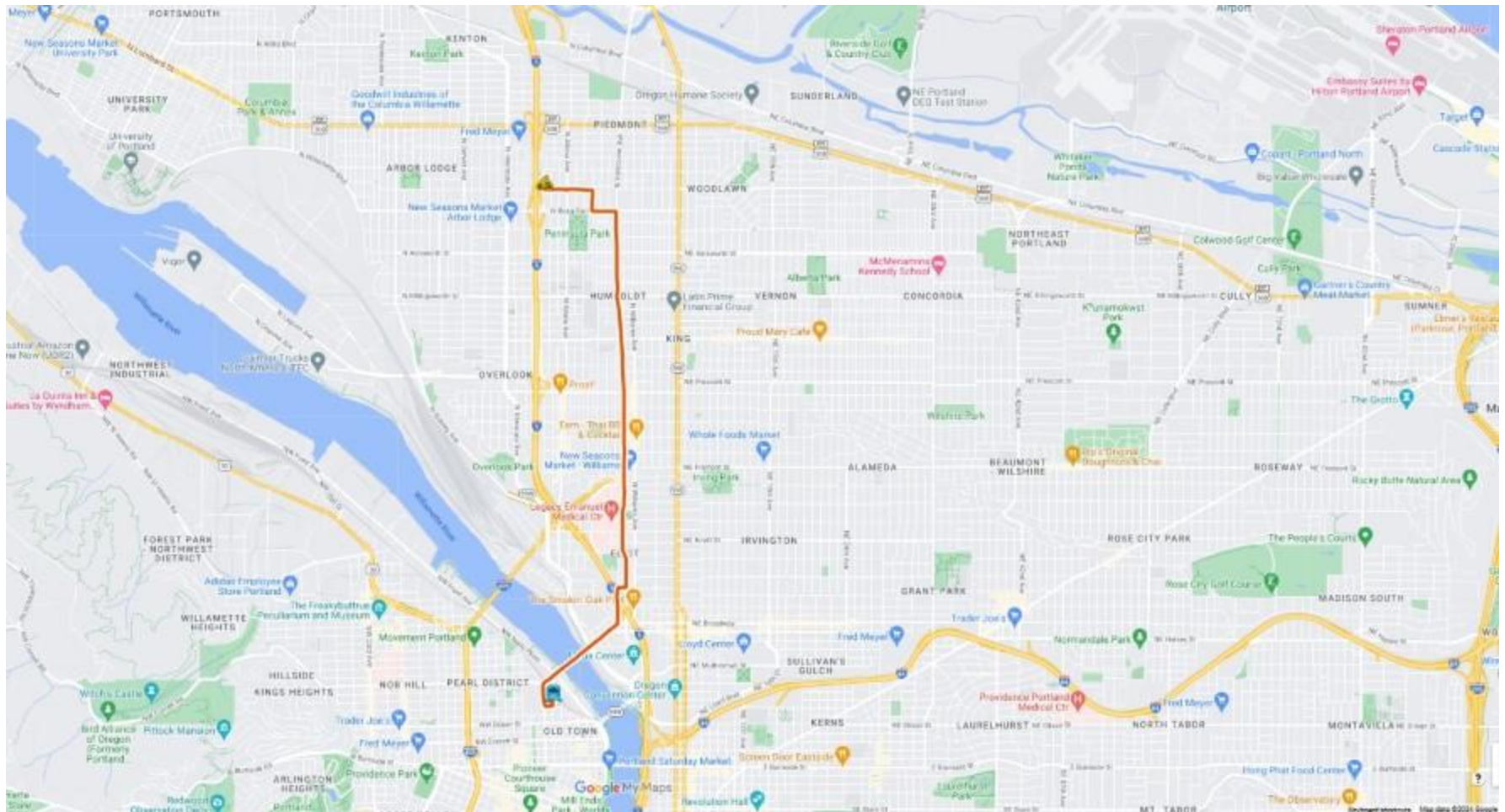
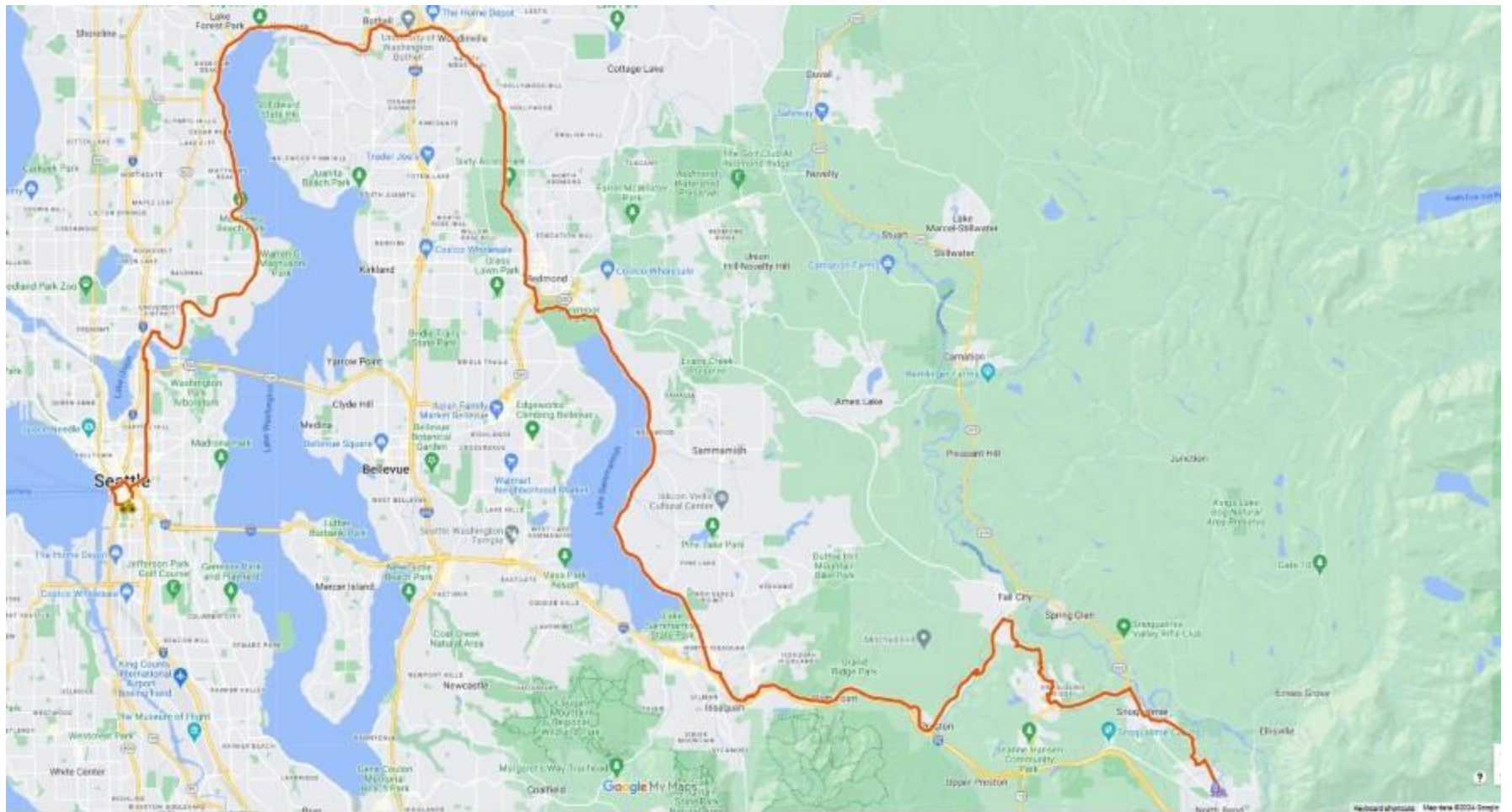


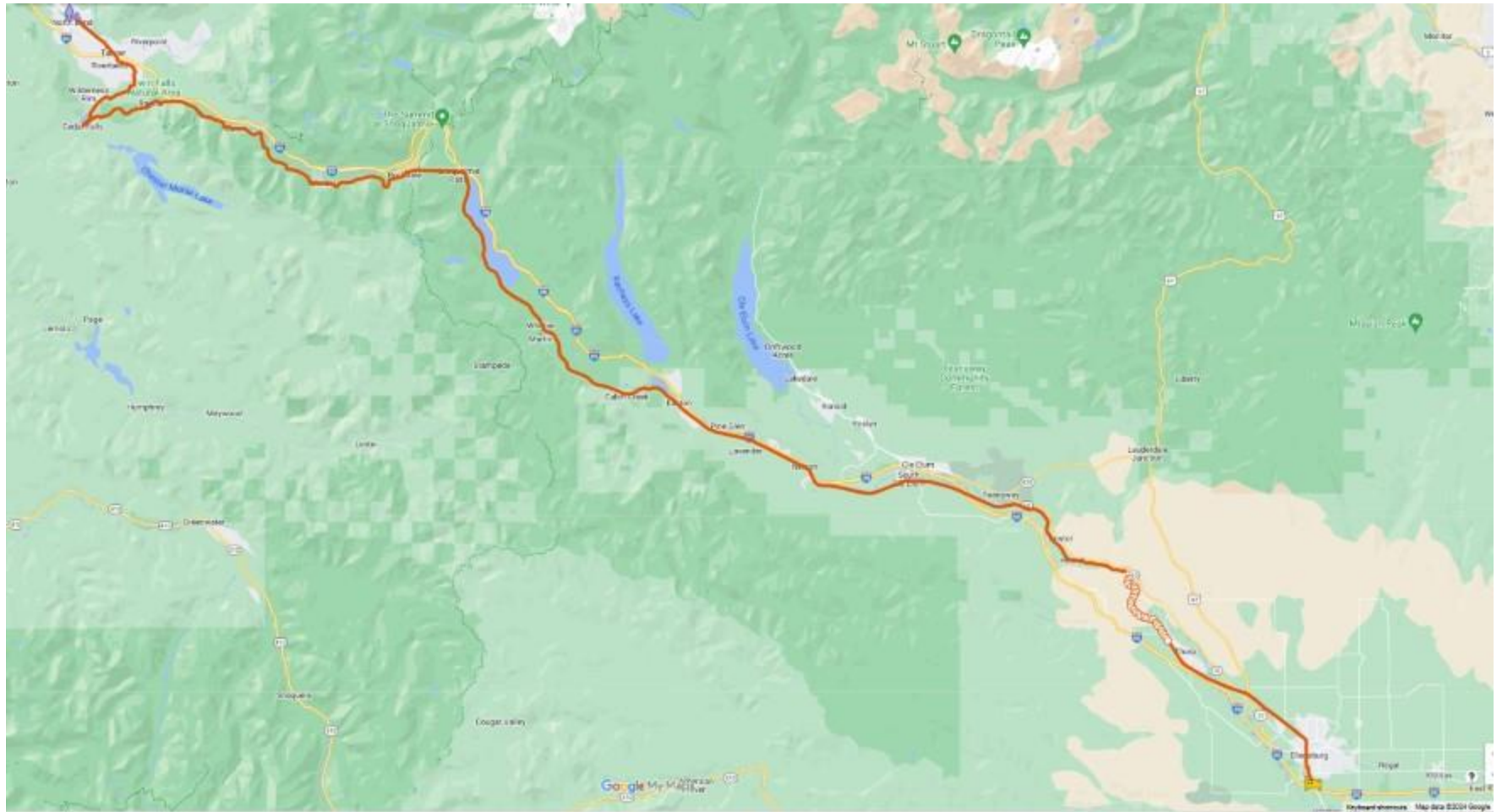
Entire Trip – 1) Cycle from home to Portland train station. 2) Cycled Seattle, Washington to Missoula, Montana 3) Cycled in Coeur d'Alene and the Hiawatha trail. 4) Cycled from Vancouver, Washington back to my home in Portland. Oregon



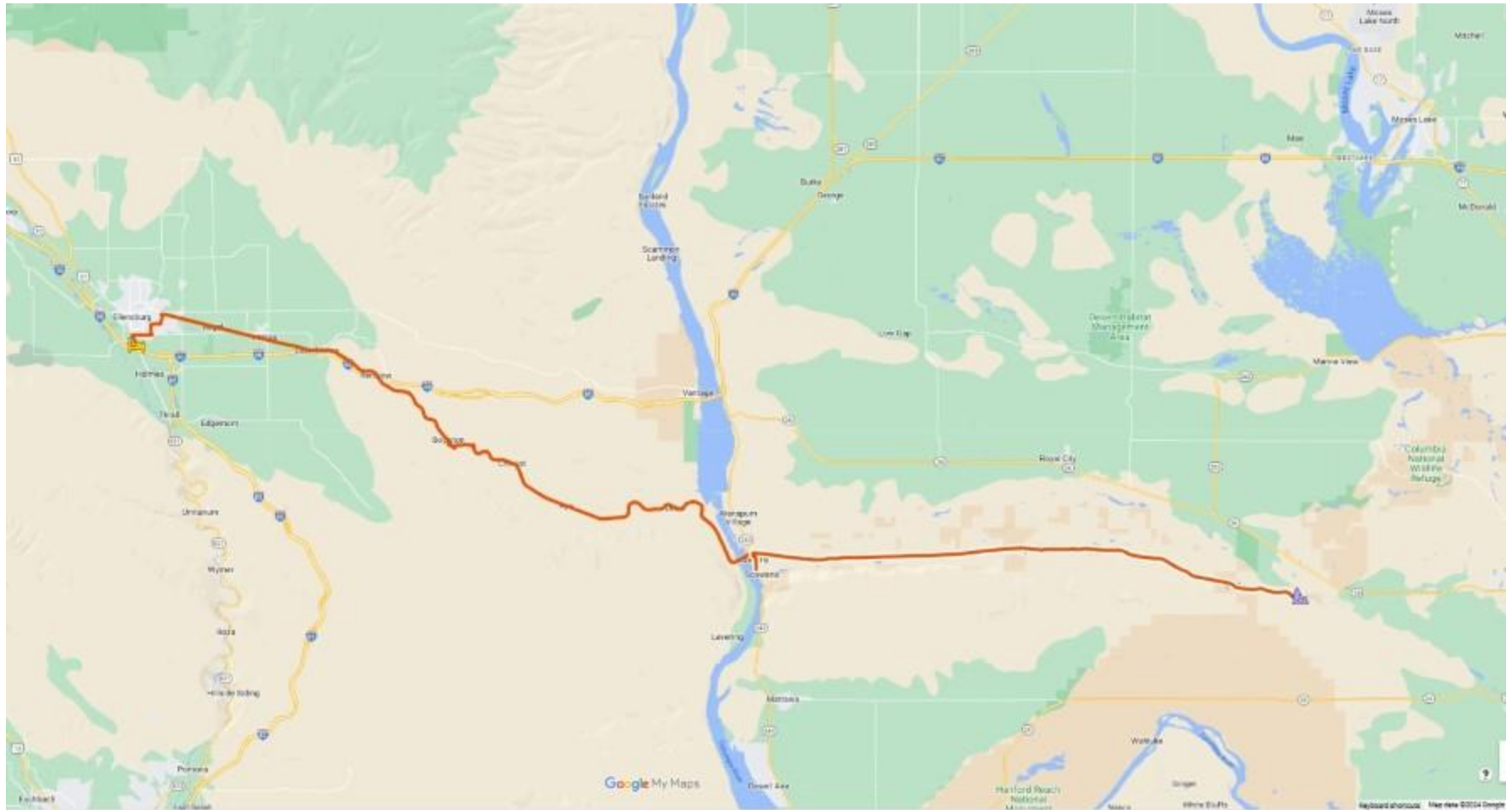
Day 1, Tuesday, August 6, 2024 - Cycled – From home in Portland, Oregon to Portland, Oregon Amtrak station. Took train to Seattle, Washington



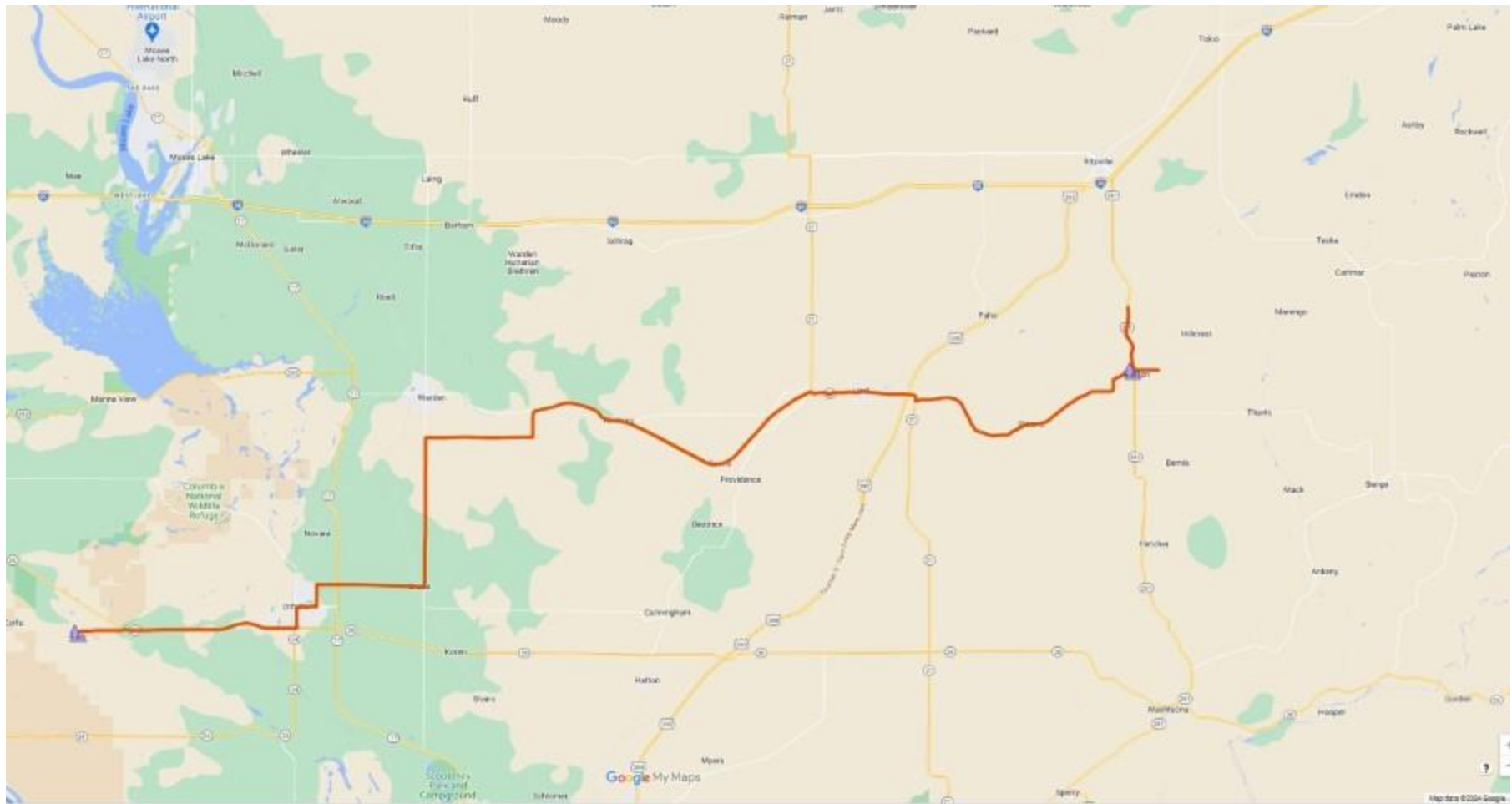
Day 1, Tuesday, August 6, 2024 - Cycled – From Seattle, Washington Amtrak station to a little past Snoqualmie Falls



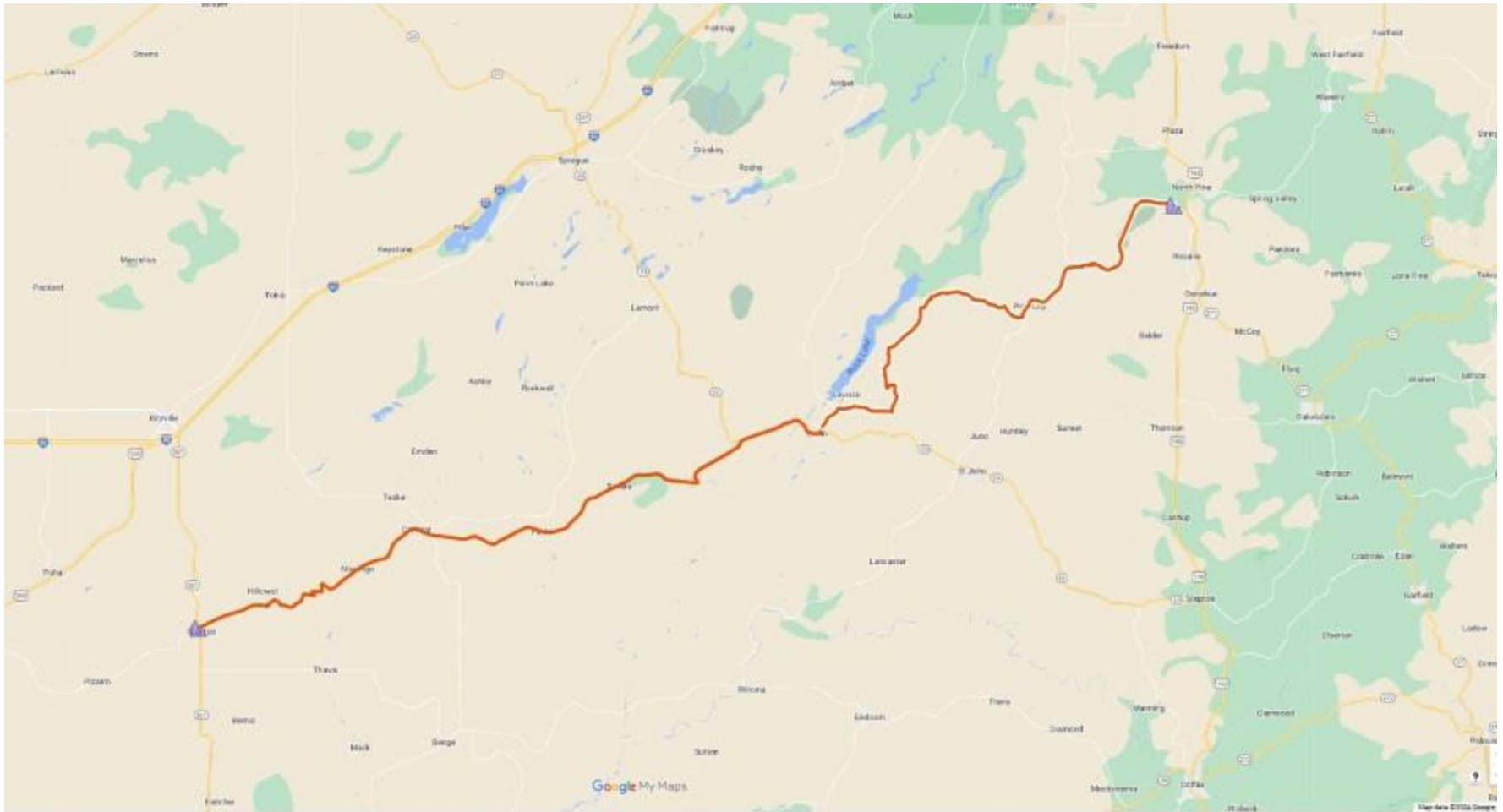
Day 2, Wednesday, August 7, 2024 - Cycled – From a little past Snoqualmie Falls to Ellensburg, Washington



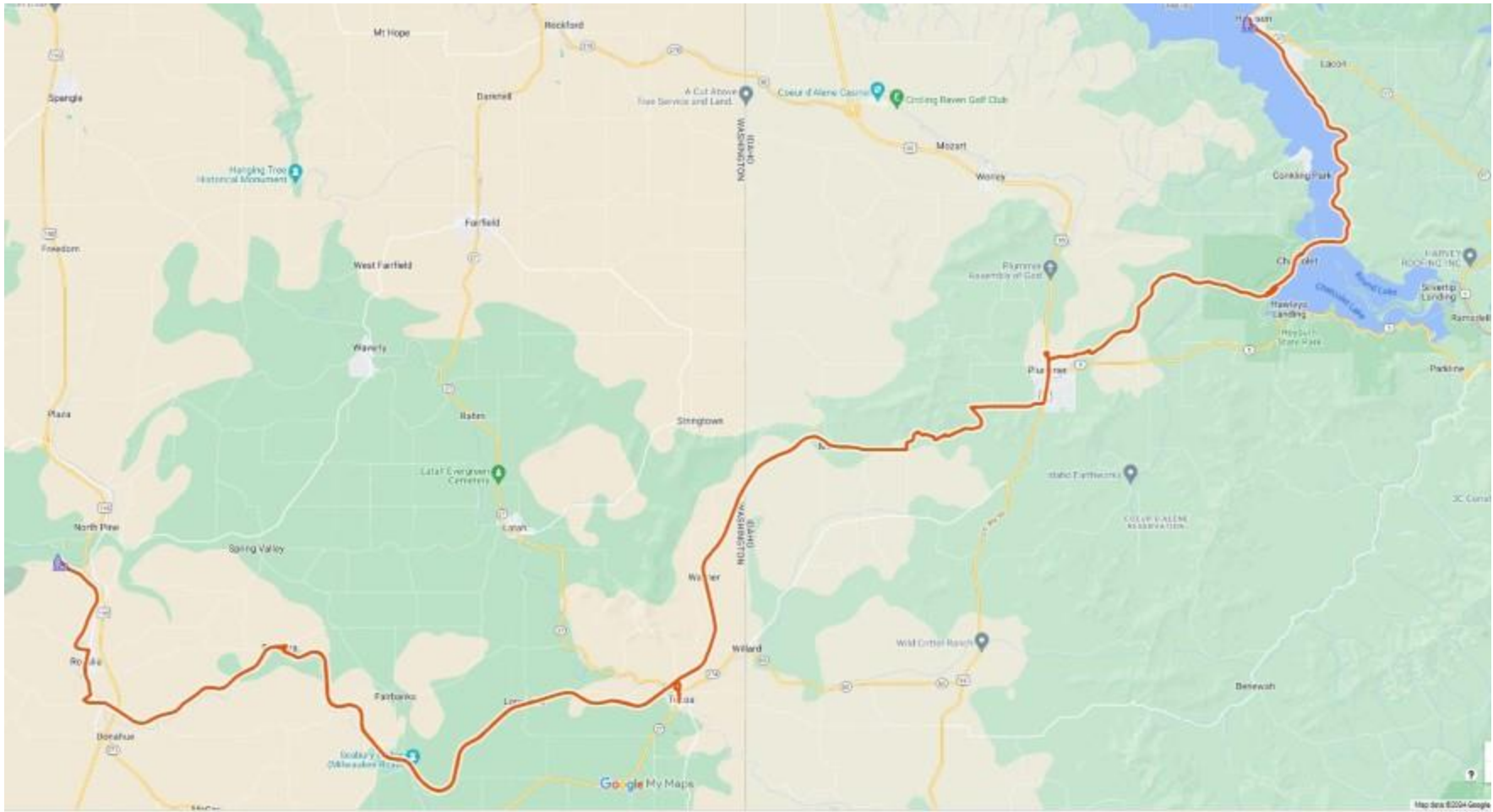
Day 3, Thursday, August 8, 2024 - Cycled – From Ellensburg, Washington to 20 miles past Beverly, Washington



Day 4, Friday, August 9, 2024 - Cycled – From 20 miles past Beverly, Washington to Ralston, Washington

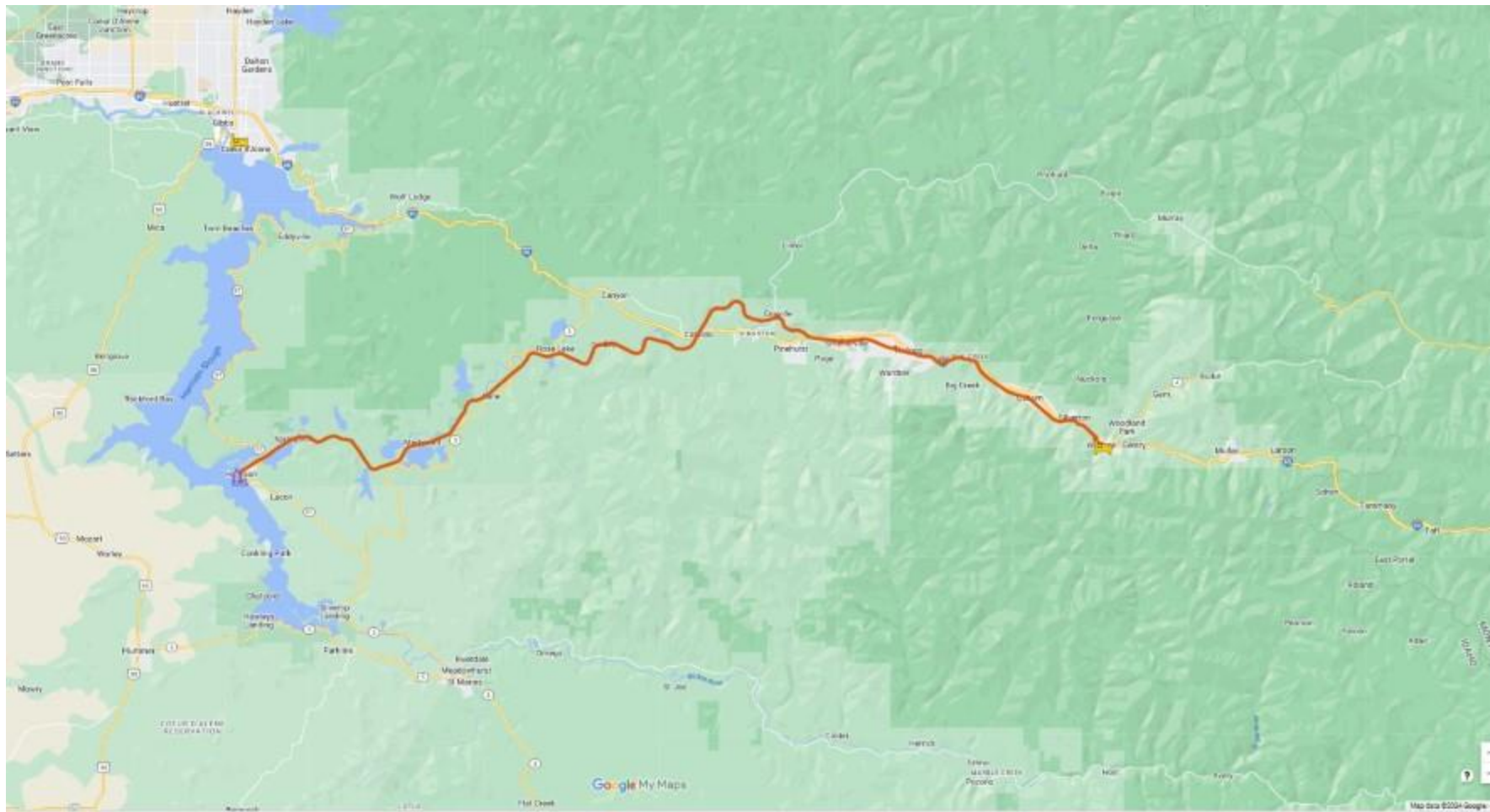


Day 5, Saturday, August 10, 2024 - Cycled – From Ralston, Washington to near Rosalia, Washington

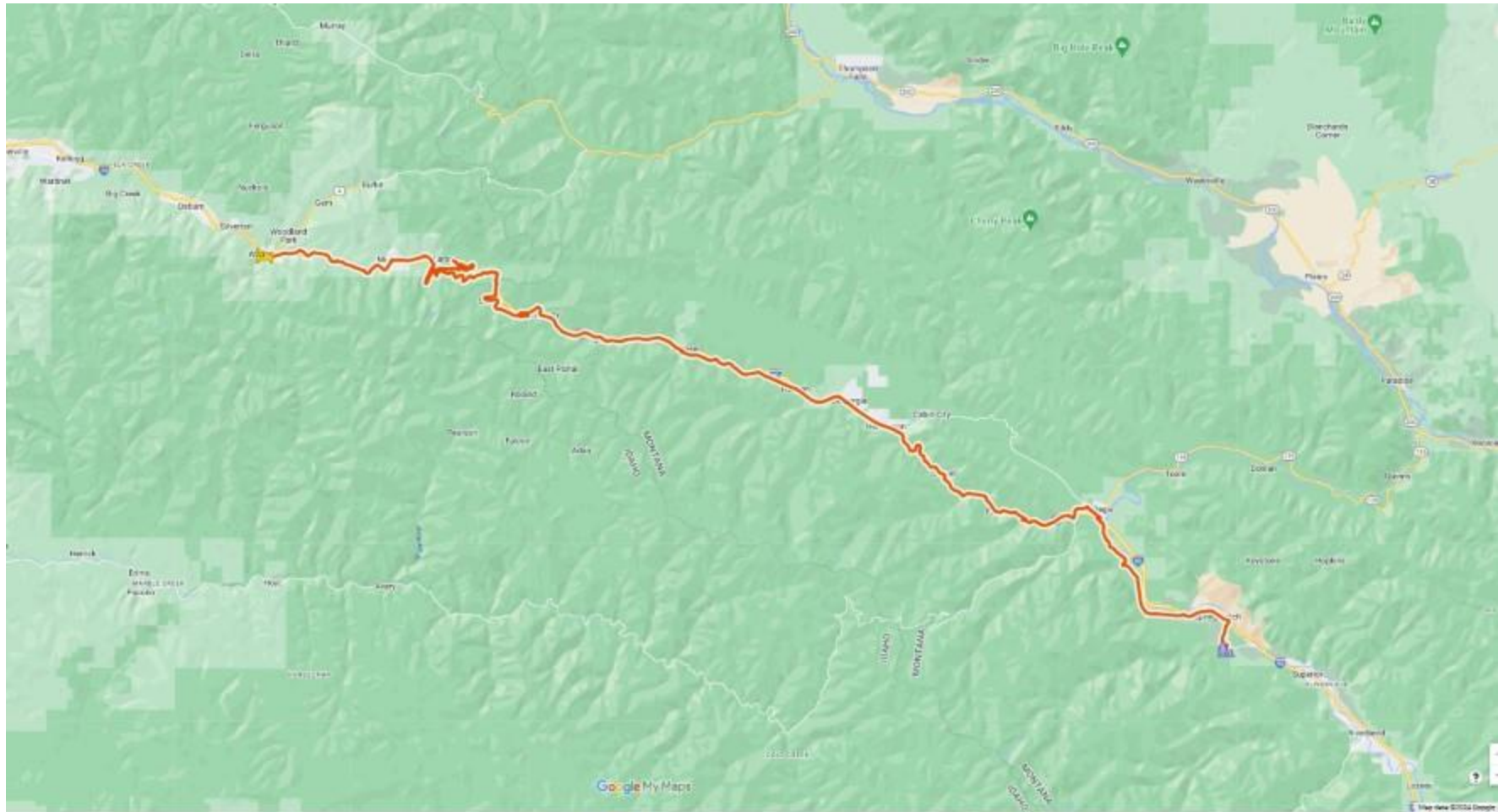


Day 6, Sunday, August 11, 2024 - Cycled – From near Rosalia, Washington to Harrison, Idaho

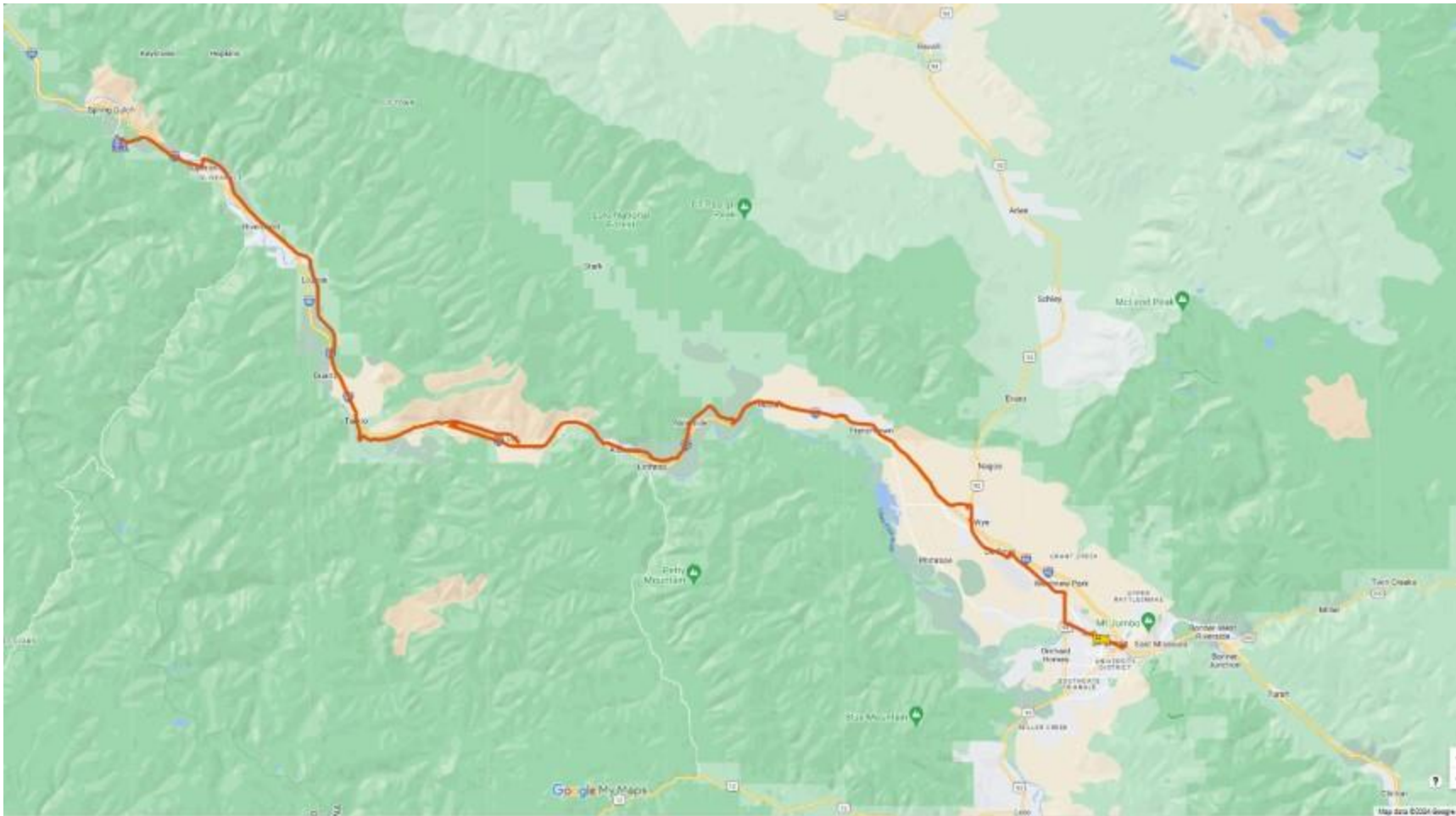




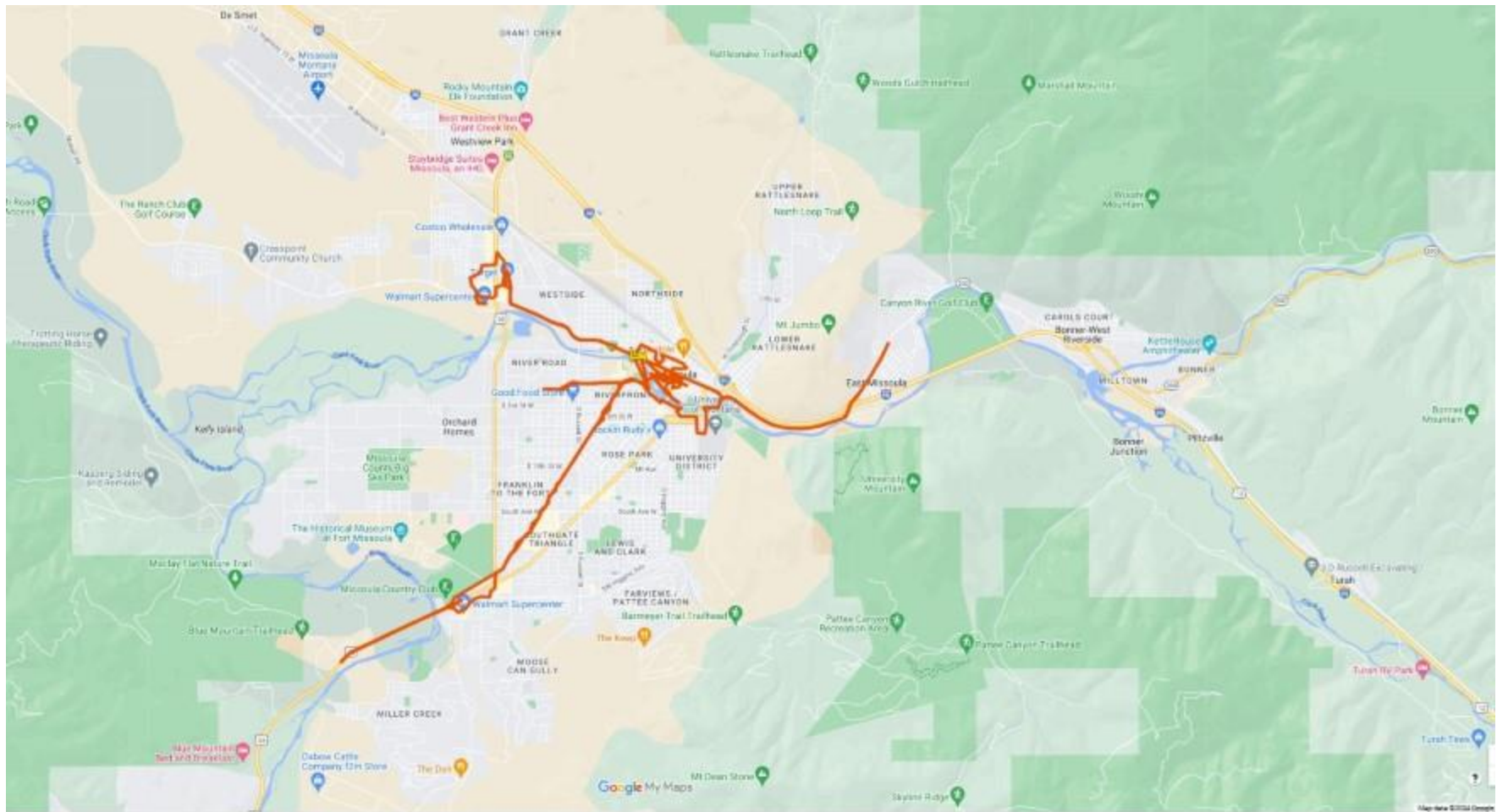
Day 7, Monday, August 12, 2024 - Cycled – From Harrison, Idaho to Wallace, Idaho



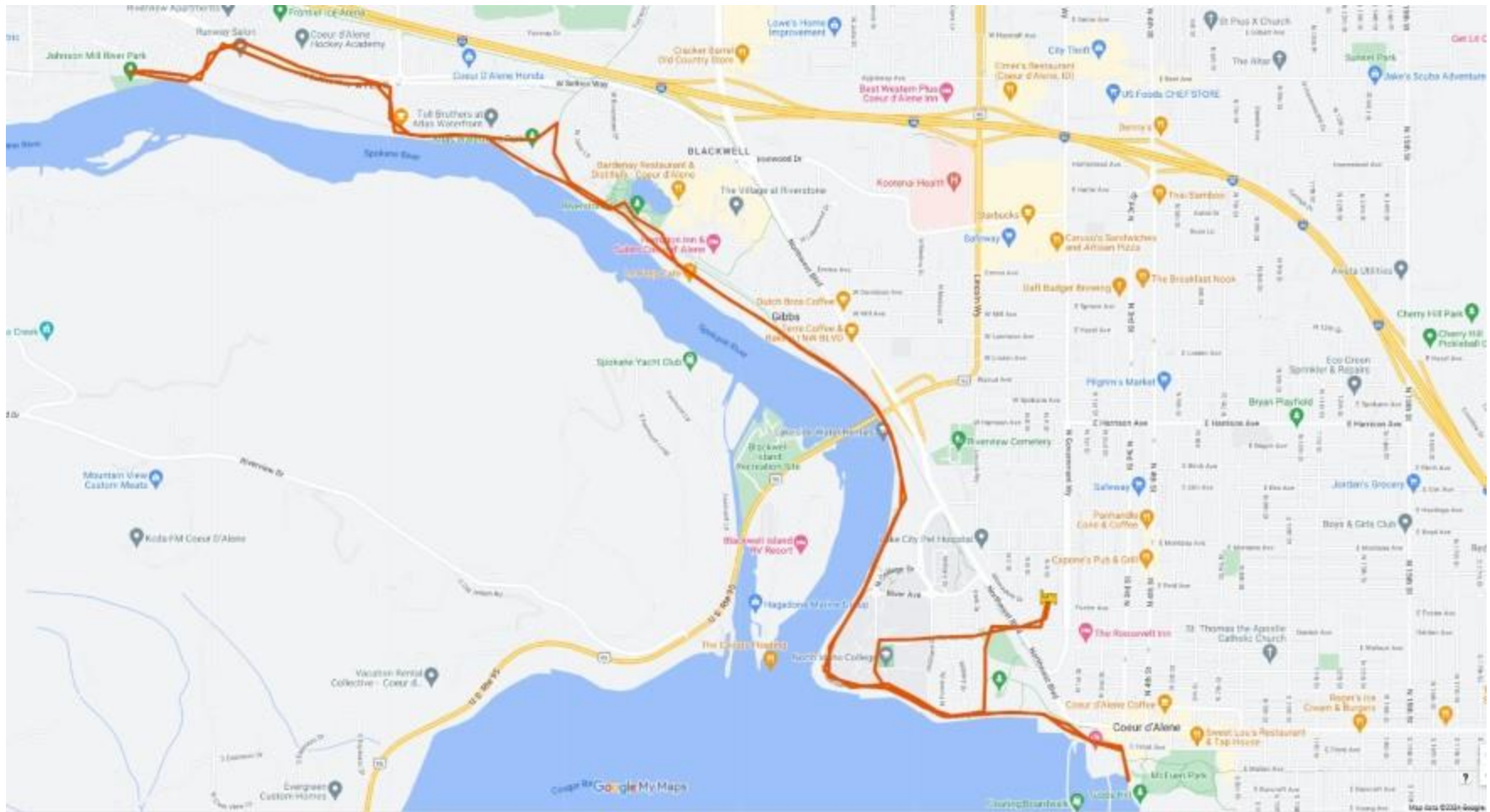
Day 8, Tuesday, August 13, 2024 - Cycled – From Wallace, Idaho to near St. Regis to camp in the Lolo National Forest



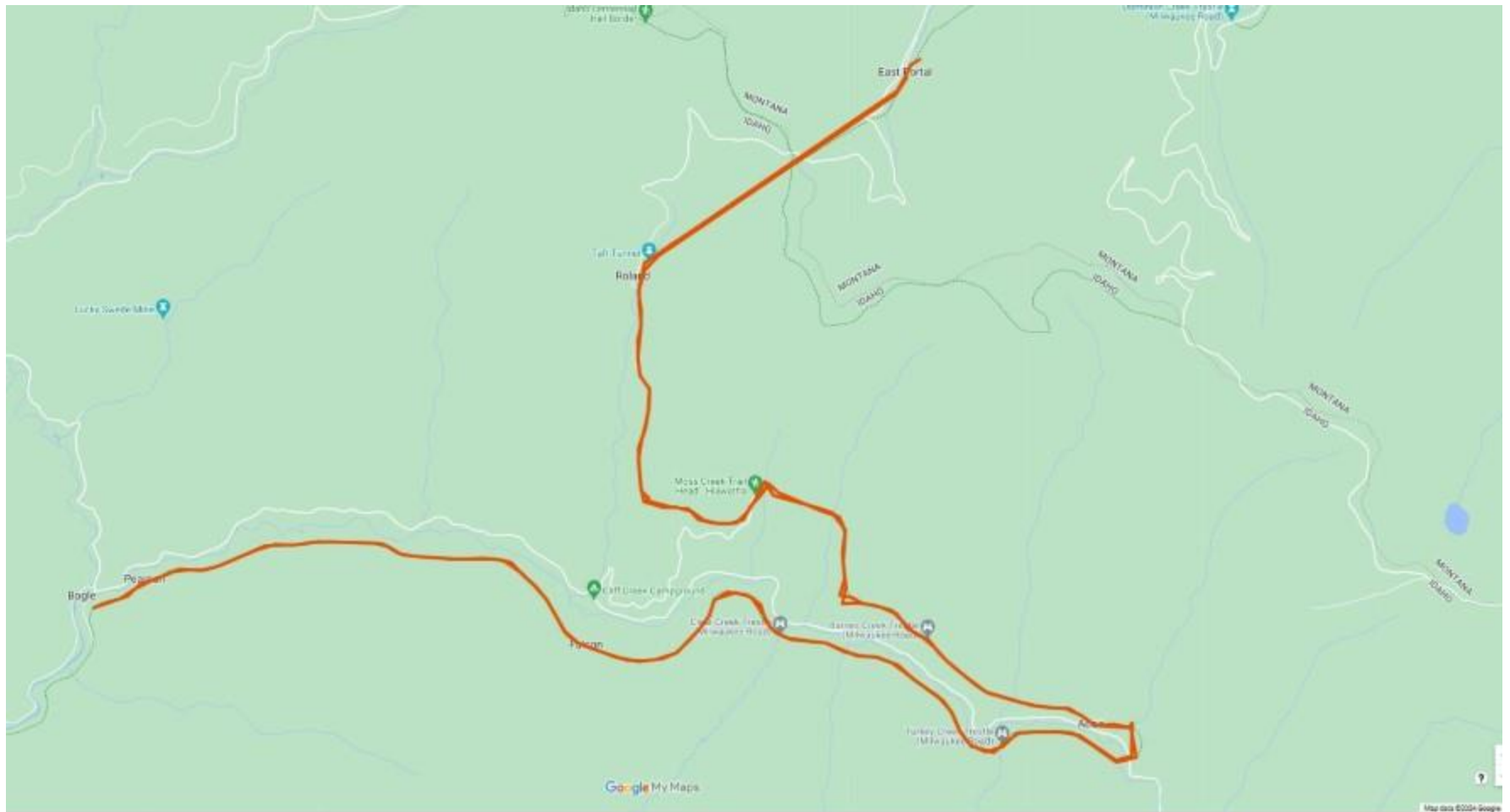
Day 9, Wednesday, August 14, 2024 - Cycled – From near St. Regis in the Lolo National Forest to Missoula, Montana



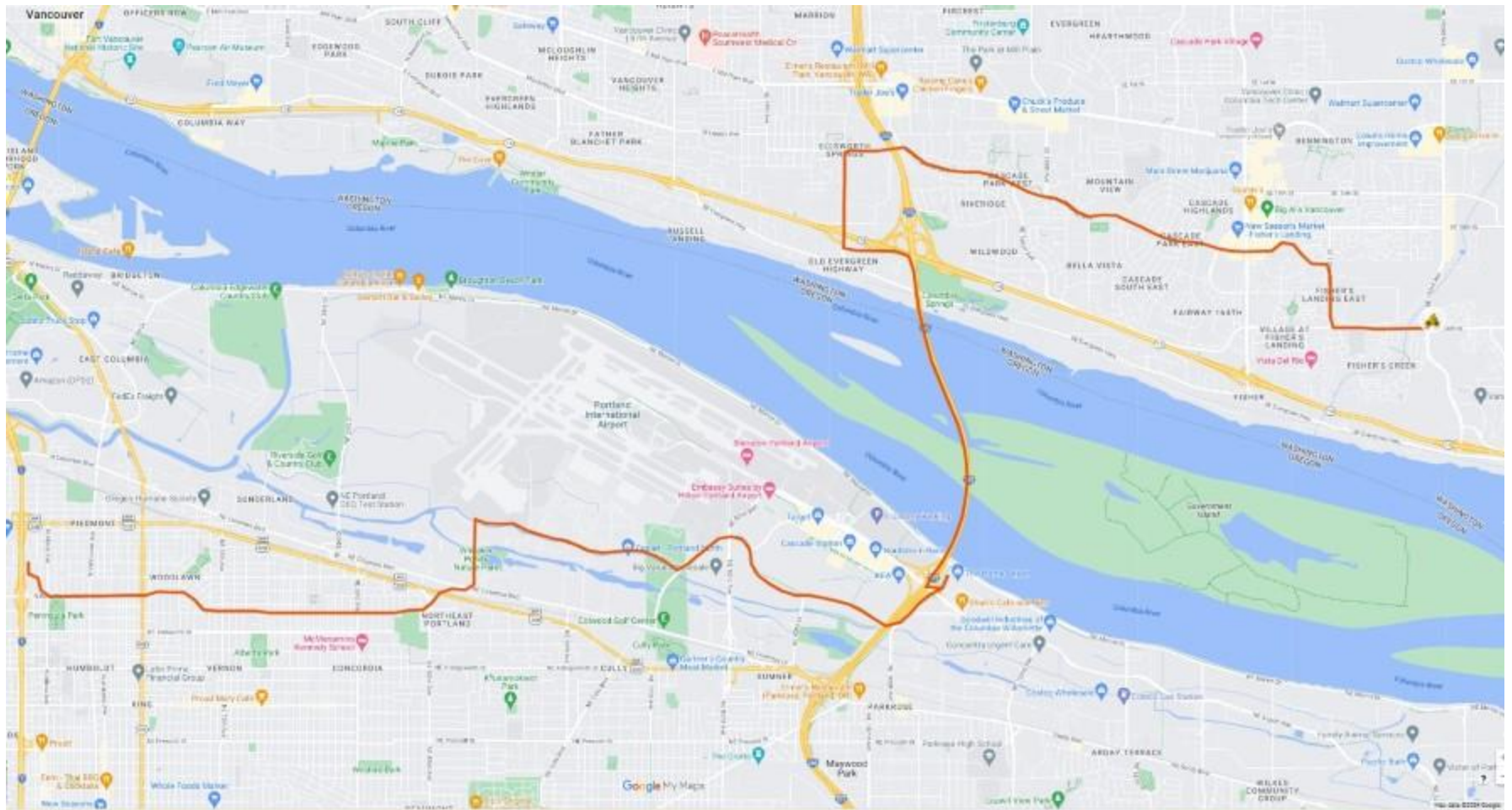
Day 10, Thursday, August 15, 2024 - Cycled – Around Missoula, Montana



Day 11, Friday, August 16, 2024 - Cycled – Near lake and river in Coeur d'Alene, Idaho



Day 12, Saturday, August 17, 2024 - Cycled – The Route of the Hiawatha Trail.  
Day 13, Sunday, August 18, 2024 – Truck - Jay gave me a ride to his place in White Salmon, Washington.



Day 14, Monday, August 19, 2024 - Cycled – Jay gave me a ride the Vancouver, Washington. Then I cycled from Vancouver, Washington to my home in Portland, Oregon