Total Cycling Millage = 116.7 MI (187.8 KM)

Total Ground Transportation Millage = 576 MI (927 KM)

Total Water Transportation Millage = 71 MI (115 KM)

Total Airplane Millage: Airplane miles 5859 MI (9429 KM)

Total Miles Earth: Total miles traveled, not including airplane miles 764 MI (1229 KM)

Total Miles: Total miles traveled including airplane miles 6623 MI (10658 KM)

Days of biking: 6 days Location: Yucatan, Mexico

Flight information

Total Expenses: ~= \$3,753.50 USD

Country	Miles	Kilometers
Mexico	116.7	187.8

Cycling miles table

Day 1, Thursday, January 9, 2025 Daily Bike Miles: 0 MI (0 KM)

Location: Portland, Oregon (PDX) to Miami, Florida (MIA)

Points of interest:

- 1. Took the Max train to PDX
- 2. I walked all over PDX airport.
- 3. Boarded my flight to Miami, Florida Expenses: \$19.37 USD Train and food Accommodations: Slept in Airplane from

Day 2, Friday, January 10, 2025 Daily Bike Miles: 0 MI (0 KM)

Location: Miami, Florida to hotel in Cancún - El Rey del Caribe Hotel

Points of interest:

- 1. Flew to Cancún, Mexico.
- 2. Went for a long walk in Cancún.
- 3. Meet the people on my Cycle Mexico tour.

Expenses: \$51.72 USD - Shuttle and food

Accommodations: Slept at El Rey del Caribe Hotel in Cancún Mexico

Day 3, Saturday, January 11, 2025 Daily Bike Miles: 14.2 MI (22.9 KM)

Location: Cancún Mexico to Isla Mujeres to Cancún Mexico

Points of interest:

- 1. Cycled from hotel to Isla Mujeres ferry terminal.
- 2. Took ferry to Isla Mujeres.

3. Cycled around Isla Mujeres

Expenses: \$67.50 USD - Tips, souvenirs and food

Accommodations: Slept at El Rey del Caribe Hotel in Cancún, Mexico

Day 4, Sunday, January 12, 2025 Daily Bike Miles: 4 MI (6.4 KM)

Location: Cancún Mexico to Merida, Mexico

Points of interest:

1. Visited Chichen Itza

2. Went swimming at Yokdzonot Cenote

3. Cycled in Merida.

Expenses: \$19.55 USD - Food

Accommodations: Slept at Hotel del Gobernador in Merida, Mexico

Day 5, Monday, January 13, 2025 Daily Bike Miles: 26.6 MI (42.8 KM)

Location: Merida, Mexico to Telchac, Mexico to Izamal, Mexico

Points of interest:

1. Nice ride from Progresso, Mexico to Telchac, Mexico

2. Exotic birds – Flamingos, etc.

3. Walked up the 3rd largest pyramids in Mexico

4. Walked to Convento de San Antonio de Padua.

Expenses: \$108.87 USD - Souvenirs, entry fee and food

Accommodations: Slept at Rinconada del Convento Hotel in Izamal, Mexico

Day 6, Tuesday, January 14, 2025 Daily Bike Miles: 24.7 MI (39.8 KM)

Location: Izamal, Mexico to near Xcajum Cenote to Valladolid, Mexico

Points of interest:

- 1. Nice ride towards Xcajum Cenote
- 2. Cliff jumping at Xcajum Cenote.
- 3. Visited Casa de Los Venados

Expenses: \$15.25 USD - Food

Accommodations: Slept at Eco Hotel Quinta Regia in Valladolid, Mexico

Day 7, Wednesday, January 15, 2025 Daily Bike Miles: 26.2 MI (42.2 KM)

Location: Valladolid to Rio Lagartos, Mexico to Valladolid, Mexico

Points of interest:

1. Cycled from Panabá to Rio Lagartos.

2. Took a boat through Rio Lagartos Biosphere Reserve.

3. Had lobster for lunch.

Expenses: \$34.00 USD - Food

Accommodations: Slept at Eco Hotel Quinta Regia in Valladolid, Mexico

Day 8, Thursday, January 16, 2025 Daily Bike Miles: 21 MI (33.8 KM)

Location: Valladolid, Mexico to Cobá, Mexico to Tulum, Mexico

Points of interest:

1. Cycled from Nuevo Xcan to Cobá

- 2. Found climbing Nohoch Mul pyramid is no longer allowed.
- 3. Drove to Tulum

Expenses: \$56.75 USD - Tip, Souvenir and food

Accommodations: Slept at Casa Sofia Tulum in Mexico

Day 9, Friday, January 17, 2025 Daily Bike Miles: 0 MI (0 KM)

Location: Tulum, Mexico to Playa del Carmen, Mexico

Points of interest:

- 1. Checked out Tulum archaeological site.
- 2. Walked on 5th street at Playa del Carmen
- 3. Signed up for a Snorkeling trip.

Expenses: \$209.50 USD - Travel, Tips, Snorkeling trip and food

Accommodations: Slept at Hotel Las Golondrinas in Playa del Carmen, Mexico

Day 10, Saturday, January 18, 2025

Daily Bike Miles: 0 MI (0 KM)

Location: Playa del Carmen and Cozumel

Points of interest:

- 1. Took the ferry to Cozumel.
- 2. Went on a snorkeling trip along the shores of Cozumel.
- 3. Had a beer and pizza with Bernie.
- 4. Walked 5th avenue in Playa del Carmen

Expenses: \$197.25 USD – Tips, Souvenir, hotel and food

Accommodations: None

Day 11, Sunday, January 19, 2025 Daily Bike Miles: 0 MI (0 KM)

Location: Playa del Carmen to Salt Lake City, UT (SLC) to Portland, Oregon (PDX)

Points of interest:

- 1. Had breakfast in Playa del Carmen.
- 2. Took bus from Playa del Carmen to Cancún international airport, Terminal 3.
- 3. Flew to Salt Lake City (SLC) and then to Portland International Airport (PDX)
- 4. Took the Max train home.

Expenses: \$1.86 USD – Snorkeling trip, hotel and food

Accommodations: None

Total Ground Transportation Millage = 576 MI (927 KM)

Date	Distance	Traveled Start to End
1/10/2025	0 MI (0 KM)	van - Miami, Florida (MIA) to our hotel in Cancún - El Rey del Caribe Hotel
1/12/2025	122 MI (196.3 KM)	van - Cancún Mexico to Chichen Itza, Mexico
1/12/2025	11 MI (17.7 KM)	van - Chichen Itza, Mexico to Yokdzonot Cenote
1/12/2025	63 MI (101.4 KM)	van - Yokdzonot Cenote, Mexico to Merida, Mexico
1/13/2025	22.1 MI (35.6 KM)	van - Merida, Mexico to Progreso, Mexico
1/13/2025	41.5 MI (66.8 KM)	van - Telchac, Mexico to Izamal, Mexico
1/14/2025	37.5 MI (60.4 KM)	van - Izamal, Mexico to near Xcajum Cenote to Valladolid, Mexico
1/15/2025	46.5 MI (74.8 KM)	van - Valladolid, Mexico to Panabá, Mexico
1/15/2025	67.4 MI (108.5 KM)	van - Rio Lagartos, Mexico to Valladolid, Mexico
1/16/2025	59.9 MI (96.4 KM)	van - Valladolid, Mexico to Nuevo Xcán, Mexico
1/16/2025	29.3 MI (47.2 KM)	van - Coba, Mexico to Tulum, Mexico
1/17/2025	38.2 MI (61.5 KM)	van - Tulum, Mexico to Playa del Carmen, Mexico
1/19/2025	37.5 MI (60.4 KM)	- Bus to airport

Total Water Transportation Millage = 71 MI (115 KM)

Date	Distance	Traveled Start to End	
1/11/2025	12 MI (19.3 KM)	Ferry - Puerto Juarez, Mexico to Isla Mujeres, Mexico	
1/11/2025	2 MI (3.2 KM)	Ferry - Isla Mujeres, Mexico to Puerto Juarez, Mexico	
1/15/2025	7.2 MI (11.6 KM)	2 MI (11.6 KM) boat - around Rio Lagartos, Mexico	
1/18/2025	1/18/2025 50 MI (80.5 KM) boat - Estimate - Playa de Carmen to/ from Cozumel and Snorkeling		

Total Cycling Millage = 116.7 MI (187.8 KM)

Date	Distance	Traveled Start to End
1/11/2025	2.2 MI (3.5 KM)	Rental bike - Cancún, Mexico to Puerto Juarez, Mexico
1/11/2025	10 MI (16.1 KM)	Rental bike - Around Isla Mujeres, Mexico
1/11/2025	2 MI (3.2 KM)	Rental bike - Puerto Juarez, Mexico to Cancún Mexico
1/12/2025	4 MI (6.4 KM)	Rental bike - Around Merida, Mexico
1/13/2025	26.6 MI (42.8 KM)	Rental Bike - Progreso, Mexico to Telchac Puerto, Mexico
1/14/2025	24.7 MI (39.8 KM)	van - Izamal, Mexico to near Xcajum Cenote
1/15/2025	26.2 MI (42.2 KM)	Rental bike - Panabá, Mexico to Rio Lagartos
1/16/2025	21 MI (33.8 KM)	Rental Bike - Nuevo Xcán, Mexico to Coba, Mexico

Total Air Transportation Millage = 5859 MI (9429 KM)

Date	Distance	Traveled Start to End
1/9/2025	2702 MI (4348.4 KM)	Plane - Portland, Oregon (PDX) to Miami, Florida (MIA)
1/10/2025	529 MI (851.3 KM)	Plane - Miami, Florida (MIA) to Cancún (CUN)
1/19/2025	1995 MI (3210.6 KM)	Plane - Cancún (CUN) to Salt Lake City, UT (SLC)
1/19/2025	633 MI (1018.7 KM)	Plane - Salt Lake City, UT (SLC) to Portland, Oregon (PDX)