

[Link to all trip images](#)

Trip summary:

Days of biking: 10 days

Total Cycling Millage = 279.3 MI (449.5 KM)

Location: Washington and Idaho

Country	Miles	Kilometers
Idaho	209.7	337.5
Washington	69.6	112

Total Ground Transportation Millage = 974 MI (1,567 KM)

Total Miles Earth: Total miles traveled = 1,253.3 MI (2,017 KM)

[Mileage tables](#)

## Trip Expenses

Total US Dollars = \$1,479.74 USD

Day 1, Thursday, May 21, 2026

I woke up around 7:00 AM, finished packing for Hiawatha trip and drove to Suzann's at about 8:30 AM. Nancy showed up around 9:15 AM. We loaded Nancy's car with our trip luggage and our bikes, transferring stuff from my car and Suzanne's house. We then started out long drive to Wallace. We stopped for lunch at Ice Harbor Brewery in Kennewick around 1:30 PM to meet up with Ellen's group (the other carload of people on this trip). Between the two cars, there were seven of us: four women (Ellen, Jere (our leader), Nancy, and Suzanne) and three men (David, Lynn, and myself). We arrived in Wallace around 7:00 PM and checked into our hotel. After putting our belongings in our room, we stored the bikes in the hotel's conference room, where they were locked up. Later, we went looking for dinner. Most places were closed, but we managed to eat at Clog Gastropub, located on 6th Street right near the Center of the Universe plaque.

(Daily bike miles 0 miles; Total trip bike miles 0 miles)

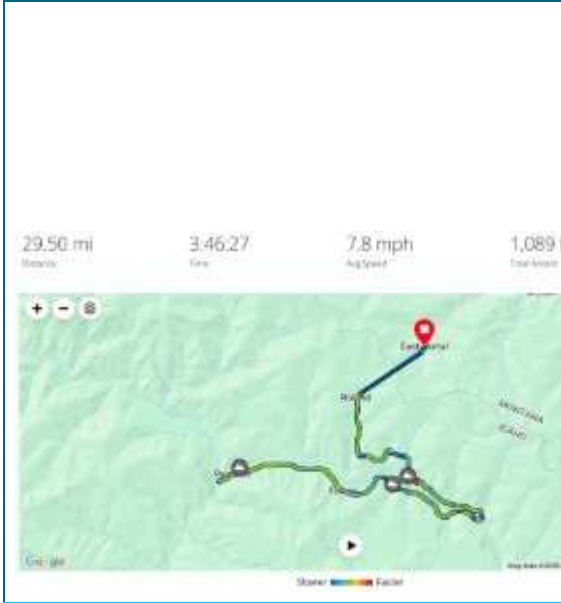
Accommodations: The Brooks Hotel, 500 Cedar st, Wallace, ID

Day 2, Friday, May 22, 2026

I woke up around 7:40 AM and enjoyed a traditional breakfast at the hotel. By 9:30 AM, we had loaded the cars and set off for the Hiawatha Trailhead. I drove Nancy's car to the East Portal Trailhead near Taft, Montana. The Hiawatha Trail, a former Milwaukee railway line, features 10 railroad tunnels and seven towering trestles. It was a thrilling ride; we biked all the way down the 15-mile trail and then back up to the car. Although there's a bus that can take you back up the hill, we all opted to pedal our way up. When we returned to the parking lot, we realized we'd lost Suzanne. We had assumed she was ahead of us and even told others she must be lost. It turned out she had been behind us the whole time. By around 5 PM, our cars were loaded again, and we headed back to Wallace. We strolled around town before having dinner at 7 PM at Blackboard Café, which was excellent. I had hoped to go to the 1313 Historic Bar and Grill afterward, but no one else was interested, so we returned to the hotel. I spent a little time working on my journal before heading to bed around 11 PM.

(Daily bike miles 29.5 miles; Total trip bike miles 29.5 miles)

Accommodations: The Brooks Hotel, 500 Cedar st, Wallace, ID



May 22 – Cycle route on Hiawatha trail



Ted with friends exiting the St. Paul Pass Tunnel on the Route of the Hiawatha Trail. Ted is at the end of group (yellow and white coat).



Ted with his friends going over a trestle on the Hiawatha trail. Ted is at near the end of group (yellow and white coat).



Ted on a trestle along the Route of the Hiawatha.

View of the trestles on the Hiawatha trail.

Looking over the edge of a trestle on the Route of the Hiawatha trestle.

Day 3, Saturday, May 23, 2026

I woke up around 6:00 AM and walked to the outdoor mining display at the Silver History Site before returning to the hotel. On the way back, the LCD screen on my camera stopped working. After returning to Wallace, I ran into Suzanne while she was exploring town, and we stopped for coffee together. She told me about the Historic South Hill Stairs, a well-known network of 12 outdoor wooden staircases totaling about 800 steps, originally built in 1909. After coffee, I found Lynn and had breakfast. The rest of the group was slow getting started, and some were still in bed. When I finished breakfast, I set out to explore the Historic South Hill Stairs and climbed all but one of the stairways. By the time I returned to the hotel, everyone else had finished breakfast as well. We loaded our bikes and drove to Mullan, where we left the bikes and most of the group at the trailhead parking lot. David drove Ellen's car while I drove Nancy's car to Cataldo. We left Nancy's car at the Cataldo trailhead, then I joined David in Ellen's car and he drove us back to Mullan. Around noon, we began cycling toward Kellogg. Along the way, we rode the gondola up to Silver Mountain Resort, then took a chairlift down through the ski area from the summit before riding back up to the top. Afterward, we continued riding to the Snake Pit restaurant/ bar, where we had an excellent lunch. While in the restaurant, I misplaced my helmet. I searched everywhere and asked several waitresses about it, but no one seemed to know where it was. Other members of our group also asked, but still, no one could find it. Finally, David went into the bar and found the right person to ask, and my helmet was quickly located. The restaurant was very busy with Memorial Day weekend crowds, so I suspect the staff was simply overwhelmed. After lunch, everyone except David continued cycling to Cataldo. Once there, Jere, Nancy, Suzanne, and Ellen went to retrieve Ellen's car. Meanwhile, Lynn and I rode back to the Snake Pit. Around 8:15 PM, Jere arrived with Ellen's car. The other women had returned to Wallace in Nancy's car from Mullan. We then loaded our bikes into Ellen's car, and Jere drove David, Lynn, and me back to our hotel in Wallace. We arrived around 9:00 PM, ending a long but enjoyable day of sightseeing, cycling, and exploring the Silver Mountain ski Resort.

(Daily bike miles 35.1 miles; Total trip bike miles 64.6 miles)

Accommodations: The Brooks Hotel, 500 Cedar st, Wallace, ID



May 23 – Cycle Mullen, Idaho to Cataldo, Idaho



Ted in front of mining exhibits in Wallace, Idaho.



Ted in front of a historic rope driven air compressor in Wallace, Idaho.



Ted about to go up one of the Historic South Hill Stairs in Wallace, Idaho.



Bikes on Gondola at Silver Mountain resort in Kellogg, Idaho.



At the top of Silver Mountain ski resort near Kellogg, Idaho.



Bikes going up the chair lift at Silver Mountain ski resort near Kellogg, Idaho.



Ted with his friends about to have lunch at the Snake Pit Bar and Grill in Kingston, Idaho. The oldest continuously open bar and restaurant in Idaho.



The Coeur d'Alene River seen from the Coeur d'Alene trail east of Cataldo, Idaho.

Day 4, Sunday, May 24, 2026

I woke up around 7:00 AM and climbed the last remaining section of the Historic South Hill Stairs. Afterward, I enjoyed the Miner's Breakfast before we loaded the cars and prepared to leave Wallace. We departed around 10:00 AM.

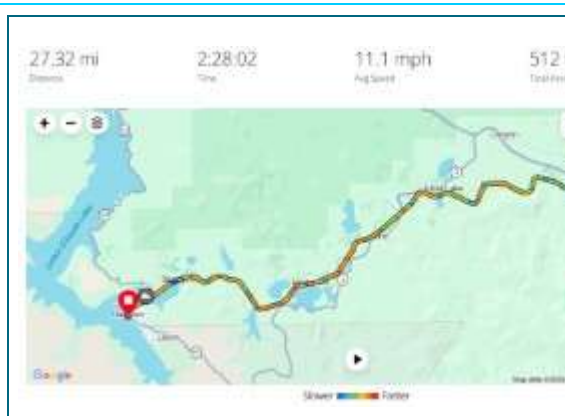
Our plan was to drive four people to Harrison and the other three to Cataldo. Each group would then bike toward the other, exchange car keys at a midpoint, and continue to their respective destinations. This approach would require leaving a significant amount of personal belongings in a vehicle at the unattended Cataldo trailhead parking lot and transporting four bikes back to Harrison at the end of the ride. I suggested an alternative plan: have four riders start in Cataldo and three in Harrison. That way, we could leave our belongings safely in the car parked at the Airbnb in Harrison and only need to transport three bikes back from Cataldo to Harrison. However, no one else was convinced. As we drove toward Cataldo, Nancy began to understand the potential risk of leaving luggage unattended in the Cataldo parking lot. Once we arrived, I arranged our belongings in the car to resemble someone sleeping inside, hoping it might discourage anyone from breaking in if they looked through the windows. We started biking toward Harrison, and Nancy continued to talk about turning back because she was concerned about the

security of the car. By the time we reached the planned key-exchange point, she was still with us, and she decided to continue all the way to Harrison. Suzanne chose to return with us, while the other three riders continued on to Cataldo and Nancy's car. The ride to Harrison was more subdued than I remembered. There were fewer birds along the trail, and since the LCD screen on my camera was still not working, I was unable to zoom in or properly photograph any wildlife. Later, the riders who continued to Cataldo texted us to report that Nancy's car and all of our belongings were still there.

When we arrived in Harrison, we located our Airbnb and left our bikes there. However, check-in was not until 4:00 PM, and it was only about 2:30 PM. To pass the time, we walked to the Lakeside Brew Pub Bar & Grill for lunch. Because it was Memorial Day weekend, the restaurant was very crowded. After lunch, we returned to the Airbnb. By then it was 4:00 PM, and the riders from the Cataldo group had also arrived. We unloaded the car and later walked back to the Lakeside Brew Pub with the others who had ridden from Cataldo. After spending some time there, we returned to the Airbnb for the evening. I went to bed around 11:00 PM.

(Daily bike miles 27.3 miles; Total trip bike miles 91.9 miles)

Accommodations: Air BnB in Harrison, 104 S Terrace Ct, Harrison, ID



May 24 – Cycle Cataldo, Idaho to Harrison, Idaho

Wetland next to the Coeur d'Alene trail west of Cataldo, Idaho.

Coeur d'Alene River next to the Coeur d'Alene trail west of Cataldo, Idaho.



Great Blue Heron in wetlands next to the Coeur d'Alene trail between Cataldo and Harrison, Idaho.



Wetland next to the Coeur d'Alene trail between Cataldo and Harrison, Idaho.



Ted in Harrison, Idaho with Nancy and Suzanne behind him.

Day 5, Monday, May 25, 2026

I woke up around 7:00 AM, and we walked into town so Ellen could get her flat tire repaired. I offered to fix it myself, but she explained that the electric motor would need to be removed to access the tire. It didn't seem like a particularly difficult job, but I didn't have all the necessary tools. We ended up having breakfast at a coffee shop connected to the bike shop. They were having a sale on T-shirts, so we all bought shirts featuring the Coeur d'Alene Trail. After breakfast, we returned to the Airbnb. Since I was the only rider without an electric bike, I figured I would need extra time to climb the 8-mile uphill section to Plummer. Lynn and I left a little ahead of the rest of the group, expecting that I would be slower on the climb. With the head start, we arrived in Plummer only about 15 minutes before everyone else. For lunch, we initially rode to a Mexican food cart, but then decided to eat at a café instead. I had noticed the café on the way to the food cart, so I led the group back there. After lunch, we biked back to Harrison. Toward the end of the ride, the electric bikes began running low on power, and the riders had to swap out batteries. We returned to the Airbnb a little before 4:00 PM. I spent the rest of the afternoon working on my journal and relaxing with a beer back at the Airbnb.

(Daily bike miles 32.6 miles; Total trip bike miles 124.5 miles)

Accommodations: Air BnB in Harrison, 104 S Terrace Ct, Harrison, ID



May 25 – Cycle Harrison, Idaho to Plummer, Idaho



Lynn Cycling on the Coeur d'Alene trail between Coeur d'Alene Lake and Plummer, Idaho.



Lynn about to cross the Chatcolet bridge over Coeur d'Alene Lake south of Harrison, Idaho.



Ted with Nancy, Suzanne, Ellen, Jere, David and Lynn on the Chatcolet bridge between Harrison and Plummer, Idaho.

Ted at the Coeur d'Alene trailhead near Plummer, Idaho.

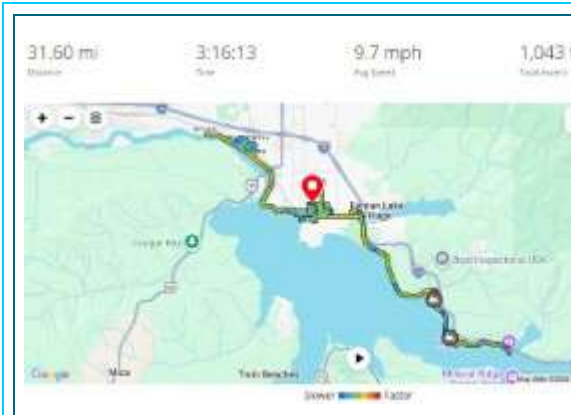
The Coeur d'Alene trail following Coeur d'Alene Lake near Harrison, Idaho.

Day 6, Tuesday, May 26, 2026

I woke up around 7:00 AM, and we packed the cars before walking to a coffee shop in Harrison for breakfast. Afterward, we drove to Coeur d'Alene, arriving around noon. Everyone except me decided to take a day off from biking and spend some time exploring town on foot. I rode my bike out to Higgins Point and then headed back to look for the rest of the group. By then, they were on their way to check into our Airbnb, which had a 2:00 PM check-in time. I found them and helped move our luggage and supplies into the house. Later, I rode to a store and picked up some oat milk and chips for the group. After dropping those off, I headed back toward town and then followed the Spokane River westward. Before long, it began raining at a steady pace and showed no signs of letting up. I continued riding to Riverstone Park and spent some time exploring the outdoor shopping area. The rain persisted throughout my ride, and by the time I returned to the Airbnb, I was wet and feeling a little cold. Later, David and I went to pick up the pizza we had ordered for dinner. After eating, we spent the evening playing cards before calling it a night around 10:00 PM.

(Daily bike miles 31.6 miles; Total trip bike miles 156.1 miles)

Accommodations: Air BnB in Coeur d'Alene, 701 East Indiana Ave, Coeur d'Alene, ID



May 26 – Cycle around Coeur d'Alene, Idaho

Ted near statue of camera man near Higgins Point next to Coeur d'Alene Lake, Idaho.

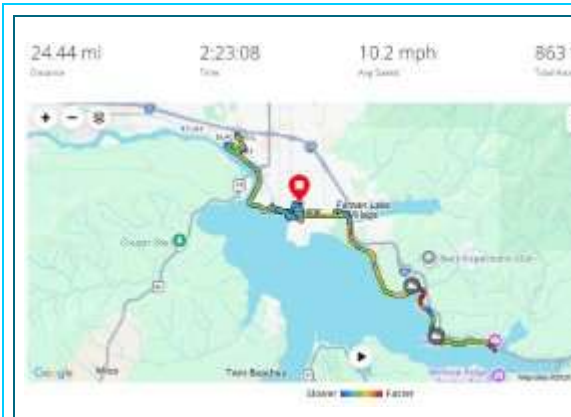
Ted near the bear statue at Riverstone Park, Coeur d'Alene, Idaho.

Day 7, Wednesday, May 27, 2026

I woke up around 7:00 AM and we walked to breakfast. Afterward, while the others returned to the Airbnb, I took a walk around the Island Loop Trail in Coeur d'Alene. When I finished, I returned to the Airbnb and led the group on a bike ride to Higgins Point. After we got back, everyone else relaxed, but I decided to keep exploring. I rode my bike to see the five moose sculptures and then continued on to find the "Catch the Wind" sculpture. Once I had completed my sightseeing, I returned to the Airbnb and led the group to our dinner cruise. I chose a longer route because it followed part of the Moose Trail, and I wanted to walk that route. It also brought back memories of a trip to Coeur d'Alene with my brother in 2007. I remembered walking along the same area and seeing some impressive racing boats docked at the marina. This time there were no race boats on the dock. The route included a scenic waterfront path and a unique harbor bridge with stairs. Although I enjoyed the walk, I later realized that the others in the group would have preferred the shorter route. We boarded the dinner cruise and enjoyed a relaxing evening on the lake. The sunset views were beautiful, and the all-you-can-eat buffet featured fish fillets and prime rib. The food was excellent, and I probably ate more than I should have. When the cruise ended around 9:30 PM, we walked back to the Airbnb. I took a shower and went to bed around 11:15 PM.

(Daily bike miles 24.4 miles; Total trip bike miles 180.5 miles)

Accommodations: Air BnB in Coeur d'Alene, 701 East Indiana Ave, Coeur d'Alene, ID



May 27 – Cycle around Coeur d'Alene, Idaho

Lake Coeur d'Alene seen from Tubbs Hill Nature Trail, Idaho.

Ted on Tubbs Hill Nature Trail with Coeur d'Alene city in view.



Ted near Mudgy Moose number 3 in Coeur d'Alene, Idaho. They have 5 of these moose along the Mudgy Moose trail in town.

Ted with Suzanne, Nancy, Jere and Lynn enjoying a dinner cruise on Lake Coeur d'Alene, Idaho.

House next to Lake Coeur d'Alene, Idaho.

Day 8, Thursday, May 28, 2026

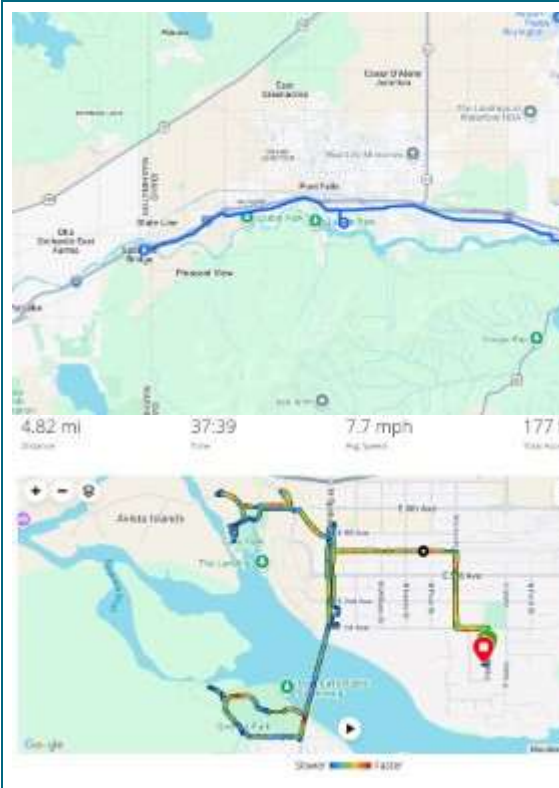
I woke up around 7:00 AM and packed up. Two members of our group took the cars for the day's bike ride, dropping one at Post Falls and then returning to Coeur d'Alene in the other car. While waiting, I wanted to visit the start of the Moose Trail, but time was tight. I walked to the trailhead and then back to the Airbnb. The start of the Moose Trail was the only interpretive sign I had missed the previous day, though I had walked the loop trail that passed it. I realized I could have reached the sign if I had biked directly to the trailhead instead of walking from the Airbnb. When the others returned, we went to breakfast, though Lynn skipped it. I joined the group but quickly wished I had skipped as well. I had eaten plenty the previous night and could have gone to the start of the moose trail instead of breakfast. After breakfast, we began our ride toward the state line, with me leading. When we reached a short dirt trail, the others refused to take it, not wanting to ride off-road. I suspected their alternative route might be difficult, but no one would listen to me. Concerned it might be hard to reconnect with the main trail. I took the

short dirt path alone to the main bike trail. Once on the trail, I texted them to say I was heading to the rest stop and wasn't sure how they would catch up. I got no response, so I called Nancy. She said someone told them they could join the trail near Highway 41 at Caton, but I couldn't find it on the map or with Google. I decided I would meet them in Post Falls.

My route was mostly easy and, on the trail, though a detour required a short stretch on the road. When I got back on the trail, I called them again; they hadn't reached Post Falls yet, so I waited near the corner of Greens Ferry Road and Solstice Road in Post Falls. Once we regrouped, we continued to the state line. While there, we decided to park at the nearby Cabela's the next day since it seemed safer for leaving items in the car. On the way back to Post Falls, I was cycling around 14 MPH, faster than my usual pace, but the rest of the group, on electric bikes sped off without me. I stopped briefly to take a photo, and they left me behind, perhaps annoyed that I had taken the short dirt trail earlier instead of following their route. Not knowing the Airbnb address, I texted them to get it, then rode there. Afterward, they went to retrieve the other car while I created a map of the three dams in town. I uploaded the maps to my GPS but accidentally lost my daily track in the process. I then loaded the new course and rode to Post Falls (North Dam), but the road over the Spokane River to the Middle Dam was closed, so I returned and headed to the South Dam instead. We regrouped at the Airbnb and went to Thia Food for dinner. We got back around 8:30 PM, and I spent the evening working on my journal. I went to bed around 11:00 PM.

(Daily bike miles 29.1 miles; Total trip bike miles 209.6 miles)

Accommodations: Air BnB in Post Falls, 145 S Bentley PL, Post Falls, ID



May 28 – Cycle Coeur d’Alene, Idaho to Post Falls, Idaho.

Top map is the route I created using google maps due to losing my original track. Bottom map is the remainder of my ride for this day that I recorded on my GPS while cycling around Post Falls.

Ted with his bike next to the Centennial trail with the Spokane River under the Avist High Bridge behind him near Post Falls, Idaho.

Deep canyon section of the Spokane River seen from near Post Falls North Dam, Idaho.



Ted with Post Falls North Dam behind him.



Ted with Post Falls South Dam behind him.



Section of the Spokane River seen from near Post Falls South Dam, Idaho.

Day 9, Friday, May 29, 2026

I woke up around 7:00 AM, got packed, had some coffee, and listened to everyone chatting. I was eager to get going and cycle the entire Centennial Trail, while the rest of the group planned to stop in Spokane. So, I started loading the car and then everyone else started loading the car. We left the Airbnb around 9:00 AM, parking at Cabela's. Two members of our group took the cars for the day's ride, dropping one in Spokane and both returning in the other car to Cabela's near the state line. I waited by the bikes while the other waiting cyclists went to get breakfast. Once the first car returned, we got ready to ride and started cycling around 11:00 AM. We headed north over a bridge, then turned south onto the Centennial Trail. Passing the state line trail parking lot, I thought we were still on the Centennial, but Google Maps suggested a U-turn. I suspected I had the wrong google route, so I turned off the google map app and we followed the only obvious trail. It ended up being the Liberty Trail. Lynn had trouble navigating on his phone, but I found the route on mine and led for a while. At one point, some people saw a trail going west and insisted it was the correct route. I stuck with my Google route, and we were back on the trail about half a mile later. In reality, we only added a mile, but it seemed everyone was frustrated with my navigation. After that the girls went to lunch and I led the guys to Spokane. We missed a turn at one point, but I found the trail again with Google Maps and made it to Spokane without issue. We checked out Upper Spokane Falls, and I initially planned to get a beer at the same spot I had with my brother Dave, but it didn't have the view I expected. Instead, we went to

Anthony's for a beer and a salad, which offered a great view of the falls. My phone was running low, so I turned it off to conserve power. Around 1:00 PM I left Anthony's and continued cycling toward the west end of the Centennial Trail (mile 40). I missed the W. Whistalks Way bridge and ended up on the low-traffic W. Downriver Drive, which had no shoulder. I realized I was supposed to cross the bridge to stay on the trail but continued on the road, thinking I could cross the river at either the swinging bridge or Seven Mile Bridge. A ranger near the swinging bridge advised me to cross there and hike with my bike back to the Centennial trail. I followed his advice, which may have taken longer but let me experience the swinging bridge. At 5:00 PM, I probably should have turned back but pushed on to mile 40 (The end of the Centennial trail). My phone rang, I thought it had been turned off for about an hour. I then turned the phone off properly and was worried about figuring out my way to the Air BnB, I figured I might not have any phone power left. I continued to the end of the trail at Nine Mile Recreation Area and started back toward Spokane around 5:18 PM. The return ride was enjoyable, and I took a lot of photos. At one point, I came to a parking lot labeled Military Cemetery and followed a trail that seemed to leave the state park. I vaguely remember that the cemetery was right next to the trail. Shortly after that I realized I missed the cemetery, which I had wanted to revisit for old time memories. I didn't make it back to Spokane until about 7:00 PM. Without using my phone, I struggled to find the Airbnb, even asking someone for Broadway Street. It started raining as I got close, so I turned on my phone. Thankfully, it still had about 15% battery, which helped me quickly locate the Airbnb. The group was inside when I arrived, and I got in before getting too wet. They were struggling to set up umbrellas to protect the bikes from the rain, but mostly had it handled by the time I reached the backyard. We had trouble deciding on dinner. I volunteered to get it, but Jere made things easier by having Chinese food delivered. (Daily bike miles 60.7 miles; Total trip bike miles 270.3 miles)

Accommodations: Air BnB in Spokane, 2104 W Broadway Ave, Spokane, WA



May 29 – Cycle Post Falls, Idaho to Spokane, Washington



Ted having a beer with Lynn and David at Anthony's in Spokane, Washington.



Ted on Swinging bridge near Bowl and Pitcher Area at Riverside State Park near Spokane, Washington.



Ted on overlook of the swinging bridge near Bowl and Pitcher Area at Riverside State Park on the Spokane River.



Ted on a Centennial trail bridge about 10 miles west of Spokane, Washington.



Ted with his bike near the west end of the Centennial trail (About 13 miles from downtown Spokane). At mile post 40 (Nine Mile recreation area).



Cyclist on the Centennial Trail in front of Ted.

Ted's bike at a viewpoint along the Centennial Trail near Spokane, Washington.

Rafters descending the Spokane River near Bowl and Pitcher Area of Riverside State Park.

Day 10, Saturday, May 30, 2026

I woke up around 7:00 AM and packed up. Nancy left to visit her sister in Spokane and planned to return around 11:00 AM. While she was gone, I helped the others load their gear into the first car. Once everything was packed, the first car headed back toward Portland. With some extra time before Nancy returned, I cycled to the Fish Lake Trailhead and rode a few miles on the Columbia Plateau Trail. Afterward, I cycled back to the Airbnb, arriving around 10:45 AM. Nancy had not yet returned, so we placed our gear in the backyard while we waited. Nancy arrived around 11:00 AM, and we loaded her car. Suzanne then drove Nancy's car for about half of the trip back to Portland. We stopped at Starbucks in Kennewick, where I changed the batteries in my GPS. When I turned it back on, the device was inside the building and could not acquire satellite signals, so it defaulted to Simulation Mode. After leaving Starbucks, it appeared to be working normally, but the GPS was not actually recording our route. It took about 70 miles before I realized the device was still in Simulation Mode and had not tracked any of our travel. As a result, those 70 miles were missing from my GPS log, and I later had to manually add them to my total driving mileage.

When we returned to Portland, I was dropped off at my car, which I had left at Suzanne's house. From there, I drove home, bringing this great adventure to an end.

(Daily bike miles 8.8 miles; Total trip bike miles 279.1 miles)

Accommodations: Home in Portland, Oregon



May 30 – Cycle around Spokane,  
Washington

Ted's bike next to Fish Lake trail  
near Spokane, Washington.

Ted with his bike on Fish Lake trail  
near Spokane, Washington.

## Trip expenses

Total US Dollars = \$1,479.74 USD

Day pre-trip expenses

\$595.00 USD - Portland, Oregon - Hotels and Hiawatha trail

Accommodations: Started Drive at Suzanne's house

Total daily expenses: \$595.00 USD

Day 1, Thursday, May 21, 2026

\$200.00 USD - Portland, Oregon - Gas for drivers

\$3.09 USD - Briggs, OR - Mt Dew

\$35.00 USD - Kennewick, WA - Lunch - Turkey Sandwich

\$26.00 USD - Wallace, ID - Dinner - Salmon burger

Accommodations: The Brooks Hotel

Total daily expenses: \$264.09 USD

Day 2, Friday, May 22, 2026

\$16.00 USD - Wallace, ID - Traditional breakfast

\$5.75 USD - Hiawatha Trail head - Water bottle

\$6.30 USD - Wallace, ID - Huckleberry Lager

\$29.44 USD - Wallace, ID - Dinner - Pan seared Atlantic Cod

Accommodations: The Brooks Hotel

Total daily expenses: \$57.49 USD

Day 3, Saturday, May 23, 2026

\$5.00 USD - Wallace, ID - Mocha Coffee

\$20.00 USD - Wallace, ID - Breakfast - Huckleberry pancakes  
\$18.00 USD - Kellogg, ID - Gondola to Silver Mountain ski resort  
\$26.00 USD - Snake Pit, ID - Dinner - Smoked turkey melt and a beer  
Accommodations: The Brooks Hotel  
Total daily expenses: \$69.00 USD

Day 4, Sunday, May 24, 2026

\$20.00 USD - Wallace, ID - Breakfast - Miner's breakfast  
\$32.00 USD - Harrison, ID - Dinner - Chicken Tenders and a beer  
\$27.25 USD - Harrison, ID - Groceries - Beer, Chips and ice cream  
\$8.00 USD - Harrison, ID - A beer at the bar  
Accommodations: Home of Harrison  
Total daily expenses: \$87.25 USD

Day 5, Monday, May 25, 2026

\$33.41 USD - Harrison, ID - Breakfast - Egg with cheddar, potatoes, fruit and a Mocha coffee and a T-shirt  
\$16.05 USD - Harrison, ID - T-shirt  
\$21.00 USD - Plummer, ID - Lunch - Turkey Melt Sandwich and Ice Tea  
Accommodations: Home of Harrison  
Total daily expenses: \$70.46 USD

Day 6, Tuesday, May 26, 2026

\$17.26 USD - Harrison, ID - Breakfast - Egg with cheddar, potatoes, fruit and a Mocha coffee  
\$85.00 USD - Harrison, ID - Next day's dinner cruise  
\$15.85 USD - Coeur d'Alene - Groceries - Chips, Oat Milk and cashews  
\$3.50 USD - Coeur d'Alene - Cheddar cheese  
\$9.00 USD - Coeur d'Alene - Beer at Pizza place, take home  
\$12.00 USD - Coeur d'Alene - Pizza  
Accommodations: Home in Coeur d'Alene  
Total daily expenses: \$142.61 USD

Day 7, Wednesday, May 27, 2026

\$23.00 USD - Coeur d'Alene - Waffle breakfast - 2 waffles, 2 eggs and sausage  
\$9.00 USD - Coeur d'Alene - Beer on dinner cruise boat

Accommodations: Home in Coeur d'Alene  
Total daily expenses: \$32.00 USD

Day 8, Thursday, May 28, 2026  
\$31.00 USD - Coeur d'Alene - Waffle breakfast - 2 waffles, 2 eggs, sausage and Mocha coffee  
\$14.83 USD - Post Falls - 6 Pack of beer.  
\$32.00 USD - Post Falls - Dinner - Pad See Ew and a cider  
Accommodations: Home in Post Falls  
Total daily expenses: \$77.83 USD

Day 9, Friday, May 29, 2026  
\$40.00 USD - Spokane - Anthony's - Chicken Caesar salad and beer  
\$15.00 USD - Spokane - Dinner - Chinese food  
Accommodations: Home in Spokane  
Total daily expenses: \$55.00 USD

Day 10, Saturday, May 30, 2026  
\$15.00 USD - Spokane - Breakfast - Coffee and Brown Butter Bar  
\$14.01 USD - Kennewick, WA - Starbucks - Cheese Sandwich and Mocha coffee  
Accommodations: Home in Portland  
Total daily expenses: \$29.01 USD

## Mileage tables

Total Cycling Millage = 279.3 MI (449.5 KM)

Date	Distance	Traveled Start to End
5/21/2026	0 MI (0 KM)	bike - No cycling on this day
5/22/2026	29.5 MI (47.5 KM)	bike - Hiawatha Trail, ID
5/23/2026	35.1 MI (56.4 KM)	bike - Mullen to Cataldo to Snake Pit, ID
5/24/2026	27.3 MI (44 KM)	bike - Cataldo to Harrison, ID
5/25/2026	32.6 MI (52.5 KM)	bike - Harrison to Plummer to Harrison, ID

5/26/2026	31.6 MI (50.9 KM)	bike - Coeur d'Alene, ID
5/27/2026	24.4 MI (39.3 KM)	bike - Coeur d'Alene, ID
5/28/2026	29.1 MI (46.9 KM)	bike - Coeur d'Alene to State Line to Post Falls, ID
5/29/2026	60.7 MI (97.8 KM)	bike - Cabela near State line, ID to Spokane, WA
5/30/2026	8.8 MI (14.2 KM)	bike - Spokane, WA

Total Ground Transportation Millage = 974 MI (1568 KM)

Date	Distance	Traveled Start to End
5/21/2026	432.8 MI (696.5 KM)	Car - Portland, OR to Wallace, ID
5/22/2026	43 MI (69.2 KM)	Car - Wallace, ID to Hiawatha trailhead, MT
5/23/2026	84.8 MI (136.5 KM)	Car - Wallace to Mullen to Cataldo to Mullen and Snake pit to Wallace, ID
5/24/2026	21.6 MI (34.8 KM)	Car - Wallace to Cataldo, ID
5/25/2026	0 MI (0 KM)	Car - No driving on this day
5/26/2026	34.8 MI (56 KM)	Car - Harrison to Coeur d'Alene, ID
5/27/2026	0 MI (0 KM)	Car - No driving on this day
5/28/2026	0 MI (0 KM)	Car - No driving on this day
5/29/2026	25 MI (40.2 KM)	Car - Post Falls to Cabela near state line, ID
5/30/2026	332.3 MI (534.8 KM)	Car - Spokane, WA to Portland, OR