany to Nuremberg, Germany

Points of interest:

1. Had to get the hotel to unluck the garage to get my bike.
2. It was a rainy day, ideal for being on the train.
3. I had trouble figuring out where to get on the ICE train (High speed train).
4. Checked out historic Nuremberg.

5. Went to Justice of Peace palace and then the Nazi Rally Park in Nuremberg.

Expenses: 141.41 USD – Train, Hotel and food

Accommodations: Slept at IntercityHotel in Nuremberg, Germany.

Day 23, Saturday, September 23, 2023

Daily Bike Miles: 0 miles

Location: Nuremberg, Germany and Rothenburg ob der Tauber, Germany

Points of interest:

1. Took train to Rothenburg ob der Tauber.
2. Walked the walls and saw the sites of Rothenburg ob der Tauber. Great town!
3. Bought my train tickets for Munich and Bamberg.
4. Reserved a hotel in Amberg for the one night I had open.
5. Walked around historic area in Nuremberg.

Expenses: 167.63 USD – Train, Hotel and food

Accommodations: Slept at IntercityHotel in Nuremberg, Germany.

Day 24, Sunday, September 24, 2023

Daily Bike Miles: 24.93 MI (40.12 KM)

Location: Nuremberg, Germany and Bamberg, Germany

Points of interest:

1. Took the train to Bamberg with my bike for the day.
2. Before 10:00 AM the town was not busy, after that lots of tourists.
3. The train leaving Bamberg was packed, luckily, I was able to get on with my bike.

Expenses: 122.17 USD – Sweat shirt, Hotel and food

Accommodations: Slept at IntercityHotel in Nuremberg, Germany.

Day 25, Monday, September 25, 2023

Daily Bike Miles: 29.49 MI (47.46 KM)

Location: Nuremberg, Germany to Amberg, Germany

Points of interest:

1. I went on the Imperial Castle tour before leaving Nuremberg, Germany.
2. I also went up Simwell Tower and toured the deep well.
3. Took the train to Amberg, Germany and checked out the sites there.

4. I cycled to Sulzbach-Rosenberg and then back to Amberg, Germany.

Expenses: 146.56 USD – Train, Castle entry fee, hotel and food

Accommodations: Slept at Hotel Fronfeste in Amberg, Germany.

Day 26, Tuesday, September 26, 2023

Daily Bike Miles: 12.12 MI (19.51 KM)

Location: Amberg, Germany to Oberding, Germany

Points of interest:

1. I took a train to Munich airport.
2. I cycled near the airport.
3. I packed up my bike and prepared for my flight back to Portland.
4. I went to sleep around 10:00 PM.

Expenses: 247.64 USD – Transportation, hotel and food

Accommodations: Slept at NH München Airport hotel in Oberding, Germany.

Day 27, Wednesday, September 27, 2023

Daily Bike Miles: 0 miles

Location: Oberding, Germany to Portland, Oregon

Points of interest:

1. I woke up around 4:42 AM.
2. I got off the hotel shuttle at the wrong terminal at the Munich airport.
3. It took me a while to get to my check-in area at the airport, it was really crowded.
4. I almost missed my connecting flight in Paris.

Expenses: 212.67 USD – Souvenir, Luggage fee on plane, taxi home and food

Accommodations: Slept at my home in Portland, Oregon.

Total Ground Transportation Millage = 784 MI (1261.72 KM)

Date	Distance	Traveled Start to End
9/2/2023	128 MI (206 KM)	Train - Stockholm airport to Norrköping, Sweden
9/18/2023	79 MI (127.14 KM)	Train - Regensburg to Munich, Germany
9/19/2023	84 MI (135.18 KM)	Train - Munich to Füssen, Germany
9/22/2023	158 MI (254.28 KM)	Train - Füssen to Nuremberg, Germany
9/23/2023	105 MI (168.98 KM)	Train - Nuremberg to Rothenburg ob der Tauber to Nuremberg, Germany
9/24/2023	77 MI (123.92 KM)	Train - Nuremberg to Bamberg to Nuremberg, Germany
9/25/2023	44 MI (70.81 KM)	Train - Nuremberg to Amberg, Germany
9/26/2023	109 MI (175.42 KM)	Train - Amburg to Munich airport, Germany

Total Boat Transportation Millage = 46 MI (74.03 KM)

Date	Distance	Traveled Start to End
9/6/2023	6 MI (9.66 KM)	Ferry - Helsingborg, Sweden to Helsingør, Denmark
9/9/2023	40 MI (64.37 KM)	Ferry - Gedser, Denmark to Rostock Ferry, Germany

Total Cycling Millage = 1183.94 MI (1905.36 KM)

Date	Distance	Traveled Start to End
9/3/2023	75.4 MI (121.34 KM)	BikeFriday - Norrköping to camp south of Ödeshög, Sweden
9/4/2023	71.99 MI (115.86 KM)	BikeFriday - Camp south of Ödeshög to Skillingaryd, Sweden
9/5/2023	72.48 MI (116.64 KM)	BikeFriday - Skillingaryd to Markaryd, Sweden
9/6/2023	55.58 MI (89.45 KM)	BikeFriday - Markaryd to Helsingborg, Sweden
9/6/2023	31.24 MI (50.28 KM)	BikeFriday - Helsingør, Denmark to Copenhagen, Denmark
9/7/2023	31.61 MI (50.87 KM)	BikeFriday - Cycled around Copenhagen, Denmark
9/8/2023	73.15 MI (117.72 KM)	BikeFriday - Copenhagen to Vordingborg, Denmark
9/9/2023	41.69 MI (67.09 KM)	BikeFriday - Vordingborg to Gedser, Denmark
9/9/2023	8.19 MI (13.18 KM)	BikeFriday - Ferry Rostock to Rostock hotel, Germany

9/10/2023	73.23 MI (117.85 KM)	BikeFriday - Rostock Hotel to Camp north of Leizen, Germany
9/11/2023	76.77 MI (123.55 KM)	BikeFriday - Camp near Leizen to camp south of Rathenow, Germany
9/12/2023	66.06 MI (106.31 KM)	BikeFriday - Camp near Rathenow to Dessau, Germany
9/13/2023	44.71 MI (71.95 KM)	BikeFriday - Dessau to Leipzig, Germany
9/14/2023	62.91 MI (101.24 KM)	BikeFriday - Leipzig to camped near Hohenleuben, Germany
9/15/2023	52.71 MI (84.83 KM)	BikeFriday - Near Hohenleuben to Kirchenlamitz, Germany
9/16/2023	69.84 MI (112.4 KM)	BikeFriday - Kirchenlamitz to near Hahnbach, Germany
9/17/2023	70.56 MI (113.56 KM)	BikeFriday - Near Hahnbach to Regensburg, Germany
9/18/2023	22.17 MI (35.68 KM)	BikeFriday - Regensburg and Munich airport area, Germany
9/19/2023	24.48 MI (39.4 KM)	BikeFriday - Munich airport area and Füssen, Germany
9/20/2023	33.58 MI (54.04 KM)	BikeFriday - Around Füssen, Germany
9/21/2023	42.11 MI (67.77 KM)	BikeFriday - Around Füssen, Germany
9/22/2023	16.94 MI (27.26 KM)	BikeFriday - Around Füssen and Nuremberg, Germany
9/24/2023	24.93 MI (40.12 KM)	BikeFriday - Around Bamberg and Nuremberg, Germany
9/25/2023	29.49 MI (47.46 KM)	BikeFriday - Around Amberg and Nuremberg, Germany
9/26/2023	12.12 MI (19.51 KM)	BikeFriday - Amberg and Munich airport area, Germany