

Prices

Total US Dollars = \$4,095.12 USD

Day Pre-trip expenses

\$905.00 USD - Portland, Oregon - Bike Hike Paddle August 2025 - Bergie trip

\$216.00 USD - Portland, Oregon - Flight Portland, OR (PDX) to Idaho Falls, ID (IDA)

\$119.20 USD - Portland, Oregon - Red Lion Hotel PDX

\$220.00 USD - Portland, Oregon - Shared rental car price

\$15.00 USD - Portland, Oregon - Bike box to fly to Jackson Hole, WY

Accommodations: Home in Portland

Total daily expenses: \$1,475.20 USD

USD Equivalent: \$1,475.20 USD

Day 1, Sunday, August 17, 2025

\$1.40 USD - Portland, Oregon - Max to PDX airport

\$10.79 USD - Portland, Oregon - Wendy's spicy chicken combo

Accommodations: Red Lion Hotel

Total daily expenses: \$12.19 USD

USD Equivalent: \$12.19 USD

Day 2, Monday, August 18, 2025

\$2.00 USD - Portland, Oregon - Tip to shuttle driver from Red Lion

\$14.00 USD - Moran, Wyoming - Crackers, chips, power bar and cliff bar

Accommodations: Jackson Lake Lodge

Total daily expenses: \$16.00 USD

USD Equivalent: \$16.00 USD

Day 3, Tuesday, August 19, 2025

\$26.00 USD - Moran, Wyoming - Breakfast at Jackson Lodge

\$12.00 USD - Moran, Wyoming - Ferry ticket at Jenny Lake

Accommodations: Jackson Lake Lodge

Total daily expenses: \$38.00 USD

USD Equivalent: \$38.00 USD

Day 4, Wednesday, August 20, 2025

\$67.00 USD - Moran, Wyoming - Breakfast at Jackson Lodge

\$6.00 USD - Island Park, Idaho - Beer at Café Sabor

\$44.14 USD - Island Park, Idaho - Groceries - Chips, crackers. cider, sandwich meat and bread

\$16.93 USD - Island Park, Idaho - Groceries - Yogurt, granola and breakfast bar

Accommodations: Island Park Airbnb (4902 Centennial Dr)

Total daily expenses: \$134.07 USD

USD Equivalent: \$134.07 USD

Day 5, Thursday, August 21, 2025

\$15.30 USD - Island Park, Idaho - Groceries - Bananas, almonds and Diet Mt Dew

\$35.00 USD - Island Park, Idaho - Dinner Lakeside Lodge - Chicken parmesan

Accommodations: Island Park Airbnb (4902 Centennial Dr)

Total daily expenses: \$50.30 USD

USD Equivalent: \$50.30 USD

Day 6, Friday, August 22, 2025

\$22.00 USD - Island Park, Idaho - Dinner - Small Hawaiian pizza

Accommodations: Island Park Airbnb (4902 Centennial Dr)

Total daily expenses: \$22.00 USD

USD Equivalent: \$22.00 USD

Day 7, Saturday, August 23, 2025

\$30.00 USD - West Yellowstone, Montana - Gas for Nancy's car.

Accommodations: Canyon Campground at Yellowstone

Total daily expenses: \$30.00 USD

USD Equivalent: \$30.00 USD

Day 8, Sunday, August 24, 2025

\$6.48 USD - Fishing Bridge, Yellowstone, Wyoming - Ding Dongs and Diet Mt Dew

\$8.70 USD - Cody, Wyoming - Wendy's Combo Meal

\$25.99 USD - Cody, Wyoming - Yellowstone National Park T-shirt

\$16.21 USD - Cody, Wyoming - Walmart - Three cans of tune, blueberries, bread, cashews and Cheerios

\$99.90 USD - Cody, Wyoming - Motel

Accommodations: Wyoming Inn

Total daily expenses: \$157.28 USD

USD Equivalent: \$157.28 USD

Day 9, Monday, August 25, 2025

\$7.46 USD - Cody, Wyoming - Walmart - Sun screen and Diet Mt Dew

\$8.49 USD - Basin, Wyoming - Diet Mt Dew, burrito and zingers

\$100.80 USD - Worland, Wyoming - Motel

\$13.64 USD - Worland, Wyoming - Subway combo - 12" turkey sandwich, chips and Diet Pepsi

\$1.50 USD - Worland, Wyoming - Two Diet Pepsi from hotel coke machine

Accommodations: Townhouse Motor Inn

Total daily expenses: \$131.89 USD

USD Equivalent: \$131.89 USD

Day 10, Tuesday, August 26, 2025

\$18.77 USD - Shoshoni, Wyoming - Burrito, 2 Diet Mt Dews, chips, and single Little Debbie.

Accommodations: Camped on side of road past Moneta.

Total daily expenses: \$18.77 USD

USD Equivalent: \$18.77 USD

Day 11, Wednesday, August 27, 2025

\$66.67 USD - Casper, Wyoming - Motel

\$25.40 USD - Casper, Wyoming - Albertsons - Two frozen meals, frozen Vegetables, 3.78 Liter ice tea, trail mix, 2 yogurts and blueberries.

Accommodations: Sage & Sand Motel

Total daily expenses: \$92.07 USD

USD Equivalent: \$92.07 USD

Day 12, Thursday, August 28, 2025

\$8.07 USD - Glenrock, Wyoming - Breakfast bars, Doritos and Diet Mt. Dew

\$17.69 USD - Douglas, Wyoming - Groceries - Diet Dr. Pepper, G-zero, blueberries, yogurt, bread and lasagna

\$74.09 USD - Douglas, Wyoming - Motel

Accommodations: Plains Motel

Total daily expenses: \$99.85 USD

USD Equivalent: \$99.85 USD

Day 13, Friday, August 29, 2025

\$11.70 USD - Lusk, Wyoming - Chicken sandwich, Diet Mt Dew and donuts

\$100.00 USD - Crawford, Nebraska - Motel

\$13.45 USD - Crawford, Nebraska - Two Vienna sausages, orange juice, frozen dinner and breakfast bars

Accommodations: Hilltop Motel

Total daily expenses: \$125.15 USD

USD Equivalent: \$125.15 USD

Day 14, Saturday, August 30, 2025

\$8.27 USD - Chadron, Nebraska - McDonalds sausage McMuffin with egg meal

\$5.38 USD - Hay Springs, Nebraska - Diet Mt Dew and Doritos.

\$71.18 USD - Gordon, Nebraska - Motel

\$15.84 USD - Gordon, Nebraska - Gordon Supper Foods - Orange juice, yogurt, tuna, Diet Mt Dew and blueberries

\$11.76 USD - Gordon, Nebraska - Subway - 12" turkey sandwich

Accommodations: Western Sands Motel

Total daily expenses: \$112.43 USD

USD Equivalent: \$112.43 USD

Day 15, Sunday, August 31, 2025

\$0.75 USD - Nenzel, Nebraska - Mt Dew from vending machine (not diet, only choice)

\$107.29 USD - Valentine, Nebraska - Motel

\$33.39 USD - Valentine, Nebraska - Henderson's IGA - Orange juice, yogurt, breakfast bars, chips, bread, Diet Dr. Pepper, blueberries and sandwich meat.

\$4.39 USD - Valentine, Nebraska - Burrito

Accommodations: Super 8 by Wyndham Valentine NE

Total daily expenses: \$145.82 USD

USD Equivalent: \$145.82 USD

Day 16, Monday, September 1, 2025

\$1.15 USD - Newport, Nebraska - Dr Pepper from vending machine (Not diet)

\$100.00 USD - Stuart, Nebraska - Motel

\$23.39 USD - Stuart, Nebraska - Groceries - Sub sandwich, Diet Dr. Pepper, cupcakes and chips

Accommodations: Stuart Village Inn

Total daily expenses: \$124.54 USD

USD Equivalent: \$124.54 USD

Day 17, Tuesday, September 2, 2025

\$12.86 USD - Ewing, Nebraska - Hamberger. Diet Mt. Dew, chips and chocolate cupcakes

\$83.26 USD - Norfolk, Nebraska - Motel

\$8.60 USD - Norfolk, Nebraska - Wendy's Combo Meal

\$35.02 USD - Norfolk, Nebraska - Thrift Way - Mixed vegetables, cashews, breakfast bars, Cheez its, orange juice, Diet Mt. Dew and raspberries

Accommodations: Norfolk Country Inn & suites

Total daily expenses: \$139.74 USD

USD Equivalent: \$139.74 USD

Day 18, Wednesday, September 3, 2025

\$11.96 USD - Rising City, Nebraska - Hamberger, chips, Diet Dr, Pepper and brownies

\$80.90 USD - Lincoln, Nebraska - Motel

\$17.25 USD - Lincoln, Nebraska - Family Dollar - Zingers, Diet Mt. Dew, Vienna sausage, orange juice, chips and frozen meal.

Accommodations: Quality Inn

Total daily expenses: \$110.11 USD

USD Equivalent: \$110.11 USD

Day 19, Thursday, September 4, 2025

\$89.80 USD - Omaha, Nebraska - Motel

\$32.87 USD - Omaha, Nebraska - Walmart - Sparkling ice drink, Diet Mt Dew, breakfast bars, cashews, sandwich meat, yogurt, bread, Zero drink, blueberries, mixed frozen vegetables, sun chips and frozen dinner.

Accommodations: Relax Inn Motel & Suites

Total daily expenses: \$122.67 USD

USD Equivalent: \$122.67 USD

Day 20, Friday, September 5, 2025

\$91.66 USD - Atlantic, Iowa - Motel

\$4.25 USD - Atlantic, Iowa - Vending machine - Gatorade and chips

Accommodations: Days Inn by Wyndham Atlantic

Total daily expenses: \$95.91 USD

USD Equivalent: \$95.91 USD

Day 21, Saturday, September 6, 2025

\$17.91 USD - Coon Rapids, Iowa - Chips, brownie, Diet Mt Dew and grilled chicken sandwich

\$128.37 USD - Perry, Iowa - Motel

\$29.64 USD - Perry, Iowa - Hy-Vee - Diet Mt Dew, frozen dinner, frozen vegies, breakfast bars, cashews, raspberries, chips, Powerade Zero drink, sardines, bread and cupcakes

Accommodations: Super 8 by Wyndham Perry IA

Total daily expenses: \$175.92 USD

USD Equivalent: \$175.92 USD

Day 22, Sunday, September 7, 2025

\$72.00 USD - Eldora, Iowa - Motel

\$25.28 USD - Eldora, Iowa - Frozen mixed vegetables, frozen dinner, Powerade Zero, cupcakes, cashews, Diet Mt Dew, blueberries, yogurt and breakfast bars.

Accommodations: The Village Hotel

Total daily expenses: \$97.28 USD

USD Equivalent: \$97.28 USD

Day 23, Monday, September 8, 2025

\$15.49 USD - Hudson, Iowa - Casey - Chicken sandwich, chips, cupcake and Diet Mt. Dew

\$46.46 USD - Waterloo, Iowa - Motel

\$7.74 USD - Waterloo, Iowa - Frozen sandwich, chicken pot pie, Diet Mt. Dew and chips

\$8.20 USD - Waterloo, Iowa - Trail mix and Gatorade Zero

Accommodations: Econo Lodge Inn & Suites

Total daily expenses: \$77.89 USD

USD Equivalent: \$77.89 USD

Day 24, Tuesday, September 9, 2025

\$59.28 USD - Cedar Rapids, Iowa - Motel

\$11.22 USD - Cedar Rapids, Iowa - Casey - Chips, Diet Mt. Dew and frozen dinner

\$11.76 USD - Cedar Rapids, Iowa - Wendy's Combo Meal

Accommodations: Motel 6 Cedar Rapids, IA - Airport

Total daily expenses: \$82.26 USD

USD Equivalent: \$82.26 USD

Day 25, Wednesday, September 10, 2025

\$59.28 USD - Cedar Rapids, Iowa - Motel

\$5.35 USD - Cedar Rapids, Iowa - McDonalds sausage McMuffin with egg meal

\$33.88 USD - Cedar Rapids, Iowa - Target - Frozed dinner, Cheez-its, mixed vegetables, cashews, sandwich meat, yogurt, blueberries, breakfast bars, bread, strap tape and magic markers

Accommodations: Motel 6 Cedar Rapids, IA - Airport

Total daily expenses: \$98.51 USD

USD Equivalent: \$98.50 USD

Day 26, Thursday, September 11, 2025

\$77.79 USD - Cedar Rapids, Iowa - Rental car for a day
\$27.99 USD - Cedar Rapids, Iowa - Rental car insurance
\$76.37 USD - Cedar Rapids, Iowa - Motel
\$5.35 USD - Cedar Rapids, Iowa - McDonalds sausage McMuffin with egg meal
\$15.76 USD - Cedar Rapids, Iowa - Walmart - USB C to C cable and Diet Mt Dew.
\$7.32 USD - Cedar Rapids, Iowa - Dollar tree - Doritos, Vitamin water, socks and notepad.
\$2.27 USD - Cedar Rapids, Iowa - Walmart - Cardboard cutter
\$1.61 USD - Cedar Rapids, Iowa - Dollar tree - Tape measure
\$0.75 USD - Iowa City, Iowa - Parking near University of Iowa.
\$8.91 USD - Cedar Rapids, Iowa - Caseys - Chicken sandwich and Diet Pepsi
Accommodations: Super 8 by Wyndham Cedar Rapids
Total daily expenses: \$224.12 USD
USD Equivalent: \$224.12 USD

Day 27, Friday, September 12, 2025

\$6.41 USD - Cedar Rapids, Iowa - FedEx Strapping tape
\$11.51 USD - Cedar Rapids, Iowa - Kwik Star - Gas
\$3.04 USD - Cedar Rapids, Iowa - Kwik Star - Diet Mt Dew
\$45.00 USD - Cedar Rapids, Iowa - Bike on Plane
\$9.00 USD - Cedar Rapids, Iowa - CID - Cost of lunch after voucher (Voucher \$24/ bill \$27.81 + tip)
\$4.80 USD - Cedar Rapids, Iowa - CID - Diet Mt. Dew
\$1.40 USD - Portland, Oregon - Max home from PDX airport
\$4.00 USD - Portland, Oregon - Parking at airport, looking for lost Pannier
Accommodations: Home in Portland
Total daily expenses: \$85.16 USD
USD Equivalent: \$85.16 USD